

# Wilmington Evening Star

50¢

Wilmington edition

41ST YEAR NO. 11 PUB. NO. 635-340 PHONE (508) 658-2346

WILMINGTON, MASS. MARCH 13, 1996

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## Much adog about nothing

by Jeff Nazzaro

The players remained the same, the testimony unchanged, and in the end, the vote consistent; but still the Wilmington Board of Selectmen entertained a close to three hour public hearing on the issue of an alleged vicious dog belonging to James and Susan Piro of Floradale Avenue.

"I have no idea why we're here since we've already had two days of hearings," said Attorney Stephen Wise, representing the Piros. "I believe there was a vote last time."

Indeed there was, 3-2 in favor of banishing Winston, the Piros 7-year-old German Shepherd, from town. But following that decision, which came Jan. 22, Wise promised to appeal the decision, first to a magistrate, then to district court if necessary. In the face of an appeal, selectmen, at the advice of Town Counsel Alan Altman, decided they needed to shore up their case and reheard the issue Monday night.

"In addition to that [Jan. 22] vote, it was pending review by Town Counsel and it is because of that review by Town Counsel that we are having this hearing," Selectmen Chairman Diane Allan explained to Wise.

That didn't stop Wise from objecting to nearly every aspect of the hearing, objections that Allan noted and overruled, mostly without explanation. In an exchange between Allan and Wise regarding objections, the latter asked if he might have them ruled on specifically. Allan said no. "I will object," Wise promised. "Well you're objection will be overruled," Allan stated.

A few minutes later Wise tried again, asking "Are all my objections automatically overruled?"

"Yes, they are," Allan replied, "so that we may continue with the hearing."

Procedure aside, Allan asked for testimony from three key witnesses: Alice Sugrue of Floradale Avenue, Board of Health Chairman Dr. James Ficociello and Animal Control Officer Ellen Davis.

For Sugrue, who testified at two hearings of the board of health and once before selectmen, it was the third time she recounted publicly the story of how the dog bit her 4-year-old grandson, Allen Browning on the right thigh, causing a puncture wound treated with disinfectant and a bandage at Winchester Hospital. That incident occurred five years after reports that the same dog bit a woman on the thigh, causing a similar wound.

But all that testimony had been heard and selectmen had made up their minds. At stake this most recent Monday for selectmen was their inevitable court case. Basically, they wanted to hear first hand from Ficociello and enter evidence, marked as lettered exhibits, into the record officially.

During Wise's cross-examination of Sugrue, Selectman James Rooney became impatient with the procedure, stating "We could be here all night if we carry on here." A few minutes later, during the testimony of Marie Tucker of Floradale Avenue, Rooney objected again, suggesting the board set a new hearing date so the board might continue with its other business.

At this, Allan suspended Tucker's testimony and moved right to Ficociello, drawing vehement objections from Wise, who said that he had "already been through two of Dr. Ficociello's so-called ridiculous hearings" and that the board of health chair's testimony was wholly irrelevant. Allan disagreed and Ficociello and Wise clashed over health board documents that had already been reviewed at prior hearings and were now being entered into evidence.

With Rooney continuing to complain of the time factor and Wise's cross-examination of Ficociello degenerating into a petty, legalistic tête-à-tête (no one seemed to be listening) and Altman, who had taken over as hearing officer for Allan, suspended Wise's questioning of Ficociello to call on Davis.

Davis produced log entries dating back to January of 1989 that listed complaints against dogs owned by the Piros and had them entered into evidence. Here Wise exploded, charging that he had requested copies of those records from the town and that he was told they did not exist. He further said the log entries were not at all relevant to the case at hand.

With Wise's objection overruled, he broke into a lengthy process of questioning Davis about each entry, which brought on another round complaints from Rooney, Selectman Dan Wandell and Allan, who said she thought the hearing was "turning into a mockery."

At 10:30, after two-and-a-half hours of testimony, objections and automatic overrules, the board voted unanimously to continue to 10:45. At 10:45, the board voted 4-1, with McCoy in the negative,

to finish the rest of the board's agenda first and then resume the hearing.

At 12:00, the board took up the matter again, but by this time, Wise was finished with Davis and all the other witnesses had gone home, with Wise only having had an opportunity to cross-examine some of them.

With that, Wise suggested the hearing be suspended to another time, or, barring that, have the testimony of witnesses he was not able to examine stricken. Altman and Allan would hear none of that, with Altman stating that Wise had the opportunity to subpoena any witness he wanted to examine. Absurd, countered Wise.

"I didn't want any of those witnesses' evidence, why would I subpoena them?" he asked.

Allan said the board had no obligation to ask them to say, basically saying it was Wise's tough luck. Wise countered, saying "I was put in that position by not being allowed to cross-examine them one at a time."

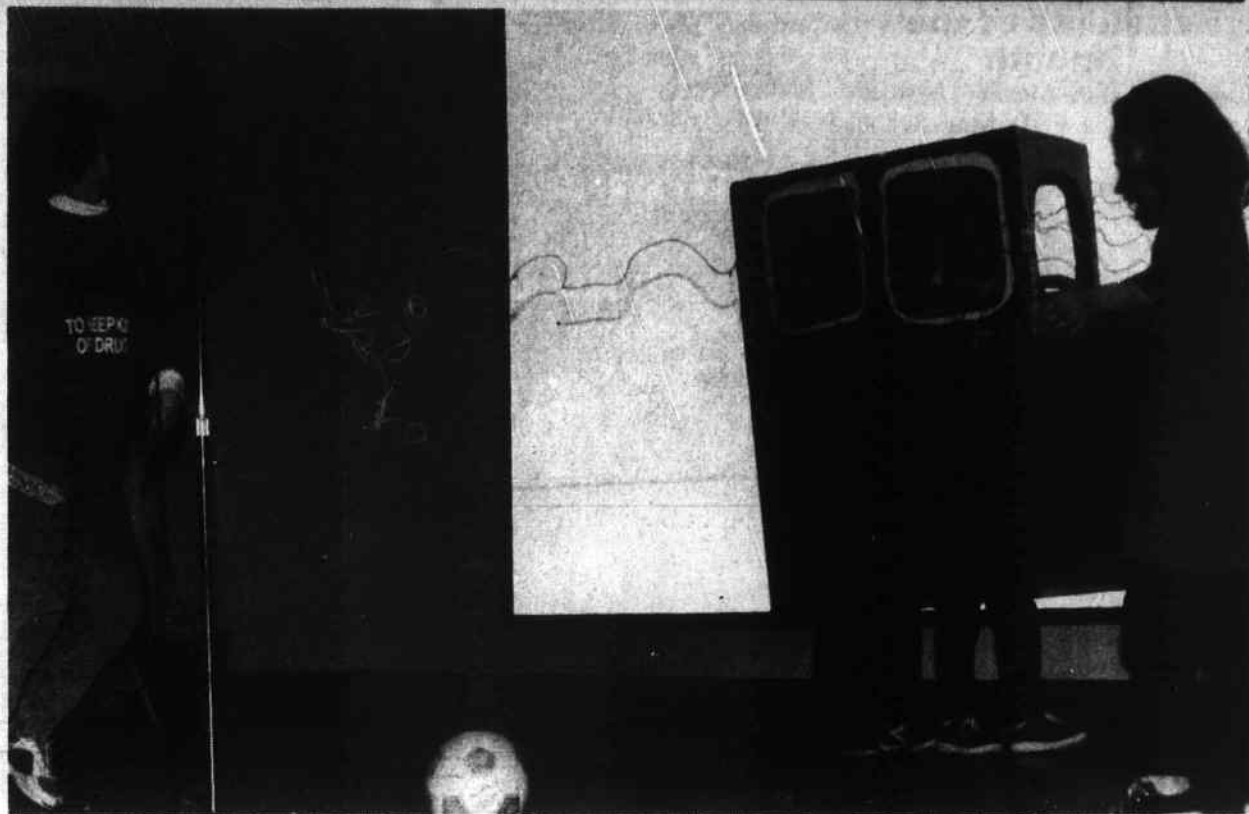
But the board, which dictated that position, held to its conviction that the hearing was over, cross-examination or no cross-examination. Selectmen Robert Cain and McCoy both said they favored continuing the hearing, allowing Wise the right to cross-examine, but they were outnumbered.

Rooney, seconded by Wandell, then moved that the dog be removed from town and the motion carried, 3-2, Cain and McCoy in the minority.

After, Wise was flabbergasted by the selectmen's display, but said he felt that this case could easily be overturned by a magistrate, without having to go to District Court, which is unusual.

"It's hard to pick which Constitutional violation will be used for a magistrate to overturn this," Wise said, adding "They can't get away with it and I'm surprised they think they can. Attorney Altman really has no idea what he's talking about."

As soon as the town serves the Piro's with papers demanding the removal of Winston, Wise will file the appeal.



Michelle Souza, L., and Elizabeth Coughlin, R., were having a nice game of soccer when, from out of nowhere, Courtney Hassey and Allison Fisher gave them a drive-by silly stringing. Coughlin was hit, Souza avoided the stringy projectile. The skit was part of Tuesday night's DARE Graduation for 5th graders at the Shawsheen School, and were designed to show the dangers of drugs, alcohol, tobacco and guns (photo by Jeff Nazzaro).

## White stuff puts town in Red

by Jeff Nazzaro

This winter's snowfall has repeated like a broken record, and produced the same, along with a \$232,000 deficit in the town's snow removal budget.

According to DPW Superintendent Bob Palmer, the Town of Wilmington has been the recipient of 105 3/4 inches (almost nine feet) of snow - 7 3/4 inches more than the previous record of 98 inches set in 1993. And the winter is not even officially over.

Palmer said that he has hooked up the town's snowplows 16 times, about twice what he does in a normal year. Even still, he said, considering the huge volume of snow and the long and odd hours his crew has been subjected to, everything has unfolded reasonably well.

"We've had normal [equipment]

breakdowns, but nothing that has really crippled us," Palmer said.

Of course, he is not looking forward to the "horrendous clean-up" of all the sand, cut with about 12-13 percent salt, that his trucks have dumped on the town's roads.

Meanwhile, there is the matter of the \$232,000, the amount the town has spent over the \$302,000 budgeted for snow removal.

"It's not good, but there's nothing you can do about it," Palmer said.

Except keep plowing and keep paying.

Town Manager Michael Cairra said the town will try to offset the deficit with state and federal funds before dipping into the town's \$172,000 reserve account.

If what the state has estimated holds true, the town will get back \$44,000 in snow relief, with the

legislature discussing appropriating an additional \$15 million to cities and towns. Cairra said that with the state facing its own snow removal debts, he isn't banking on those extra funds. Cairra estimated that the extra \$15 million could translate into \$30,000 for the town.

With the \$70-75,000 from the state being hoped for, Cairra has authorized Palmer to apply for a grant from the Federal Emergency Management Agency. That application will go out by the end of this week.

Beyond that, Cairra said, there's the finance committee and its control of the town's reserve funds. Cairra said the situation clearly meets the requirements for reserve fund use and that in conversation with the fincom, that board seems supportive of the action.

### 5 + 1 = June 18

by Jeff Nazzaro

To school kids, snow days always seem great, even if the weather outside is miserable when they get that unexpected day off. It's when in June, with the sun out and the air warm, that kids are in school an extra day that the allure of a snow day is difficult to recount.

With this year's record snowfall (105 3/4 inches according to DPW Superintendent Bob Palmer), and more recently, with Friday's cancellation of school due to weather, Wilmington's schools are one day over the five allotted for snow. As a result, the close of school for students will be pushed back a day to June 18 - that's if there are no more snow days.

Still, Superintendent of Schools Dr. Geraldine O'Donnell feels fortunate. Some communities, like Haverhill, for instance, have already canceled school 10 times for snow.

"It could have been much worse," O'Donnell said. "I think we're in great shape and the cooperation we get from the public works department has been excellent."

And the June 18 end of classes is not unreasonable, and is mostly the product of students going back to school in August, which was done in anticipation of snow days.



Attorney Stephen Wise, an animal rights lawyer representing James and Susan Piro of Floradale Avenue for a complaint against their dog, Winston, cross-examines Wilmington Animal Control Officer Ellen Davis during Monday night's rehearing of the case by the board of selectmen (photo by Jeff Nazzaro).



Jill Swartwout, L., and Jill Moro show just how UNcool they can be, smoking cigarettes and drinking beer as part of a skit last night for 5th grade DARE Graduation at Shawsheen School (photo by Jeff Nazzaro).

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## School nurses now "Special"

by Bill Conlon  
Tewksbury's school nurses have now been named "special municipal employees," allowing them to draw more than one paycheck from the town.

The designation was made by the board of selectmen this week, after

### Loella Dewing students of the month

Students of the Month of February at the Loella F. Dewing School include:

**Kindergarten:** Lindsay Picano, Hannah Kaltenbach, Jessica Naun, Juliann Igo, Jacklyn McGinn.

**Grade one:** Himanshu Shah, Sara Johnson, Kristen Palmer, Stephanie Geiser, Shauna McPhail.

**Grade two:** Stephanie Domoracki, Alesia O'Lalor, Eric Farnkoff, Michelle Ronayne, Jaryd Palmer.

**Grade three:** Heather Booth, Jessica Worthen, Thomas Gorman, Kinjal Patel, Kevin McGrath, Amie Webb.

**Grade four:** Adam Schuler, Peter Ricci, Catherine Nowak, Lynne Woundy, Jenna Ryan, Danielle Noseworthy.

**Grade five:** Casey Martel, Nicole Murphy, Erin Burns, Michelle Cormier.

**Learning center:** William Callahan; **Art:** Maren Gray; **Health:** Kelly Boyle; **Music:** Jodi Salvo; **Physical education:** James Scanlon; **Reading:** Thomas Bourgeois; **Speech and Language:** Crystal Reece

### TMHS band mid-winter concert

The Tewksbury Memorial High School Band will perform in a combined mid-winter concert with the Chelmsford Community Band, Tuesday, March 19. The concert will take place in Gaffney Auditorium at TMHS at 7 p.m. Tickets will be available at the door.

Each band will perform several numbers separately and then both bands will combine for the grand finale. The Chelmsford band is lead by Anthony DiBartolomeo and the Tewksbury band by Roger Whittlesey.

The Tewksbury Music Association will sponsor a spaghetti supper in the cafeteria at the high school just prior to the concert. One may enjoy a great spaghetti meal for a donation of \$3.50 for adults; \$2 for children and \$10 for an entire family. Call 508-851-2011.

a request from Trahan school nurse Elaine Walsh.

Selectman Tom Conlon, a teacher with the Tewksbury school system, stepped down from the discussion to avoid any conflict of interest.

Walsh has plans to teach Cardio-Pulmonary Resuscitation (CPR) at the Tewksbury Senior Center, but as a current employee of the town she cannot legally receive pay from any other Tewksbury agency unless selectmen grant "special employee" status to her position.

But the special employee designation is made for positions, not for individuals.

Since the nurses make up a separate bargaining unit from the rest of the school system, Town Counsel Charles Zaroulis declared that the special designation applies to all the school nurses, as a group.

In granting the designation, all of the six school nurses in town are now able to do additional work, and be paid for it, for the town.

The special employee status will remain in effect until June 1, 1997, when selectmen will review all of the special employee status holders.



Matthew Vogel, a senior at Wilmington High School has advanced to finalist standing in the National Merit Scholarship Program. He accepts a certificate from acting Principal Edward Woods while his guidance counselor, Annette Curley looks on (photo by Karen Mielthe).

## St. Pat's Day enforcement

Several area communities will be conducting a corridor safety program on Saturday March 16 and Sunday March 17. This project is part of a regional approach to increasing roadway safety in the area. The intent is to decrease traffic related injuries and fatalities by increasing enforcement during high hazard times. Last year over 125 violations were placed on drivers and 11 OUI arrests were

made in the six participating communities.

The enforcement is funded through the Middlesex County Traffic Safety Program and the Governor's Highway Safety Bureau and the Department of Public Health.

For more information contact the Middlesex County Traffic Safety Program.

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AMSTEL	2/12 PK BTL	\$18.99
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COORS XTRA GOLD	30 PAK	\$12.99
SCHLITZ	12 PAK CAN	\$4.99
KILLIANS	2/12 PAK BTL	\$16.99
IPSWICH ALE	1-64 OZ. BTL	\$3.99
MOLSON GOLD/ALE	2-12 PK CAN	\$13.99
PETES WICKED/LAGER/ RED	24/12 OZ.	\$16.99
GUINNESS STOUT	1-6 PACK	\$5.99
HARP LAGER	1-6 PACK	\$4.99

### \*\*\* LIQUOR SPECIALS \*\*\*

BEEFEATER GIN	1.75 L	\$19.99
BUSHMILLS IRISH WHISKEY	750 ML	\$13.99
TULLAMORE DEW	750 ML	\$13.99
JAMESON IRISH WHISKEY	750 ML	\$13.99
BLACK BUSH IRISH MALT	750 ML	\$18.99
EMMETS IRISH CREAM	750 ML	\$7.99
BAILEYS IRISH CREAM	750 ML	\$14.99
CAROLONS IRISH CREAM	750 ML	\$7.99
ICE BOX MANHATTAN	1.75 L	\$8.99
GRANTS SCOTCH	1.75 L	\$16.99
GORDONS VODKA	1.75 L	\$10.99

### \*\*\* WINE SPECIALS \*\*\*

MOUTON CADET RED/WHITE	1.5 LITERS	\$10.99
FETZER SUNDIAL CHARD	750 ML	\$4.99
FREIXENET CORDON NEGRO BRUT	750 ML	\$4.99
ALMADEN BL/RH/BURG/CHAB	4 LITER	\$6.99
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Certified Public Accountant  
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## Editorials

# Big dog "do" at Wilmington town hall

by Jeff Nazzaro

The Wilmington Board of Selectmen, in an act of pure selfishness that culminated in a bigtime joke of justice, subjected the town to a three-hour circus masqueraded as a public hearing Monday night. That's putting it mildly, I think.

It was the case of the dangerous dog, Winston, a 7-year-old German Shepherd, revisited. Winston, it seems, bit a 4-year-old child last fall, causing a puncture wound and necessitating some first aid at Winchester Hospital Family Medical Center in Wilmington. All that was determined in January, when selectmen first heard the issue. It is not the topic here, nor was it really when selectmen, facing an appeal of the first hearing, decided to and then reheard the public hearing.

Why? Simply put, to bolster its case when Attorney Stephen Wise, representing the Piro, subpoenas the entire board for his appeal of the case, which, make no mistake about it, he will win. The board should know all this, but, at the advice of Town Counsel Alan Altman, decided its losing case was not strong enough. Now, presumably, the board has a stronger losing case.

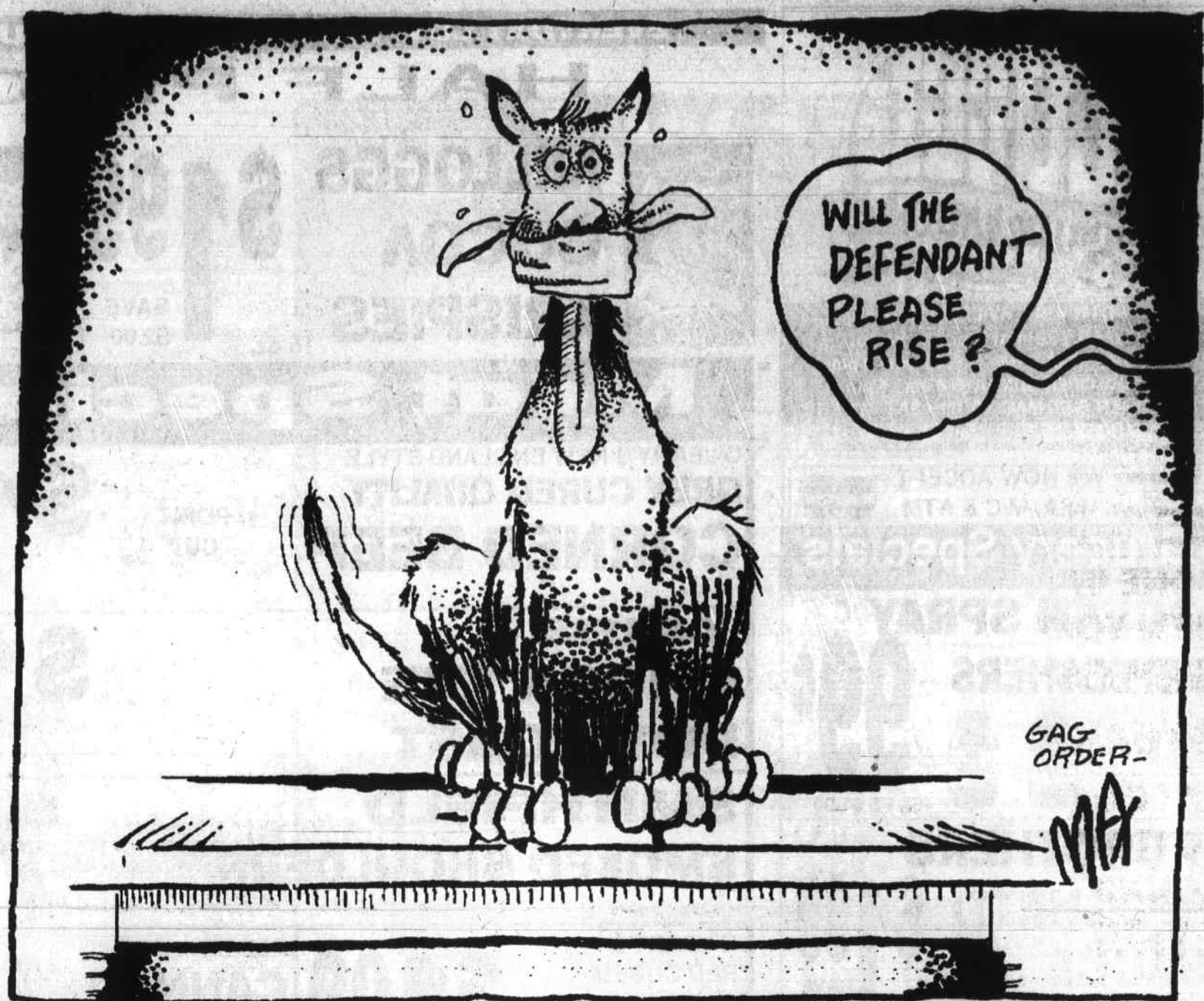
So on they went, not hiding the fact (at least Chairman Diane Allan didn't) that the board had no intention of even reconsidering its decision. Indeed, the vote went 3-2, as it did the first time around, with Selectmen Bob Cain and Michael McCoy, the only voices of reason this night, voting against banishing the dog. And just to show that what the dog may or may not have done or what kind of threat he poses in the future is not the issue in this column at least, McCoy wanted to have the dog destroyed. But he and Cain felt that Wise should have at least been given an equal opportunity to defend his clients.

He wasn't really, and on top of it, was made to look like the bad guy. The issue, as pressed by Selectman Jim Rooney, was time, and the fact that Wise, who Rooney commended for doing his job, was taking too much of it. The real problem was that the board reheard a heard and voted on case, and, to present the illusion of fairness, redid the whole thing - the same testimony from the same witnesses about the same incident was heard just so the board could get a few more words and a few more documents into the record. Then Wise looks like the bad guy for taking so much time in doing his job - a job they in essence forced him to do twice.

But that was hardly the worst of it. During the first hearing, Allan was critical of Wise for using legal terminology like "witness" and "cross-examination." Now Monday, Altman swears in all the witnesses (not done at the first hearing) and Allan is having "witnesses" "identify" "records" so that they may be entered into the "official record," those records marked as "exhibits" and assigned letters - we'll mark this as "Exhibit A. ...." Some fun.

For the grand finale, after scores of automatic overrules from Allan of objections from Wise (once, Wise rose and said "I object" and a man in the back said "overruled" and it actually stood), after Wise was cut off from cross-examining witnesses mid cross and kept from some altogether, it ended in the 3-2 vote. Alan Altman, Town Counsel of Wilmington for more than 30 years, would actually have us believe that it is a lawyer's duty to subpoena the other side's witnesses so that he may have the privilege of cross-examining them. Uh-huh.

It's no surprise that Wise, who feels his chances of having the banishment overturned by a magistrate, without even the need for District Court, offered as his last words, on the doorstep of the Town Hall, "The good news is that we're out of the Town of Wilmington."



## Letters to the editor

### Restore school technology funds

Dear Larz:

The Educational Summit has come and gone and what has been accomplished?

Three common themes emerged from all of the schools represented - overcrowding of the schools, high teacher to student ratios and lack of technology.

Overcrowding at the elementary school level is well documented. With 193 new housing starts in Wilmington last year and the median price of a house rising above \$200,000, this problem is not going to go away in the foreseeable future.

The overcrowding issue will hit the middle schools in two years. The "open" classrooms in Woburn Street are, in reality, two special education classes which will have to be moved. Classrooms in Boutwell will soon be used when Wilmington moves to state-mandated full day kindergarten. Don't even think about moving art and music classrooms - they were moved to storage closets years ago!

The administration and school committee, to their credit, have funded educational tutors and additional teaching positions, in an effort to maintain manageable classroom ratios. But anyone who understands the issues of tracking and inclusion and work stations knows that those numbers are still too high.

To imply that a 31:1 ratio worked for our generation, and therefore, suggest that it would work for our children's educational needs, is to deny that society has changed. We've seen more technological change in the last 20 years than we did in the last 200. But yet we expect a 1950's educational model to serve the children of a new century?

I am, indeed, troubled by the response to the technology part of the budget. When Mr. Cairra proposed the town budget, he was clear that the additional school budget allotment would provide \$100,000 for technology.

One night after the Educational Summit, the school committee reduced that figure to \$55,000. I strongly disagree with the editorial that offered that it was either reduce the technology budget or fund a curriculum coordinator. This is a \$15 million budget!

Other areas of "flex" in this budget include: funding all new

teaching positions at the same starting salary (savings: \$5-10,000); reduce the proposed salary of the curriculum coordinator (this person should not be making more than a school principal who has far more responsibility - savings: \$5,000); the special education budget and special education transportation have a potential savings of \$100,000 if many of the proposed changes are implemented - earmark those monies for technology!

Finally, do we really need another administrative position - technology coordinator? Why not take that money and train one resource person at each school - it's going to have to be done, anyhow. Then, those individuals can report as a committee to the curriculum coordinator. After all, it has been stated that technology should be an integral part of the curriculum.

The other reason offered for not fully funding this area was that there was not a clear "plan" for technology integration in our school system. Why can't this school system, with all of its intellectual resources organize and begin to implement a plan by June 30, 1997?

One hundred thousand dollars is not a great deal of money. The mere task of wiring the schools, bringing in extra phone lines, putting internets in the libraries and starting to train individuals will use this small sum up very quickly.

Why didn't I go to the meeting and express my opinions? I did! However, I had to sit and listen without benefit of any printed information and try to glean information from discussion, alone.

Even after the decisions are made, there is no written information offered to the public detailing the budget.

Therefore, I call upon the next level - the finance committee - to restore the funding to technology. Three hundred parents and taxpayers at the Educational Summit made the priorities clear - and, technology is one area that we need to start to do something about, now!

My congratulations to those who have chosen to run for school committee. Perhaps, this letter will serve to include technology as an issue for debate in the upcoming election.

Sincerely,  
Susanne Clarkin

### What about Shawsheen Tech hockey?

Dear Larz:

I am writing in response to last week's editorial entitled "Fantastic seasons for both hockey squads." (Referring to Tewksbury and Wilmington high schools).

Mr. Pote seems to have forgotten that Wilmington and Tewksbury also have another high school, Shawsheen Tech.

Their hockey team also had a

fantastic season (15-3-2). They took first place in the C.A.C. and also went to the state tournament.

Ten of the 20 players on the team come from Tewksbury and Wilmington. It's a shame that no coverage is given to any of the sports teams from Shawsheen Tech. Maybe if there was you might sell a few more papers.

Sincerely,  
Jeanne Beck

### Congrats to Tewksbury track

Dear Larz:

Congratulations to the Tewksbury boys and girls winter track teams.

This year's team has accomplished much in the way of generating a positive image for themselves, the coaches, the high school and the town through their prowess on and off the track.

The track team boasts the highest grade point average for any sports team at the high school. This is no surprise considering the fact that tracksters are, by nature of their sport, strong individuals and goal oriented. What makes these kids so special is their ability to subjugate their own individual performances to the overall success of the team.

In no small way one must credit the coaches for their long hours of dedication to the development of our youth. Coaches Levine, MacDougall and Brooks exemplify the finest characteristics of what make for a great coach.

For the Tewksbury School System to have three such

individuals is truly remarkable. For this school system to be able to keep them will be yet another story. As is often the case in this town, the finest of our coaches are often recognized first by other towns and then, too late, are recognized at home.

In recent press coverage, the Tewksbury track program has been referred to as "a dynasty," yet the program is treated more like a second class citizen in terms of funding and town recognition. After the team won the State Class C Championship, the sign on the Town Common read "Good Luck to the hockey team!"

The athletic department itself, headed by Mr. Mickey Sullivan, has been slow to respond to the most basic needs of the athletes and coaches. If the town wants to retain the high caliber of coaches of like Mr. Levine, Mr. MacDougall and Ms. Brooks, I suggest that they begin treating them and the track program with the respect due a "dynasty."

Brian R. O'Connor

### Owner responsible for dog

Dear Larz:

Last night [Sunday, March 3], I was shocked and sickened by a terrible sight.

My rabbit was found huddled in the corner of her outdoor hutch, her feet bloody and mangled, her front paws almost completely gone. She had to be euthanized by the veterinarian.

Looking at the ground, there were two sets of footprints leading to and from her hutch, one human and one canine.

Obviously, the dog's owner had come into my yard to retrieve his

dog. Maybe the owner didn't realize the injury his dog had inflicted on my rabbit. Maybe he just didn't care.

I'd just like to tell the dog's owner that I know you didn't intend for your dog to attack my rabbit, but your dog wasn't on a leash, and it happened.

Intentional or not, you are responsible for your dog, and you should at least have the decency to tell the rabbit's owner what happened instead of leaving the rabbit there to suffer. Thank you.

Mary Durkee

## 10 years ago

Tewksbury

### Sewer slows Carter Green

Charles Coppola announced that he was a candidate for a seat on the board of selectmen and Jim Sullivan was seeking his fifth term on the school committee.

The Town Crier's Tewksbury editor, Jim Brown, ending his five year term of employment with this publication.

Whipple Road was pictured under water after a rainfall of 2.21 inches.

Charles Irvine of Starr Avenue was named a recipient of the Middlesex Community College Regent's Scholarship Award.

Citizens concerned about the environment scheduled a meeting for March 29 to form a committee to clean up hazardous waste.

An unknown number of people who had purchased condominiums in Carter Green were unable to move in due to an unfinished sewer system.

TMHS seniors Scott Garland, Matt Grund, Kelley Maloney and Kimberly Wight were pictured as students who would be attending Harvard Model Congress in Boston April 3-6.

The Norbert Pestana family, 670 East Street, was granted the right to construct a 15 foot drive through their property to access two houselots in the rear. Access would not be granted, however to two acres of landlocked, industrially zoned property.

## 10 years ago

Wilmington

### New lights at Federal Street

Officer Chris Neville was pictured directing traffic at the intersection of Middlesex Avenue and Federal Street as workmen prepared to install traffic signals.

John Laffin of Veranda Avenue was named "Handicapped Employee of the Year" at Fort Devens Commissary.

Harry Johnson of High Street was named "Manager of the Year" by Realty World of New England.

The Chamber of Commerce first Women in Business meeting was held with chairman of the division, Carolyn Santorsola, manager of

Arlington Trust Company's Wilmington Branch officiating.

Jeff Murphy of Gunderson Road was accepted into the All State Orchestra as first timpani (kettle drums).dd

Stathis Feizdis of Olive Street was accepted at Syracuse University where he planned to study aeronautical engineering.

Joy Michaud and Ginny Cosgrove emerged victorious when competing in the K of C free throw competition in Danvers. The triumphs made the girls eligible to participate in the state finals at Fitchburg in April.

## Town Crier

Tewksbury - Wilmington

Publication No. 635-340

An independently-owned newspaper published every

Wednesday by:

The Wilmington News Company, Inc.

104 Lowell St., P.O. Box 939, Wilmington, MA 01887-0939

(508) 658-2346 FAX (508) 658-2266

Tewksbury address: P.O. Box 68, Tewksbury, MA 01876

Publisher	Capt. Larz Neilson	Circulation Manager / Treasurer	Cathy Pacini
General Manager	C. Stuart Neilson	Bits & Pieces Editor	Elizabeth Downs
Editor	Jeff Nazzaro	Production Coordinator	Jean Hayden
Sports Editor	James Pote	Advertising Director	John D. O'Neil
Reporters	Bill Conlon, Karen Methe, Linda Jarossi	Advertising sales Michael Burns, Pat Carpenter, Peter Neilson, James T. Murray	Mary Firth
		Receptionist	

### Subscription Prices:

Payable in advance. In Wilmington and Tewksbury \$20 a year. Elsewhere \$24 a year. The Town Crier offers a \$1 discount to subscribers who renew during January without receiving a renewal notice. On Feb. 1, renewal notices are mailed at the full price

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BABY CARROTS** **69¢** 15 oz. Can

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# Historic site restored and standing, 64 years later



Today the ruins of the Middlesex Canal aqueduct are neatly preserved. The wood is gone and the canal, of course, has no water but the stonework appears much as it probably did when the canal was constructed. The work of Peter Neilson has lasted 64 years.

by Capt. Larz Neilson  
Currently discussions are taking place about the old Middlesex Canal, which, starting about 1793 transported raw cotton from Boston to Lowell and manufactured cotton back to Boston. Those discussions include the Maple Meadow Brook where it flowed through the Wilmington town farm, now the Town Park and under the canal, which crossed over by means of an aqueduct.

The Town Park of Wilmington is one of the larger town parks in Middlesex County, over 50 acres in area. Wilmington ownership dates back to about the days of the Civil War.

Prior to that it was owned by a family named Eames. They lived 2400 feet northerly of the Woburn line, westerly of Woburn Street and southerly of Eames Street.

Mrs. Eames gave or sold the property to the town after the death of her husband. There was a farmhouse, west of Main Street, and near the Boston & Maine Bridge. There is at this time a parking area between the site of that house and Main Street. The house burned down about 1920.

In the days after the Civil War, that farmhouse was converted into a Poor House. Caretakers, man and wife, were in charge. What is now a softball field was a cultivated garden where some of the men who were living there were put to work with a shovel and a hoe.

Behind that house is a hill where there is winter time sledding. On the back side of that hill is an old gravel pit.

Over the years farmers and others who wanted a little gravel would drive their team and wagon to the

site and help themselves. After 1920 when the old Poor Farm burned down, trucks could go in and be loaded. Those trucks got bigger and bigger.

It was a case of Help Yourself. No one was watching. So the gravel pit too, got bigger and bigger.

The gravel pit was very near the Middlesex Canal. The route of the canal, as it went through the Town Park closely resembled the letter "S." Where it crossed over the Maple Meadow Brook a stone platform had been constructed, to be a base for timbers holding up the canal aqueduct.

Westerly of the aqueduct canal walls were built up for a distance of about a thousand feet, towards the present Butters Row.

Where the gravel trucks "backed into" the gravel pit they used the old area of the canal. Dirt, sticks and stones would roll down into the brook.

Over the years one could see the consequences in Maple Meadow Brook. Dirt and rocks were to be seen in the brook and the stonework base for the timbers holding up the aqueduct was being destroyed.

That eventually brought Peter Neilson and Eddie Manning into the story. Nineteen thirty-two was the time when Franklin D. Roosevelt became president of the United States. The country was in a financial slump. Indeed, the whole world shared in that problem.

The Federal government started a "makework" program, called the



The Maple Meadow Brook was quite obstructed as it passed under the ruins of the Middlesex Canal aqueduct. This photo taken about 1900 by Ed Nelson Eames shows the state of disrepair. Twenty five years later as Peter Neilson and Eddie Manning were about to begin it surely was worse. Both photos were taken from the up stream side.

"Works Progress Administration". Some people called it the "WPA;" some the "We Putter Around."

Eddie Manning, a 1928 graduate of Wilmington High School and a 1932 graduate of Harvard was one of the many unemployed persons in Wilmington. Very capable, he was appointed director of the WPA in Wilmington. There was an obvious need of restoring and cleaning up where the Middlesex Canal crossed over the Maple Meadow Brook.

Peter Neilson was a capable stone mason who was also out of work. A member of the School Committee, he had been elected by Silver Lake

residents who were dissatisfied because the first four grades of school children walked to school, many over a distance of two and a half miles. The three members of the School Committee were each receiving \$100 a year, out of money which had been voted for "education." Peter's first motion on the School Committee was that no school committee member should receive any pay. It was voted, and since that day no school committee member has received any pay.

Peter and Eddie were both on the WPA project. Peter because of his

knowledge of stone masonry, and that he knew how to get work done.

Eddie and Peter became fast friends. Eddie learned a lot about work projects and how to get work done. He was later elected to the school committee, and when the time came to build a new high school off Church Street, it was Eddie who was in charge.

It was probably Peter who suggested raising the level of the stonework, adjacent to the brook, up to about seven feet. For over 60 years hence no more trash has fallen into that brook.

## Wilmington High School honor roll

The administration at Wilmington High School has released the honor roll for the second term with the following students listed:

### Class of 1996

David Bennett, Elizabeth Berlik, Elizabeth Anne Bickford, Elise Boisvert, Elaine Bruno, Michael Caira, Jr., Brian Carroll, Julie Conchiglia, Karen DeFrancesco, Joan Demarco, William Dineen, Nicole Dussault, Nicole Fugere, Jennifer Hall, Susan Hall, Jaclyn Harrison, Cara Hendricks, Jennifer Hunt, Laurie Johnson, Eric Jones, Andrew Kane, Jee Hyun Kim, Daniel King, Stergios Kosmidis, Krisada Kritayakirana.

Jennifer Langone, David Lee, Greg Loguidice, Nicole Lojek, Kate Maison, Stephen Marchillo, Sophia Martinos, Wendy Meegan, Rebecca Molgard, Rene Morin, Jennifer Mullins, Minhong Nguyen, Cynthia Oatis, Doualgs Olender, Stacy Palizzolo, Alicia Pelletier, Kosta Radosavljevic, Kristin Roache, Charles Ross, Kathryn Senesi, Nicole Sordillo, Jennifer Tait, Charisse Thresher, Tach Tran, Rachel Turesky, Renee Vachon, Matthew Vogel, Gregory Young, Amanda Zaya.

### Class of 1997

Daniel Abbott, Joseph Bamberg, Lindsey Bickford, Meghan Birmingham, Jill Bonanno, Carolyn Carvalho, Thomas Casella, Nicole Catanzano, Lisa Chin, Nicole Ciaramaglia, Nicholas Cino, Jessica Collins, Lisa Crowley, Paula DeCoursey, Christopher DiJulia,

Sean Farrell, Colleen Fisher, Michael Gargan, Christina Gemellaro, Julie Gillis, Deborah Hancock, Michael Hanrahan, William Harrison, Paul Heffernan, Brian Hermann, Tanya Holmes, Michelle Kearns, Katie Keating, Bridget Keddie, Teri Laquidara, Josephine Limilo, Margaret Limoli, Amy Lyons, Jamie Magaldi, Paul Mahoney, Eric McKenna, Tracy Melzar, Robert Murphy, Melissa Palermo, Kristen Peach, Kathleen Peterson, Jillian Quigley, Kevin Ralston, Jeremy Rufo, Jennifer Russo, Brian Seekins, Melissa Shea, Jessica Silverstein, Julie Stokes, Michael Sweet, Elane Tohmc, Robert Torrani, Parool Vaidya, Deana Ward, Suzanne Williams.

### Class of 1998

Lynn Adley, Michele Baker, Kristin Bourinot, Kristen Bruno, Lesley Cannon, Kevin Carroll, Michelle Carvalho, Michelle Cronin, Benjamin DeGennaro, Megan Falzone, David Fish, Kristin Flynn, Paul Fugere, Michael Garbati, Matthew Hackett, Thomas Heigham, Kimberly Johnson, Patricia Kane, Stacey Kendall, Christopher Kilburn, Todd Konieczka, Cheri Leccese, Cheryl Lee, Karen MacArthur, Bryan Mason, Melissa Mather, Jennifer McCarthy, Hung Nguyen, Michael Nolan, Sarah Powers, Rebecca Rogers, Scott Swiezynski, Paul Tentindo, Brian Vasseur, David Ward, Julie Yentile.

### Class of 1999

Peter Bamberg, Colleen Batten, Meghan Berry, Terence Boland, Eric Brassil, Glenn Brewer, Lawrence Burns, Sean Cahill, Elizabeth Capotosto, Kimberly Carroll, Susan Carrozza, Christopher Cassidy, Kenneth Chin, Gina Ciaramella, Kristen Cipriani, Kelly Cochran, Ryan Covino, Jason Crescenzo, Lisa Dellascio, Jennifer Desimone, Victoria DeVellis, Mark DiGiovanni, Robin Diorio, Angela Downs, Jaclyn Eldridge, Andrew Falanga, Vincent Ferraro, Kristin Finnerty, Timothy Flynn, Nikki Gournaris, Joseph Grasso, Peter Grasso, Lauren Groves, Kathleen Haynes, Michele Haynes, Eric Hiltz, Amy Horan, Adrienne Huynh, Lauren Iorio, Jennifer Johnson, Jamie Jordan, Matthew Kacamburas, Alicia Kendall.

Dianne Larocque, Christina Lee, Anthony Limoli, Lisa Lippiello, Amanda Lojek, Megan Lojek, Amanda Longo, Jessica Martin, Robert Mauriello, Joel McKenna, Patrice Mendoza, Joshua Michaud, Gregory Moran, Joseph Moroney, Andrew Mutter, Shaun Neville, Catherine Normoyle, Keith Parker, Randall Peach, Zachariah Pidgeon, Delia Rebelo, Kevin Riley, Mary Sarich, Nicole Schell, David Senarian, Sabrina Shattuck, John Shirley, Melanie Silva, Titi Siriphan, Timothy Smith, Jennifer Sousa, Leah Staffier, Kenneth Stokes, Joseph Sullivan, Daniel Sweet, Suboohi Tahir, Kristin TenDyke, Andrew Tohmc, Kristen Walsh, Laura Winn, Melissa Wolfe.

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## Miceli vows to keep T. station in transportation bill

Representative James R. Miceli has announced that the House has engrossed the Transportation Bond Bill that includes specific provisions to improve sites in the Town of Wilmington.

Miceli said, "The Transportation Bond Bill will have an enormous impact on the residents of the Commonwealth. I am proud of the two provisions which I sponsored."

One of these provisions authorizes an expenditure of at least four million dollars for the engineering and construction for the proposed commuter rail station parking lot commencing at Route 62 and running north on the westerly side of Route 38. This new parking facility will increase the accessibility of the station and end current over crowding problems. This money comes as part of a larger effort to improve the state's transit infrastructure.

The second provision deals with the construction of gates for all level, ungated railroad crossings on the Haverhill and Wildcat Railroad Lines in Wilmington. Specifically,

the MBTA will be instructed to have the gates installed and fully functioning no later than December 31, 1996. The Transportation Bond Bill awaits action in the Senate.

"While the entire Transportation Bond Bill contains provisions that will improve the lives of residents of Wilmington, I feel that the aforementioned items are vitally important because of the direct benefits they will bring to

Wilmington. I worked diligently to see that these two appropriations remained in the final version of the bill," concludes Miceli.

In the Transportation Bond Bill, the House of Representatives has adopted record amounts of Chapter 90 funding for FY '97 that can be used for the reconstruction and upgrading of roads as well as the purchase of highway equipment in Tewksbury and Wilmington.

## From trash - art

Students at the Woburn Street School will think twice before throwing away that empty milk container or shampoo bottle.

Some fifth graders in Mrs. Caruso's science class made art and sculptures out of everyday items found around their houses that were going to be thrown away.

"We have been working on ecosystems and endangered species and we've started talking about

pollution," Caruso said. "They worked on a project to turn trash into art."

Students created strange looking alien robots, dolls, piggy banks, and many other pieces of art from items such as milk containers, bleach bottles, old egg cartons, and even a vacuum cleaner, that were to be thrown out in the garbage.

"They did a really creative job and were very enthusiastic about the project," said Caruso.

## They're looking up at TMHS

John Clarke and his Physics students at Tewksbury Memorial High School are looking to the stars. Literally.

As part of the hands-on science program at the high school, Clarke attended an astrophysics workshop last November that was designed so teachers could have the chance to learn about using the subject of variable stars as a bridge between students and the scientific world.

"I found a blurb about [the workshop] in a physics magazine, and the price was right," Clarke said. "It was free."

Clarke was chosen by the program's directors on the basis of his knowledge and experience. Clarke has been teaching at the high school for 25 years.

"It was an activity that integrated a lot of different disciplines such as astronomy, physics, math, and computers to show students how mathematics applies to science and physics," he said.

Clarke spent months studying the variable star delta Cephei, plotting and analyzing the light curves of that star. In the process, he learned that the learning process is never over, even for a teacher with a quarter century's experience.

"I never knew variable stars existed until this," Clarke said.

A variable star is one whose light does not remain constant. According to Clarke, "Variable stars are something you can see without the use of a telescope,



although binoculars do help."

He also found the project well suited to his students.

"It is real research for a student to do, there are certainly enough stars out there for everyone," he said.

Clarke finds his students' and his own observations fascinating.

"It is absolutely amazing," he said. "After we plotted our findings on a graph of how the stars grew bright and then dimmed again, everyone had different findings."

Even students who feel that looking at stars and plotting them on a graph will never be of use to them, this hands-on approach can interest them.

"If a student is interested in mythology, they can learn about all the different constellations," Clarke said. "If a student is interested in history, they can learn how the stars have changed over centuries; there is really something in it for everybody."

In short, it is a way to get students who may otherwise think science is not useful to them to look at it in relation to history or English.

By doing the research themselves, students are also able to form their own questions. Said Clarke, "Instead of me telling them things, they will have their own questions such as, why is this star brighter now as opposed to later in the evening? and so on."

The main goal of the workshop Clarke attended was to help students experience the enthusiasm of doing real science with real data to make new measurements and new discoveries.

In the end, Clarke not only discovered the world of variable stars, but also a fantastic hands-on science subject.

"It's a great student research project," he concluded.

## Wilmington senior topics

### Income tax preparers

Joe Hughes and Bill Kelleher have prepared the income tax returns of 51 Wilmington Senior Citizens at the Senior Center over the past five weeks. They will be at the center Mondays only for another three weeks. We have these days pretty well booked. Three openings are still available as of this date. If you would like help with your income taxes it would be wise to call the center for an appointment now, before you will be too late for help.

### Dr. Mullin, podiatrist

Podiatrist Dr. Mullin will be at the Senior Center Wednesday, March 20 starting at 9 a.m. He will be treating ailments of the feet. We thank Dr. Mullin and Dr. Casey for taking time out of their busy schedule to treat seniors in the comfort of the Center. We know how painful it is for seniors suffering with an ingrown toe nail or diabetes who need a podiatrist to cut their toe nails; we know how painful it can be driving to and from a podiatrist's office in pain. After arriving, have to wait a long time for treatment. Any senior unable to drive to the Center for treatment should call the Senior Center Tuesday, March 19 for transportation and appointment.

### Commissioners meeting

Tuesday, March 19 the Commissioners meeting will be held in the function room of the Senior Center, starting at 1:30 p.m. The guest at the meeting will be the candidates seeking to be elected into town offices at the April election. This is your opportunity to get to know those you will be voting for. You ask questions of the candidates. Find out if elected, how will they solve the many problems the town will be facing this year and in years to come. Write your questions down and take them with you to the meeting.

Light refreshments will be served, again giving you a chance to ask a question person to person if you wish. It is good to know that the person you are voting for will have the same interest that you have, as to how the town should meet the challenges facing it next year.

### Nurse, Thursday, March 21

Nurse Ann will be at the Center Thursday March 21 to check blood pressures and give diabetes tests. Remember, diabetes is a silent illness. It can be active in the blood

with no warning. A simple blood test by the nurse can detect it. If the test shows the sugar level is a little high, she will refer you to your doctor. In most cases he/she will put you on a sugar free diet and an exercise program. Diabetes is a very serious medical problem. It can lead to a stroke or even death if not detected early enough. Please call the center if you want the test.

### Sewing, knitting, crocheting

The class is coming along well, but Ann Latta and Marilyn, instructors are eager to teach any senior who wants to learn these interesting hobbies. Drop in on Thursday morning and see the beautiful works of art they produce in this class. It is held in the craft room from 9 a.m. to noon. Try it; before you know it, you will be making your own beautiful articles.

### Easter homebound dinner

We are in the process of putting together the Easter holiday homebound catered dinner deliveries. If you or a Wilmington senior you know fits into a homebound category due to illness, disability or advanced age, call the Center. We will be only too happy to add the name to our list. As in past deliveries, 100 seniors will

### Minuteman menu

#### Week of March 18

Served at Burlington Senior Citizens Friendship Center, 45 Center St., where nutrition aide is Kay Cavanaugh. Call 270-1951 for reservations.

North Woburn/Wilmington at Veterans Senior Center, 144 School St., No. Woburn where Sue Trousil is site manager. Call 935-2239 for reservations.

**Monday:** Minestrone soup with crackers, liver, onion gravy, mashed potato, pumpernickel bread, chilled fruit, milk; alt. beef strip, gravy.

**Tuesday:** Chili parmesan cheese, baked potato, green beans, corn muffin, fresh fruit, milk.

**Wednesday:** Potato leek soup, Italian baked chicken leg, Calif. vegetables, wheat bread pudding, milk.

**Thursday:** Turkey casserole with peas and carrots, rice with vegetables, sourdough bread, gingerbread, applesauce, milk.

**Friday:** Lemon pepper fish, scalloped potatoes, broccoli, rye bread, chilled fruit, milk; alt. veal patty with marsala sauce.

receive a catered meal and a beautiful craft gift from the craft class. To complete this gift we will need 10 volunteer drivers and 10 volunteer seniors to assist the drivers. Give or call your name to the office, we will be most grateful.

### Medicare B

Too many seniors signing up for Social Security refuse to take Medicare B. The government pays for Medicare A or hospital. But the senior citizen has to sign up for Medicare B. That covers 80 percent of all medical care in and out of the hospital. It will cost you \$42.50 a month out of your Social Security check. This is the cheapest insurance coverage you can get. Can you imagine receiving a bill for medical care involving an operation for \$5,000 to \$6,000 that you would have to pay out of your pocket. With Medicare B, 80 percent of the bill would have been paid. If you do not sign up for Part B at 65 and find out later you want it, because you delayed enrollment at 65, you will have to pay a 10 percent surcharge for every 12 months you could have been enrolled. Please, when you sign up for Social Security and Medicare at 65, take Part B along with the free Part A.

Edie Cunningham

### Wilmington seniors

#### Week of March 18

**Monday:** Chilled orange juice, beef strip steak, gravy on the side, oven baked potato, seasoned carrots, wheat bread and butter, pudding with topping, milk.

**Tuesday:** Breaded veal patty, fluffy rice, seasoned mixed vegetables, oatmeal bread, butter, chilled mixed fruit, chocolate chip cookies, milk.

**Wednesday:** Oven baked ham with pineapple, sweet potato, seasoned green beans, dinner roll and butter, Jello with topping, milk.

**Thursday:** Oven roast turkey, creamy mashed potato, seasoned green beans, dinner roll with butter, cranberry sauce, dessert, milk/juice.

**Friday:** Lemon pepper fish, whole herbed potato, seasoned broccoli, pumpernickel bread and butter, chilled plums, ice cream, milk.

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# School lunch menus

## Wilmington public schools

### Week of March 18 Elementary schools

**Monday:** Chicken nuggets with barbecue, sweet and sour sauce or honey, fluffy rice, seasoned green beans, chilled fruit, snack cake, milk, juice.

**Tuesday:** Meatball sub, French fries, seasoned vegetable, chilled fruit, milk, juice, cake with frosting; celebrate March birthdays.

**Wednesday:** Half day, breakfast for lunch, chilled orange juice, apple jacks or cheerios, oven baked sausage, cheese sticks, chilled fruit, chocolate chip cookies, milk.

**Thursday:** Oven roast turkey, creamy mashed potato, seasoned green beans, dinner roll and butter, cranberry sauce, milk, juice, dessert.

**Friday:** Italian style pizza, pepperoni optional, tossed garden salad, chilled fruit, ice cream, milk, juice.

Alternate lunch is available daily.

### High school

**Monday:** Ravioli and sauce, tossed garden salad, chilled fruit, milk, juice, Jello with topping.

**Tuesday:** Chicken nuggets with barbecue, sweet and sour sauce or honey, creamy mashed potato, seasoned vegetable, chilled fruit, milk, juice, dessert; superline, \$1.50 taco bar.

**Wednesday:** Heart Healthy, eat smart, salad bar with vegetables, protein, fruit and grains, dessert, milk, juice.

**Thursday:** Turkey dinner, creamy mashed potato, seasoned mixed vegetables, cranberry sauce, roll and butter, snack cake, milk, juice.

**Friday:** Italian style pizza, seasoned vegetable, chilled fruit, ice cream, milk, juice.

Alternate lunch is available in all schools daily.

### Middle schools

**Monday:** Chicken nuggets with barbecue, sweet and sour sauce or honey, fluffy rice, seasoned green beans, chilled fruit, snack cake, milk, juice.

**Tuesday:** Meatball sub, French fries, seasoned vegetable, chilled fruit, milk, juice, cake with frosting; celebrate March birthdays.

**Wednesday:** Barbecue rib sub, French fries, seasoned vegetable, chilled fruit, milk, juice, dessert.

**Thursday:** Oven roast turkey, creamy mashed potato, seasoned green beans, dinner roll and butter, cranberry sauce, milk, juice, dessert.

**Friday:** Italian style pizza, pepperoni optional, tossed garden salad, chilled fruit, ice cream, milk, juice.

Alternate lunch is available daily.

## Shawsheen Tech

### Week of March 18 Line III

**Monday:** Rotini with meat sauce, tossed salad, hot roll, fresh fruit, milk.

**Tuesday:** Chicken nuggets, mashed potato, corn bread, green beans, fresh fruit, milk.

**Wednesday:** Early dismissal.

**Thursday:** Taco boat with meat and bean filling, shredded lettuce, cheese and diced tomato, corn bread, fresh fruit, milk.

**Friday:** Italian style pizza, tossed salad, fresh fruit, ice cream treat, milk.

Second and third choice lunches available daily.

## Tewksbury schools

### Week of March 18 All schools

**Monday:** Chicken strips, potatoes or rice, carrot slices, hot homemade roll, milk, cookie.

**Tuesday:** Tomato vegetable soup, nachos supreme with beef crumbles and cheese sauce with tomato and onions, fluffy rice if desired, milk, dessert.

**Wednesday:** Chilled juice, spaghetti with meat sauce, choice of vegetables, hot homemade roll, ice cream, milk.

**Thursday:** Super sub day, steak and cheese, meatballs with sauce, cold cuts or ribs on sub roll, corn niblets, fruited Jello, milk.

**Friday:** Juice or fruit, tomato and cheese pizza with pepperoni or meat topping, garden green salad, milk, dessert.

Second choice meal is available in all schools daily.

## Tewksbury native completes U.S. Border Patrol Training

Tewksbury native Sean M. Wilson graduated from the Border Patrol Training Academy in Glynco, Ga., after completing an 18 week course that includes Spanish, immigration law, weapons, tactics and rough terrain driving. Wilson, 24, has been assigned to the El Centro, Calif., Border Patrol Sector.

A 1990 graduate of Tewksbury Memorial High School, Wilson is the son of Mr. and Mrs. John Connor of Tewksbury. He earned a bachelor's degree from Stonehill College in 1994.

The U.S. Border Patrol is a branch of the U.S. Immigration and Naturalization Service. Border Patrol agents apprehend illegal aliens and interdict narcotics entering the U.S. The service has jurisdiction throughout the country but operates primarily along the U.S. borders between ports of entry with Canada and Mexico.

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Holidays are always the busiest picture taking time in America. People dress up in their finest and funniest. This Halloween Minute Photo is offering a FREE photo of your "Little Monster" in the Minute Photo Pumpkin Patch! Come in between noon and 6 p.m. on Saturday, Oct. 31! (another "No charge")

For Christmas, Minute Photo will be taking pictures with Santa on Dec. 5th. This time they will be asking for a \$2 donation which will be given to needy children. These photos and photos you take yourself can be used to create unique Christmas cards. Call 658-5556 for details on

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## Wilmington warrant has 44 articles

by Jeff Nazzaro

The warrant for Annual Town Meeting is set and right now (petition articles may be withdrawn) carries 44 articles for town voters to debate and decide on. After a brief review by Town Manager Michael Cairn Monday night, selectmen signed the warrant.

Annual Town Meeting is scheduled for April 27, beginning at 10:30 a.m. in the high school gym.

First, on April 20, voters will take to the polls for the election of

town officials, with two seats on both the board of selectmen and school committee up for grabs along with one each on the housing and redevelopment authorities. Members of Precincts 1, 2 and 5 vote in the Town Hall Auditorium while those in Precincts 3, 4 and 6 cast ballots at the Wildwood School. Polls will be open from 10:00 a.m. to 8:00 p.m.

Article 1 of the Town Meeting warrant is always devoted to the Town Election. What follows is a

brief look at articles 2-44. A more detailed account of the articles will appear in a future edition of this newspaper.

Article 2 calls for committee reports, which are usually forsaken. Article 3 is a housekeeping article for town government to take care of unpaid bills. Articles 4 is likewise of the housekeeping variety, allowing the Town Treasurer to borrow money from time to time, while Article 5 involves the paying of the Town Treasurer and other officers and

departments, along with the appropriation of funds for expenses. Yes, it's the budget, and it's tackled line by line.

Article 6 deals with capital equipment. This year's list consists of the proposed purchase of four replacement police cruisers, a replacement fire engine pumper and vehicle for the fire chief, three replacement pick-up trucks and a replacement dump truck.

Articles 7 and 8 seek appropriations for renovations of the tennis and basketball courts at the Boutwell and Wildwood schools and the installation of an irrigation system for the ballfields at the Woburn Street School, respectively. Article 9 will look to replace a section of roof of the West Schoolhouse. Article 10 will look to appropriate money for the upgrade of town facilities to conform with the town's Americans with Disabilities Act Transition Plan.

Article 11 will transfer available funds from the FY 96 budget to this year's, while 12 seeks to appropriate monies for the DPW, Chapter 90 Construction Fund.

Articles 13 and 14 will authorize, respectively, the treasurer/collector to enter into a compensating balance agreement and the board of selectmen and/or town manager to apply for and accept state or federal grants.

The acceptance as town ways, certain streets (seven of them) is the focus of Article 15, while 16 allows the treasurer to continue the revolving fund established at the Dec. 4, 1995 Special Town Meeting. Article 17 raises \$5,000 for the observance in town of Memorial Day and Veterans Day; Article 18 continues the tradition of giving \$750 each to the three veterans organizations in Wilmington.

Article 19 continues the Senior Citizen Tax Work-Off Program with payment vouchers for services rendered.

Article 20 seeks to appropriate funds for the Route 38 Corridor Sewer Project, including the authorization of the water and sewer commissioners to acquire land interests for the project. Article 21 looks for money for the design and construction of a raw water main from the Shawshen Avenue wellfield to the Butters Row Water Treatment Plant, while 22 looks at the Lowell Street Sewer Project.

Article 23, if voted, will continue the revolving fund established at the April 22, 1995 Town Meeting for DEP grant monies. Article 24 is to see if the town will appropriate funds for the construction of septic systems or for loans to homeowners to build

## Tewksbury eyes return to Saturday town meeting

Remember when the Tewksbury Annual Town Meeting was held on a Saturday? The all-day event, with a break for lunch, started at 10 a.m. or 1 p.m. and continued until all the town's business was concluded.

Well, those days may return.

Selectman Richard "Pete" Hanson this week lamented the televised, multi-night meetings of today, and noted that 600 voters would be a big turnout by today's standards.

When Town Meeting was held on a Saturday, he said, it was normal to see 1,400 people in attendance. Hanson said too many people today stay at home and watch the Annual Town Meeting on TV, if they watch at all, and only a small fraction of the population decides the affairs of the entire town.

Hanson said he is troubled when he sees fewer than 100 voters, out of a town population of more than 28,000, deciding millions of dollars worth of town spending.

Tewksbury Treasurer-Collector Warren Carey, who quickly took an interest in the issue, researched some of the old town records.

Town Meeting, he said, was held in both the upstairs and downstairs of town hall, until the meeting was moved to the high school (now the Center School) in 1960. Turnout was light, however, and delays to

reach a quorum were common. The downstairs at town hall has since been divided up into offices, but at one time there were dances held in the basement, Carey said.

In 1971, Carey found, the annual town meeting was moved to Monday night for the first time. Minutes of the meeting proudly state that the meeting began on time, at 8 p.m., with over 900 voters on hand. No record of 1,400 voters turning out for any meeting has appeared in his research thus far. Carey said, but it is issues that usually bring people out, he said, not the meeting time.

The selectmen agreed to schedule further discussion of returning to a Saturday town meeting format on March 26.

### Senator O'Brien office hours

State Senator John D. O'Brien (D-Andover) has announced that he will hold office hours Tuesday, March 19 from 6 to 7 p.m. in Tewksbury Town Hall on Main Street.

Those unable to meet with the senator at office hours may contact him at the State House at 617-722-1612 or at his district office located in Dracut, 508-453-4477.



Troop leaders Amy O'Connell (left) and Michelle Castronovo help Girl Scouts Lindsey Weiss and Kristin Donovan set up to sell their cookies outside DeMoulas in Wilmington Plaza Saturday (photo by Karen Miethe).

## Wilmington police news

### Arrests

#### Thursday, March 7

Peter Kehayias, 48, of 13 Holmes St., Cambridge arrested for motor vehicle violations.

James A. Startz, 35, of 87 Priest Rd., Barrington, N.H. arrested on Lowell Street for drinking in public.

Keith P. Ferreira, 44, of 1301 Bodwell Rd., Manchester N.H. arrested for drinking in public.

#### Friday, March 8

William Buonarosa, 37, of 10 Dadant Dr., Wilmington arrested for malicious damage over \$250.

#### Disturbances/Vandalism

#### Tuesday, March 5

A resident of Main Street complained of a town plow destroying his mailbox, and that it has happened several times in the past.

A person said to be looking at a car parked in a driveway on Marcia Road was gone when police arrived.

Four cars parked on Main Street were said to have had their tires slashed.

#### Wednesday, March 6

An attendant at a gas station on Main Street reported a suspicious looking man was there with a woman in the car. The man said that he and his wife just got back from a ski trip, but there were no skis in the car, and the woman told the attendant she just met the man. He is said to be known to the police department.

A resident of Morgan Road reported two Rotweiler dogs were loose in her yard.

Two Rotweillers were reported on Kilmarnock Street, keeping kids from getting to their bus.

A man was reportedly following a little boy walking on Lake Street. The man was the child's uncle.

A resident of Oakdale Road reported receiving harassing phone calls.

#### Thursday, March 7

A tree limb was said to be blocking the road on Middlesex Avenue.

#### Friday, March 8

A person driving a snowmobile was said to be creating a disturbance on Veranda Avenue. Police did not see anyone on a snow-

mobile, just someone driving a sidewalk plow.

A car reportedly hit a mailbox on Salem Street.

A man reported that his son had been threatened on Cottage Street.

#### Saturday, March 9

A resident of Woburn Street reported seeing someone sitting in a car and she did not think he should be there. The driver of the car had fallen asleep and was waiting for his father.

Six dogs were said to be running loose on Fletcher Lane.

A Jeep truck was reportedly up on an island on Nichols Street. Police saw no sign of the Jeep when they arrived but a street sign was missing.

A resident of Patches Pond Lane reported receiving harassing phone calls.

A man driving a snowmobile on Dexter Street was spoken to by police.

#### Sunday, March 10

A resident of Main Street reported receiving harassing phone calls.

#### Monday, March 11

A resident of Lucaya Circle reported receiving harassing phone calls.

A lost dog was reported on Middlesex Avenue. The dog was later reunited with its owner.

A man was said to be exposing himself and masturbating on High Street. Police increased patrols in that area.

A pocketbook was reported found on Main Street. Thirty dollars was taken from the purse, but everything else was still in it.

A Vermont license plate - 4G562 - was found on Lowell Street.

### Larcenies

#### Monday, March 11

A purse was said to have been stolen from a teacher at the high school.

Four checks and a \$400 leather jacket were reported stolen from a business on Ballardvale Street. The value of the checks is estimated at \$14,000.

### Traffic Accidents

#### Tuesday, March 5

One victim was taken to Winchester Hospital following an accident on Glen Road.

A car was said to have struck a pole on Andover Street. No personal injuries were reported.

A car reportedly hit a tree on West Street. No injuries were reported.

The driver of a car that was said to have hit a tree on West Street suffered no personal injuries.

#### Wednesday, March 6

No injuries were reported following an accident on Main Street.

#### Thursday, March 7

No personal injuries were reported following an accident on Salem Street.

No personal injuries were reported following an accident on Hillside Way.

A noninjury accident was reported on Salem Street.

No one was reported injured following an accident on Lowell Street.

#### Friday, March 8

Property damage only was reported following an accident on Chestnut Street.

One victim was taken to the Lahey Clinic following an accident on West Street.

No injuries were reported following an accident on Cunningham Street.

No personal injuries were reported following an accident on Salem Street.

No injuries were reported following an accident on Salem Street.

#### Saturday, March 9

No injuries were reported after a car skidded into a snow bank on Shawshen Avenue.

No injuries were reported after a car crashed into a tree on Shawshen Avenue.

No personal injuries were reported after a car hit a tree on Salem Street.

No injuries were reported following an accident on Woburn Street.

#### Sunday, March 10

No injuries were reported following an accident on Lowell Street.

No personal injuries were reported following an accident on Great Neck Drive.

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## Backyard birding

### Where are the birds this winter?

by Hugh Wiberg

The most commonly asked bird feeding question this winter is - where are the birds?

Off and on since October, people with feeders in their yards including yours truly, have experienced three or four day periods in which the activity has been almost non-existent. I speculated in an earlier column that this may be because certain hawk species, especially Coopers and Northern Goshawks, are up this winter and a part of their diet, unfortunately, is small birds. When there is a hawk in your neighborhood, the smaller birds will be hiding out in the low shrubbery and conifers. Ernie Dentali of First Street in Wilmington called to report a Coopers hawk in his neighborhood recently, and he noted that for two days his feeders were deserted. I have seen what may be this same hawk here in North Wilmington three times this winter, and each time the smaller birds disappeared for two or three days. So cheer up, if you are noting this same pattern - you are not doing anything wrong. The fact that the chickadees, nuthatches, titmice, finches and other small "regulars" do show up again indicates that they are surviving this harsh, never ending New England winter.

I phoned the Mass. Audubon headquarters in Lincoln last week, to ask if our experience with occasional bird disappearances was unusual around the state. They confirmed my suspicions. Similar inquiries are way up this winter especially in northeastern Massachusetts, and they believe that this is mostly due to a mini population explosion of certain hawk species.

Speaking of "never ending New

England winters," take heart. We are about to see a dramatic weather improvement (meaning little or no more snow and warmer temperatures) based on the earlier than usual return of the male red winged blackbirds. These migrators, along with grackles, invariably show up in these parts 10 to 14 days prior to a real break in the weather. Earliest reports in Wilmington, one by brother Dave on Birchwood Road, are that the first redwings made their appearance on February 26. I'm sure these earliest arrivals must have been scratching their feathered heads on March 7 and 8, when Old Man Winter took his most recent, and hopefully last, swipe at us.

On a stroll through the Ipswich River Wildlife Sanctuary on March 3, I spotted a flock of at least 20 redwings making a racket high up in several large maple trees. The males show up three weeks before the females arrive, to stake out their territories. Watch for a larger invasion of redwing blackbirds and purple grackles in the next week to 10 days.

I had a most interesting call from Jim Parks of Wilmington recently. Jim and his partner run a wildlife photography and hawk and eagle rehabilitation center under the name of "Wingmasters." They do presentations to schools around the state. Jim's special love is owls. Owls used to be fairly common in Wilmington and Tewksbury, but due to housing and commercial development they are rarely seen and heard since the 60's. Jim has asked that anyone seeing or even just hearing an owl call him at 658-2049. He would like to pursue possible photo opportunities.

Other folks heard from in

February and March were Jim Morrissey of Burlington Avenue and Frank Hughes of Royal Street, both of Wilmington. Jim spotted a couple of Evening Grosbeaks in November (the only report I've had this year of this infrequent visitor from Canada) and he reports that a pair of Carolina Wrens have been regular visitors in his yard, along with the regulars.

Frank Hughes has a nice mix of birds this winter (also including a pair of Carolinas) and attributes the 14 species they see regularly to a nice mix of white pines, Canadian hemlocks, spruce, juniper, fruit trees, mountain ash and berry vines, all good food and cover year 'round for birds.

B.D. of Wilmington asked the question - is it a good idea to keep a bird bath in the yard, with heating coils, to provide water for birds? In my experience, the answer is that, although a heated bird bath is not a bad idea, it is not necessary. The birds derive sufficient water from the moisture in the foods they find and from eating snow to carry them through quite nicely. I think of bird baths as being extra entertainment for us, but not really necessary for the birds.

A little mystery I'm pondering these days is - where are the starlings? For two or three weeks, we have not seen them and this is unusual, since we keep two suet feeders well stocked. In that I haven't seen a hawk in the area recently, I'm at a loss to explain this. Mind you, I'm not complaining, just curious. Starlings are not high upon my list of backyard visitors.

Finally, I've had several calls from folks asking where they can purchase my book "Hand Feeding Wild Birds." All of the "Wild Birds Unlimited" stores carry the book. Locally, Wilmington Center News on Main Street and the Wilmington Pet Shop, also on Main Street in Wilmington, have autographed copies in stock.

Once again, I invite your calls, evenings, at 658-5852, to report unusual sightings or to just talk "birds."

## Newhouse candidate for selectman

Michael Newhouse of 5 Broad Street, Wilmington, has announced his candidacy for election to the Board of Selectmen.

Mr. Newhouse is a lifelong resident of Wilmington who currently maintains a law practice in town. He attended Matignon High School and subsequently received a bachelor of arts degree in Government from Harvard University. Prior to being admitted to the Massachusetts Bar in January 1994, he attended Suffolk University Law School. While attending law school he was employed full time as an investigator and assigned to conduct investigations for various state and federal hazardous waste "superfund" sites throughout the United States.

When asked why he decided to run for Selectman, Mr. Newhouse explained, "The Town of Wilmington has provided me with a great number of opportunities. I have been educated in its schools and participated in local athletics. I am now privileged to maintain a law practice in Town. Having enjoyed



the many benefits of this close family community, I would like to make sure these same opportunities are available for others as well." Mr. Newhouse is especially committed to providing the highest levels of safety, education, and recreation for the town's children and to improving the quality of life for Wilmington's seniors. town business and my energy will be spent returning the "public" to public service"

If anyone has any questions for Mr

Newhouse, or would like to discuss any specific issues in greater detail, please contact the Committee to Elect Michael Newhouse at 658-2207.

Mr. Newhouse's focus as a member of the Board of Selectmen, will be to promote and increase community activism and participation in the process of town government. He will ensure that the voice of every resident of Wilmington is heard. He is determined to serve the Town of Wilmington professionally, objectively and independently. As an appointee to the town's Master Plan Advisory Committee, Mr. Newhouse emphasizes the need for long term, comprehensive planning and steady economic growth. He believes that in order to accomplish such long term goals, the members of the Board of Selectmen must set aside personal differences and work together to achieve the best interests of the community. "Personal politics," Mr. Newhouse explains, "should not take priority over effective government. My focus as a member of the Board will be on

## Conference on "college credit" in high school

Educators from secondary schools in about 25 communities in the Merrimack Valley have been invited to a March 27 conference on Tech Prep, a systematic program of study for high school students to receive either college credit or advanced standing at a post secondary school for course work in high school. The Tech Prep Conference takes place from 8 a.m. to 2:30 p.m. at the Ramada Rolling Green in Andover.

"To present information on this great program" to educators from traditional high schools is the purpose of the all-day meeting, notes Don Sheehan, executive director of Merrimack Valley Occupational and Tech Prep Educators Collaborative, conference sponsor.

Sheehan notes the conference offers something for everyone and is designed for "superintendents,

principals, guidance counselors, department heads and other educators interested in preparing students to successfully compete in our global economy."

Those who attend will hear about "Career Markets for the 21st Century," "Tech Prep and School to Work Crossroads," and learn how their schools can become involved. Two less formal "breakout" sessions will offer discussion groups on career development, applied learning, articulation agreements with colleges, business industry connections and Tech Prep/School to Work/Careers.

Registration brochures were sent the last week in February to area high schools. Anyone who did not receive one or needs an additional form can call Sheehan at the MVOTEC office at 508-663-0020 between 8 a.m. and 4 p.m. Cost is

\$20 per person or \$50 for three from the same school.

Tech Prep is a nationwide program begun about five years ago to address the need both to eliminate the general track in high school and give students the necessary technical preparation for the 70 percent of the jobs of the future the Department of Labor says will require more than a high school diploma but less than a four year degree. Programs have been instituted in both technical and traditional high schools, with articulation agreements with postsecondary institutions including two year and four year colleges.

In Massachusetts, Tech Prep is managed by 11 consortia. Shawsheen Tech is a member of MVOTEC, which is housed this year at the school.

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## Stone's in the Garden

by Jackie Leszczak Stone

The reflection of the high March sun off recent snows can be blinding. But if you squint hard enough, you can see hints of spring despite snow cover and subfreezing night time temperatures. Two shrubs, the pussy willow (*Salix discolor* or *Salix caprea*) and vernal witch hazel (*Hamamelis vernalis*), are just coming into bloom.

Pussy willows may not be spectacular plants, but their early bloom (actually soft "catkins") are welcome harbingers of spring. In northern European climates pussy willows have religious significance. Their early blossoms are used in place of palms at Palm Sunday services. For the connoisseur of early blooming shrubs many new varieties are available. One can still enjoy the silky soft paws in

traditional gray or in black and even pink. Best of all these are among the easiest hardiest of shrubs to grow and like most willows will tolerate wet, soggy conditions. And if you would rather not buy a plant, just put those cut stems from the florist in water. In a month or two (after several water changes of course) you will have all the rooted stock you need (just in time to plant outside).

Vernal witch hazel will out bloom the pussy willow any day. It offers tiny yellow or orange blooms in late February or March. (One cultivar, "Christmas Cheer" has been known to flower in the depths of winter.) The flowers are also fragrant and attract the earliest of insects for pollination. This small shrub reaches a height of about 10 feet tall. Like the willows it can tolerate

wet locations, although it is not necessary, and can thrive in sun and partial shade. Although witch hazel blossoms are small the sight of a shrub in bloom against the snow is a late winter wonder.

This is the time of year that my gardening gloves get itchy. I will start most of my seeds indoors later this week and monitor the outside soil temperature as the snow melts. (It will melt, even if my garden needs an electric blanket.) Peas, spinach, radishes and lettuce will be the first seeds planted outside. But at this rate it will be a while before they are planted.

Soil temperature is the key to

planting early crops outdoors. Peas will germinate at soil temperatures above 40°F. But once they get started the seedlings can tolerate nights as low as 25°F. Spinach can be started in outside garden beds when the soil temperature reaches 45°F. And plant lettuce and radish seeds in (at least) 50°F soil.

How can you speed up the process? Well, shoveling the snow off the garden helps, but only if you replace the snow with plastic to insulate the soil and draw in the solar heat. Without plastic the soil may actually cool on cold nights. So for now, despite my urge to dig, I will wait (rather than shovel). I know the wait can't be too long.

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## Bits & pieces

### Birthdays

Kay Graham of Grove Avenue, Wilmington seems to have her March 16 birthday all to herself.

March 17 will mark the special day of Brian Cooper of Starr Avenue, Tewksbury, Chuckie Salvo of Lancaster Drive and Al Fiorenza, Sr. of West Street, Wilmington.

Dave Clark of Cunningham Street, Wilmington, Brenda Twombly of Grove Avenue and Erin Phelan of Boisvert Road, Tewksbury will all turn another page March 18.

Margaret Perry of Pineridge Road, Wilmington, Barbara Sousa of Salem Street and Amy LaCambria of School Street, will share birthday greetings March 20.

Alison Small of Pine Street, Tewksbury seems to have her March 21 birthday all to herself.

Evelyn Profirio of Nickerson Avenue, Wilmington will turn another page March 22.

March 23 will mark the special day of Anthony Krzeminski of Moore Street, Wilmington, Rick Howlett of Lowell Street Park and Tewksbury residents Pamela Barry of Ward Street and Kim Carlson of East Street.

### Anniversaries

Barbara and Paul Carpenter of Birchwood Road, Wilmington will observe their 44th wedding anniversary March 14.

Carmen and Ann Bonarrigo of Marcus Road, Wilmington will mark their 26th wedding anniversary March 15.

Bob and Marie Woodland of High Street, Wilmington will mark their 49th wedding anniversary March 16.

### To enter

To enter an item in Bits & Pieces, call the Town Crier at 658-2346 days and Tuesday nights or 658-2907 other nights and weekends. Ask for BeeDee.

### Honors at UMass

Five Wilmington students have been named to the dean's list at UMass, Amherst for the fall semester.

Julie Gosse, Arlene Avenue; Leah Mazzoni, Molloy Road; Lynnette Thomas, Mink Run Road; Lori Volpe, Andover Street, James Whitebone of Bond Street.

### Honors at the Pingree School

Freshman Heather Marrano and sophomores Richard Marquis and Jeffrey Riese, all of Wilmington have been named to the honor roll for the first semester at the Pingree School, South Hamilton.

The Pingree School, founded in 1961, is an independent coeducational day school enrolling students in grades nine through 12.

### Spaghetti dinner

The public is invited to join the award winning Tewksbury Memorial High School Band for a delicious, homemade spaghetti dinner, scheduled to be served from 4 to 7 p.m., Tuesday, March 19 in the school cafeteria.

Following the dinner, the Chelmsford Community Concert and Tewksbury High School Band will entertain from 7 to 9.

### Cooperative education

Robert S. Magaldi and Erica Solas, both sophomores and both of Wilmington are members of the Cooperative Education program at Merrimack College.

Robert, majoring in electrical engineering, is spending his work semester at PictureTel Corporation in Andover.

Erica, who is an accounting major, is spending her work semester at Keyport Life Insurance Company, Boston.

Merrimack has been placing coop students for more than 20 years, recently expanding the program to include students majoring in the arts and sciences.

### Jeanne Ficociello

Jeanne Ficociello, Class of 1996, daughter of James and Margaret Ficociello of Wilmington, is among the 35 new members recently elected to the Phillips Academy chapter of the Cum Laude Society.

The Cum Laude Society is a national organization devoted to the recognition of academic excellence among secondary schools and the Phillips Academy chapter began in 1906.

### New address for Re/Max

Re/Max Realty Connection has moved to 2500 Main St., Suite 110, Forest Terrace, Tewksbury, MA 01876. Call 508-988-5800 or fax 508-988-0705.

### Tipping the old fedora

A spirited tip of the old fedora should be made in several directions this week, it almost seems that lousy weather has proven that there are still scads of decent people out there.

The first toward four-year-old Kayla Godding of Crescent Street, Wilmington. Monday, Kayla was walking with her mother, Ginger when Ginger slipped on what is termed "black ice" and fell, breaking her leg in two places. Being frightened to tears didn't stop Kayla from doing the right thing; she ran to the nearest house for assistance. There she roused Betty Fournier who made the necessary calls and Mrs. Godding was transported by ambulance to Winchester Hospital where she underwent surgery. She's back home now and very proud of her daughter for "keeping her head" in an emergency situation.

Another toward the mail carrier in east Wilmington who went out of his way on Thursday to deliver a rather large package to a dry spot when he could have simply left it atop the mailbox.

And a double tip toward members of the local highway department who did a great job as usual, while all the time fielding more than a few "ungracious" complaints. Perhaps if the department is ever in need of a morale booster, it should try counting the number of property owners who didn't complain - they're out there!

Another to Wilmington's Animal Control Officer, who certainly conducted herself with "grace under fire" while giving testimony during Monday night's selectmen's meeting.

### Singles Dance

A singles dance sponsored by the Winchester Chapter of the Single Life will be held Friday, March 22 at K of C Hall, Main Street, Tewksbury.

All singles over 21 are invited to attend. Tickets will be available at the door or call 617-444-3227.

### Information night

An information night regarding the Middle School will be held for all Dewing School fifth graders and their parents in the Dewing School cafeteria at 7 p.m., Monday, March 25.

Dr. Rick Hawkins, principal of the John W. Wynn Middle School will serve as guest speaker.

### Jonathan Palumbo

Jonathan Palumbo, a 1994 graduate of Tewksbury Memorial High School, has achieved dean's list status for the fall semester at Franklin Pierce College in Rindge, N.H., where he is a sophomore mass communications major.

Jon was also on the dean's list throughout his freshman year and was named a President's Achievement Scholar in May, 1995. He received the President's Achievement Scholarship for the 1995-96 academic year, in recognition of his academic performance and contributions to the college community.

### Shawsheen Pac

The Shawsheen School Pac will hold its next meeting Thursday, March 14 at 7 p.m. in the school cafeteria.

Ruth Kennedy of WCTV will serve as guest speaker.

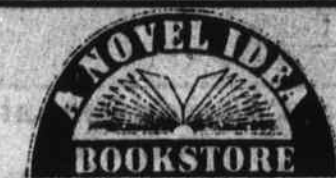
### WHS Science Fair

The public is cordially invited to attend Wilmington High School's (WHS) third annual Science Fair, Thursday, March 21 from 6:30 to 8:30 p.m. in the school gym.

The event offers area residents an opportunity to see how WHS students apply their science education, observe experiments, creative displays and interact with the students and their projects.

### Melissa Barrett

Wilmington resident Melissa Barrett, an officer with the UMass, Lowell Police Department, received a commendation for job excellence at an awards ceremony at the University February 16. Barrett has been with the department for a year.



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## Racing memorabilia store opens in North Wilmington

by Karen Miethe

Gentlemen, start your engines! Owners Don Ahern and Steven and Carol Marden waved the green flag Saturday, March 9 with the grand opening of Victory Lane, a store dedicated to NASCAR auto racing.

"I feel there is a real need for a store like this in this area. You would never know it, but auto racing is the most popular sport in this country," said Ahern.

Steven Marden agreed.

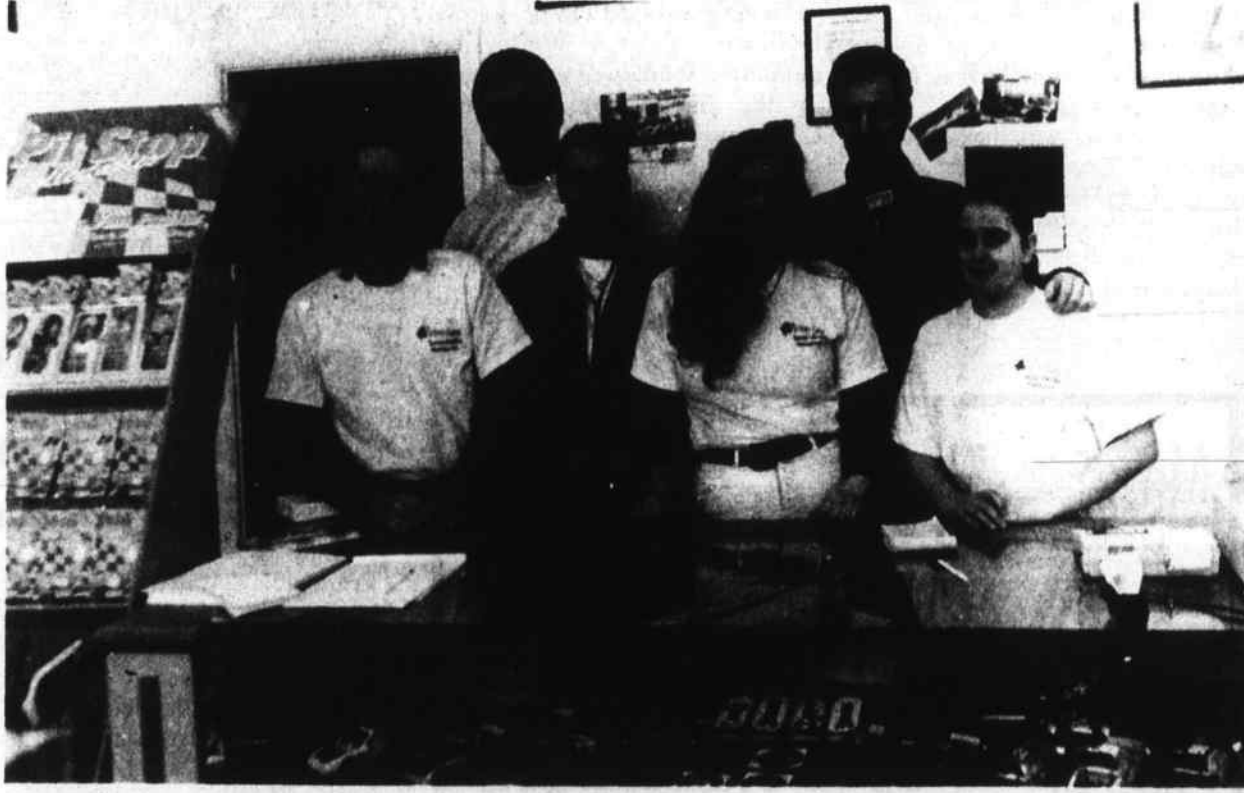
"Last year, auto racing outsold the Celtics, Bruins, Patriots, and Red Sox by two million tickets in New England."

The store offers t-shirts, baseball hats, key rings, banners, model cars ... everything the avid (or budding) NASCAR fan needs to outfit him or herself can be found here.

"We've still got more stock coming in," Carol Marden said. "We couldn't get it all out for today."

On hand to help kick off the grand opening was Matt Scott, 1994's Rookie of the Year - Star Speedway, and the driver of 1995's Best Appearing Car, and his crew chief, Dana Foley. Scott's car is sponsored in part by Victory Lane.

"I've got, by far, the most and best sponsors in my class," Scott said.



From left to right: Steven Marden, Don Ahern, Dana Foley, Carol Marden, Matt Scott and Tia Marden celebrate the opening of Victory Lane on Saturday (photo by Karen Miethe).

The car Scott drives was on display outside so patrons could see up close what a real race car looks like.

Stock cars look similar to regular cars, but their engines are much more powerful.

As well as catering to the NAS-

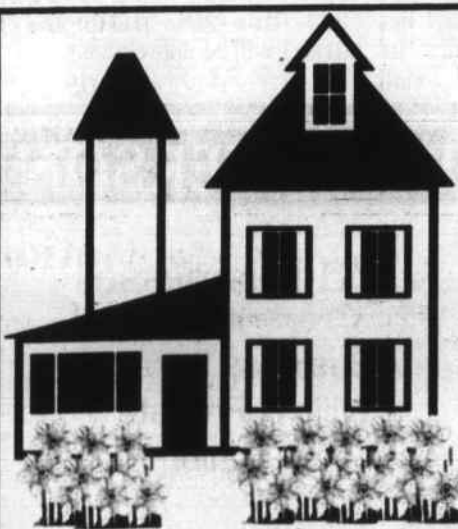
CAR buff, the store offers a newsletter to patrons that gives information on local events and races.

All merchandise in the store is officially licensed by NASCAR.

"I won't buy boot-legged items. Everything we have is authentic,"

Steve Marden said.

The store is located on Middlesex Avenue, by the North Wilmington commuter train stop. Store hours are still being worked out. Right now, the store is open Mon.-Thurs. 10-6, Fri. 10-8, Sat. and Sun. 10-4.



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## Local news

### First Baptist Church of Wilmington

The Rev. Ronald D. Grimley, pastor: 173 Church St., Wilmington; 658-8584.  
**Thurs., March 14:** 7 p.m., Choir rehearsal, Stockade (boys grades 3-6), Battalion (young men grades 7-12).  
**Fri., March 15:** 10:30 a.m., Women's Bible study (WOB); 6:30 p.m., Pioneers (girls grades 1-6).  
**Sat., March 16:** 9:30 p.m., Women's Fellowship (2nd Sat); 1 p.m., Al-Anon; Harrow's chicken pot pie supper; call the church for reservations.  
**Sun., March 17:** 9:30 a.m., Sunday School classes for all ages, adult electives, nursery care provided; 10:45 a.m., Worship service, Junior Church for ages 4-7, nursery care provided; 6 p.m., Junior and Senior High Youth Group (weekly).

### Wilmington United Methodist Church

The Rev. Herb Taylor, pastor, 658-8217; Rob Kirby, assistant pastor, 657-5224. Wilmington's United Methodist Church is accessible to handicapped individuals.  
**Sun., March 17:** 8:15 a.m., Informal communion service; 9:15 a.m., Sunday School and confirmation class; 10:30 a.m., Family worship, child care provided; 4:30 p.m., Junior High UMYF "Murder Mystery"; 6 p.m., Senior High UMYF "Murder Mystery"; 7:30 p.m., Youth leaders meeting; 8 p.m., Al-Anon.  
**Mon., March 18:** 3:45 p.m., Cub Scouts; 6:30 p.m., Cub Scouts; 7 p.m., Beginners Bible study.  
**Tues., March 19:** 2 p.m., Woodbriar Nursing Home Service, led by the Rev. Taylor; 3:15 p.m., Brownies; 7 p.m., Membership Class; 7:15 p.m., Choir rehearsal; 8 p.m., Alcoholics Anonymous; 8:30 p.m., Bell Choir rehearsal.  
**Wed., March 20:** 10 a.m., Bible Study; Noon, Alcoholics Anonymous; 7:30 p.m., Ruth Circle.  
**Thurs., March 21:** 11 a.m., Wilmington Women's Club; 7 p.m., Prayer group at Rob Kirby's; 7:30 p.m., Wilmington Council of Churches at First Baptist, Large size support group; 7:30 p.m., Miriam Circle.  
**Fri., March 22:** 7:30 p.m., Alcoholics Anonymous.  
**Sat., March 23:** 6 p.m., Turkey supper.

### St. Elizabeth's Episcopal Church

Corner of Forest Street and Aldrich Road, Wilmington, 658-2487. The Rev. Deborah Paulsen, vicar. The chapel is accessible to handicapped individuals. Service of the Holy Communion, Sunday School and Crib 'n Crawl Child Care are at 10 a.m. each Sunday with coffee hour immediately following the service.  
**Sunday:** 9 a.m., Choral practice and grades 6-9 Lenten Class; 10 a.m., Holy Communion, Crib 'n Crawl Child Care, Sunday School, coffee hour; 11:15 a.m., Adult Education Class of Fasting; 5 p.m., Evensong with Stone Soup Supper.  
**Monday:** 9 a.m. to noon, office hours.  
**Wednesday:** 9:30 a.m., Bible study; 3:30 p.m., Bible study; 7:30 p.m., Holy Communion; 8:15 p.m., Lenten Bible study, The Book of John.

### First Baptist Church of Tewksbury

The Rev. Richard Haley, 1500 Andover St., (Route 133), No. Andover, 851-6575. Church office hours, 8:30 a.m. to 1:30 p.m., Monday through Friday.  
**Sunday:** 10 a.m., Worship service with nursery care available; fellowship hour follows immediately.  
**Tues:** 7 to 9 p.m., Parent Support Adult Group.  
**Wed:** noon, lunch; 7:30 choir.  
**Thurs.,** 7 p.m., pack meeting.  
**Fri:** No Scouts

### Congregational Church in Wilmington

The Rev. Thomas F. Dean, pastor: 220 Middlesex Avenue.  
**Sun., March 17:** 9:30 a.m., Sunday School for all ages; 9:45 a.m., Choir rehearsal; 10:30 a.m., Worship service with Holy Communion and child care provided followed by coffee hour; 6:30 p.m., Youth group.  
**Mon., March 18:** 7 p.m., New England Brass Band rehearsal; 7:30 p.m., Women's Prayer & Praise.  
**Tues., March 19:** 6:30 a.m., Morning prayer; 10 a.m., Bible study; 2 p.m., Woodbriar Nursing Home worship service; 7 p.m., Boy Scouts; 7:30 p.m., Diaconate meeting.  
**Wed., March 20:** 4 p.m., Cub Scouts; 7 p.m., Choir rehearsal.  
**Thurs., March 21:** 6:15 p.m., Handbell Choir rehearsal; 8 p.m., Narcotics Anonymous.

### St. Dorothy's Church

Wilmington, South Tewksbury. The Rev. Rickard O'Donovan, pastor; the Rev. Michael J. Harkins, parochial vicar; the Rev. John Harrington, visitor, 658-3550.  
**Masses:** Sunday, 7:30, 9:30 and 11:30 a.m. (Saturday Vigil at 4 p.m.); daily at 8:30 a.m.  
**Confessions:** are heard Saturday at 3:15 p.m. or by appointment.  
**Baptisms:** Every Sunday by appointment.  
**Marriages:** Couple must meet with a priest at least six months before wedding date

### St. William's Church

Conducted by the Oblate Fathers, 1268 Main St., Suite #161, Tewksbury, Rectory phone: 851-7331; Religious Education Center: 851-3471.  
**Mass schedule:** Saturday, 4 p.m. and 7 p.m.; Sunday, 7:30 a.m., 9 a.m., 10:30 a.m., noon, and 5 p.m.  
**Confessions:** Saturdays and eve of holy days, 3 to 3:45 p.m., anytime at the rectory; First Friday before each mass.

### Tewksbury United Methodist Church

Tewksbury United Methodist Church at 2335 Main St., Tewksbury, MA.; the Rev. Susan G. Curtis, pastor; Bill Williams, organist; Claire Johnson, secretary. The following is the service scheduled:

**Sun., March 17:** 10:00 a.m. Worship Service, 10:00 a.m. Sunday School; 11:15 a.m., Jr. Choir rehearsal; 6 to 8 p.m., Youth Group; 11:30 a.m., A corned beef and cabbage dinner served in Fellowship Hall. Call 658-9551.  
**Mon., March 18:** 7:30 Confirmation class.  
**Tues., March 19:** 7:30 p.m., Administrative Board meeting.  
**Wed., March 20:** 9:30 a.m., Mothers/Toddlers; 10 a.m., Martha-Mary Circle; 7:30 p.m., Senior Choir rehearsal.  
**Thurs., March 21:** 7:30 p.m., Inquirer's Class.  
**Office hours:** are Monday through Friday, 9 a.m. to noon.

### Wilmington Baptist Fellowship

"Our home is in the Lord!"  
 Wilmington Baptist Fellowship is a new Southern Baptist church led by Daryn and Robyn Marsh of 51 Adams St., Wilmington. This new church is currently holding a weekly Bible study on Wednesdays from 7 to 9 p.m. at 51 Adams St., Wilmington.  
 If you have any questions in regard to our study or the Southern Baptist's basic beliefs, call us at 508-658-1588.  
 If we are unavailable at the time of your call, please leave a message and we will gladly return your call.  
**Wed., March 20:** Governor Felix: Saying "Wait" to God.  
**Wed., March 27:** Philemon: Bridging Barriers to Brotherhood.  
**Wed., April 3:** A Prison Guard: Getting Free from Internal Prisons.

## Obituaries

### Florence E. Bertwell life long resident of Wilmington

Florence E. (Rooney) Bertwell, 87, a life long resident of Wilmington died March 11, 1996 at Winchester Hospital after a brief illness.

Mrs. Bertwell is survived by her husband Samuel L. Bertwell, and she was the mother of Robert W. and his wife Pauline, Barbara J. Buck and Elaine S. Bertwell, all of Wilmington; grandmother of Richard Buck and his wife Jeanne, James Buck and his wife Diane, William Bertwell, Nancy Clancy and her husband James, all of Wilmington. Seven great-grandchildren also survive.

Mrs. Bertwell was the sister of Avis Cullen of Winchester, John Rooney of Woburn, Edward Rooney of Wilmington, Jerome Rooney of Tuftonboro, N.H. and the late Lillian Dover and Walter

Rooney.

Mrs. Bertwell was a 50 year member of the Rebeccas, the L.B.S. of the Wilmington Congregational Church, Wilmington Senior Citizens and Acacia Chapter of O.E.S.

Memorial services will be held at the Wilmington Congregational Church Thursday at 11 a.m. with the Rev. Tom Dean officiating. Visiting hours will be held at the Nichols Funeral Home, 187 Middlesex Ave. (Rt. 62) Wilmington Wednesday from 2 to 4 and from 7 to 9 p.m.

Contributions made in her memory to the Bertwell-Buck Trust Fund c/o the Wilmington Congregational Church, 220 Middlesex Ave., Wilmington, MA 01887, or to the charity of one's choice will be appreciated.

### Patrick L. Bonnell retired medical test technician

Patrick L. Bonnell, 72, of Wilmington, died March 5, 1996 at his residence.

Born in Canada, he was the son of the late Walter L. and the late Marie (Burden) Bonnell. He lived in Somerville prior to moving to Wilmington 42 years ago. Until retirement he was employed as a medical test technician for Hewlett-Packard.

Mr. Bonnell is survived by his wife Henrietta I. (Lively); and his children Patrick S. of Deerfield, N.H., Kathi Vacca of Stoneham, Keith of Manchester, N.H., Gary of

New Market, N.H., Edward of Lowell, Susan Rayner of Billerica, Sandra Lunt of Wilmington and John C. of Tewksbury. Twenty-four grandchildren and two great-grandchildren also survive.

Mr. Bonnell was also the father of the late Kenneth of Wilmington.

Arrangements were under the direction of W.S. Cavanaugh & Son Funeral Home, 374 Main St. (Rt. 38), Wilmington.

Donations made in his memory to the American Heart Association, 20 Speen St., Framingham, MA 01701 will be appreciated.

### Ruth E. Bouvier 42 years in Wilmington

Ruth E. (Beliveau) Bouvier, 75, of Wilmington, died March 11, 1996 at the Boston Regional Medical Center in Stoneham.

Born in Somerville, the daughter of the late John J. and the late Mary (O'Malley) Beliveau. She lived in Somerville prior to moving to Wilmington 42 years ago and had been an active member of the Wilmington Senior Citizens for 10 years.

Mrs. Bouvier was the widow of Lindsay "John" Bouvier and is survived by her children, Sandra Bloom of Hyde Park, N.Y., Ronald Bouvier of Shepherd, MI, Michelle Dickeson of Tewksbury and Mark

F. Bouvier of Tewksbury; her sisters Frances Murphy of Malden and Marion Murphy of Billerica; her brothers John Beliveau of Dorchester and Paul H. Beliveau of Bremerton, WA. Ten grandchildren and two great-grandchildren also survive.

Her funeral mass was held at St. Dorothy's Church Wednesday morning at 9 followed by interment in the family lot, Wildwood Cemetery.

Memorials in her name may be made to the charity of one's choice. Arrangements were under the direction of the W.S. Cavanaugh & Son Funeral Home, Wilmington.

### Augustus Detato formerly of Wilmington

Augustus "Gus" Detato of Wakefield, formerly of Wilmington, died March 1, 1996 at the Faulkner Hospital in Jamaica Plain. He was 59.

Mr. Detato graduated from Wilmington High School with the Class of 1954 and enlisted in the U.S. Air Force where he served for four years. He was a self employed general contractor in the Wakefield area and was very active with the Wakefield Youth Hockey program, serving as past president and coach.

He was the son of the late Augustus and Lillian (Cluney) Detato and the husband of Carolyn (Betts) Detato; father of Robert Detato of Wakefield and Mrs. Michael (Janet)

lerardi of Topsfield; brother of Karl Detato of Bradford and Richard Detato of Malden.

Grandchildren Kenneth and Carolyn also survive.

A memorial service was held in the First Parish Congregational Church in Wakefield. Arrangements were under the direction of the Butler Funeral Home of Wakefield.

Donations made in his memory to the Faulkner Hospital Dept. of Nursing, Philanthropy Dept., 1153 Center St., Jamaica Plain, 02130 or to the Home for Little Wanderers, 20 Linden St., Boston 02134 will be appreciated.

### Esther C. Hall 25 years as Wilmington's Librarian

Esther C. Hall, 77, of Denmark, Maine, died Thursday, March 7, 1996 at the Bridgton Health Care Center following a long illness.

Born in Andover, Mass., she was the daughter of Howard and Emma Boutwell Cates. She attended Wilmington, Mass. schools and graduated from Simmons College at the age of 19. She worked for over 25 years as the librarian for the Town of Wilmington and for the Wilmington School Dept. She moved to Denmark in 1975 and worked for the Bridgton Library.

Mrs. Hall is survived by two sons,

Mark W. Hall of Deerfield, N.H., Clifford H. Hall of Fryeburg, Maine; three daughters, Mrs. David (Nancy) Bull of Hanover, Mrs. Frederick (Susan) Fisher of Lawrence, Deborah Shanteler of North Reading; one sister, June Coombs of Wilmington and six grandchildren.

A graveside service will be held at 1 p.m., April 13 at Spring Grove Cemetery in Andover, Mass.

Arrangements are under the direction of the Wood Funeral Home of Fryeburg.

### Jeffrey Allen Kloetzer at five, by accident

Jeffrey Allen Kloetzer, age 5, died Sunday evening, March 10, 1996 from injuries sustained in a house fire at the Dudley Street home of his grandfather in Tewksbury.

Born in Winchester, November 6, 1990, he was the son of Christine M. (Riccio) Kloetzer of Lowell and Mark A. Kloetzer, also of Lowell. He was currently enrolled in a K-1 class at the LeBlanc Elementary School in Lowell.

In addition to his parents, he is survived by two brothers, Mark A. Kloetzer, Jr. and Kenneth C. Kloetzer both of Lowell; maternal grandmother, Mary (Campagna) Goveia of Lowell, maternal grandfathers Henry Goveia of Tewksbury and Albert Riccio of Cambridge, paternal grandparents, Cindy (McGregor) Emmons of

Lowell and Kenneth Kloetzer of Flushing, N.Y.; maternal great grandmothers, Mary (Kuchinsky) Campagna of Somerville and Della (Picanso) Goveia of Burlington; paternal great-grandmother Elise O'Malley of Flushing, N.Y., and numerous aunts, uncles and cousins.

His funeral will be held Thursday at 9 a.m. from the Tewksbury Funeral Home, corner of Dewey and Main Streets (Rt. 38) Tewksbury Center followed by a funeral mass at 10 a.m. in St. William's Church 1351 Main St. Tewksbury. Burial will be in Tewksbury Cemetery.

Memorial contributions to St. Jude's Children's Hospital, Att. Memorial Program, P.O. Box 1000, Memphis, TN. 38148-0552 will be appreciated.

### Frederick W. Mariano retired Chelsea Naval Shipyard electrician

Frederick William "Fred" Marino, 75, died unexpectedly Thursday, March 7, 1996 at Saints Memorial Medical Center in Lowell. He was the widower of Nancy Ann (Vadala) Marino, who died September 17, 1992.

Born and raised in Dedham, he was the son of the late Frank and Amelia (DiPasquo) Mariano. He lived in Tewksbury for over 30 years.

He was a disabled American veteran, having served as an Army paratrooper during World War Two and was retired from the Boston Naval Ship Yard, Chelsea where he was an electrician.

Mr. Mariano was a communicant of St. William's Church.

He is survived by two daughters and sons-in-law, Gail M. and her husband Lawrence Cormier of N.H., and Diane M. and her husband

Raymond Voigt formerly of Brookline; three grandchildren, Tiffany and Courtney Cormier and Adam Voigt; six sisters, Rose and Suzanne Mariano both of Dedham, Angelina Petrozzi and Carmela "Nellie" Connare both of Norwood, Florence Edwards of No. Carolina, Adeline Romano of Newton; one brother Angelo Mariano of Hudson and numerous nieces and nephews.

He was also brother of the late Gerald Mariano.

Funeral services were held at 9 a.m. Tuesday from the Tewksbury Funeral Home followed by a funeral mass at 10 a.m. in St. William's Church. Burial was in St. Mary's Cemetery, No. Tewksbury.

Donations made in his memory to the American Lung Association, P.O. Box 265, Burlington, MA 01803 will be appreciated.

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## Tewksbury date book

- Thurs., March 14:** 10 a.m., Registration begins for Patten Lib preschool story hour program. Call 640-4490.
- Thurs., Mar. 14:** 7 p.m., Dewing PAC meeting will be held in the Dewing School Library.
- Thurs., March 14:** 7:30 p.m., Rep. Miceli office hours in Tewks. Town Hall auditorium.
- Fri., March 15:** 8 p.m., St. Patrick's Day Dance for singles at K of C Hall, Rt. 38, Tewksbury. Call 851-0346.
- Sat., March 16:** 10 a.m. to 2 p.m., have pictures taken with the Easter Bunny at Minute Photo, 2144 Main St., Tewksbury. Call 658-5556. Proceeds go to Tewks. Playground Improvement Program.
- Sun., March 17:** Corned beef and cabbage dinner in Fellowship Hall, Tewks. United Methodist Church. Public invited. Call 658-9551.
- Mon., March 18:** 7 to 9 p.m., Pre-adoptive parenting session at Baldwin Park II, 7 Alfred St., Woburn.
- Tues., March 19:** 4 to 7 p.m., Spaghetti supper at TMHS will be followed by Chelms. Comm. Concert and TMHS band entertaining. Call 851-0147.
- Tues., March 19:** 6 to 7 p.m., Sen. O'Brien office hours at Tewksbury Town hall.
- Tues., March 19:** 7 p.m., at Tewks. Congregational Church, second session with Merrimack

- Valley Chapter Embroiderers' Guild of America. Call 508-458-6183.
- Wed., March 20:** 10 a.m., Depression Workshop meets at Senior Center, 1126 Chandler St.
- Thurs., March 21:** 10 to 11 a.m., Patten Lib preschool story hours begin. Call 640-4490.
- Fri., March 22:** 8 p.m. to midnight, Singles Dance at K of C Hall, Rt. 38. Call 617-397-9443.
- Mon., March 25:** 7 p.m., Information night for all Dewing fifth graders and parents in the Dewing School cafeteria.
- Tues., March 26:** 9:30 to 11 a.m. and 7:30 to 9 p.m., Rep. Miceli office hours at Tewks. Town Hall.
- Wed., March 27:** 10 a.m., Depression Workshop meets at Senior Center, 1126 Chandler St.
- Sat., April 6:** Last day to purchase tickets to TMHS Athletic Hall of Fame Banquet. Call 851-6796.
- Fri., April 12:** TMHS Athletic Hall of Fame banquet and induction ceremony at Germano's. Call 851-6796.
- Sun., April 14:** 7:30 to 11 a.m., Sunday breakfast benefit at Tewks. Senior Center, 175 Chandler St. Call: 508-640-4482.
- Sat., April 20:** Spring flea market at Tewks. Senior Center, 175 Chandler Street. Call 640-4482.
- Tues., April 30:** Last day to apply to participate in the Memorial Day Parade and celebration. Call 640-1135.

## Wilmington date book

- March 12-May 2:** 9:30 and 10:30, Session II of Fitness After 50 begins at Win. Hosp. Fam. Med. Cntr., 500 Salem St. Call 617-756-4700.
- March 12-May 2:** Tues and Thurs., 5:30 to 6:15 p.m., Low Impact Aerobics classes at Win. Hosp. Fam. Med. Cntr., 500 Salem St., Wilmington. Call 617-756-4700.
- March 12-May 2:** Tues and Thurs., 6:15 to 7 p.m. Strength training at Win. Hosp. Family Med. Cntr., 500 Salem St. Call 617-756-4700.
- Thurs., March 14:** 7 p.m., Shawheen School PAC meets in the school cafeteria. Ruth Kennedy, guest speaker.
- Fri., March 15:** 7 to 10 p.m., Glen Road Youth Comm. sponsored dance at the North Intermediate School. Sixth, seventh and eighth graders welcome.
- Thurs., March 21:** 6:30 to 8:30 p.m., annual WHS Science Fair in the gym. Public invited.
- Fri., March 15:** Non-Chamber of Commerce members register by this date and receive a 50 percent discount on Expo (Apr. 11) booth fees. Call 657-7211.
- Tues., March 19:** 7 p.m., at Town Hall Auditorium; public hearing on planning board rezoning articles for upcoming annual Town Meeting.

## Area date book

- Every Friday:** Red Hot Squares lessons, 7 to 8:30 p.m. at Burlington Human Services Center, Center St., Burlington. Call 508-667-1339 for more information.
- Through March:** Boston Reg. Med. Cntr., 5 Woodland Rd., Stoneham cholesterol check, personal blood fat profile. Call 617-979-7057.
- Thurs., March 14 and 21:** 6 to 10 p.m., Infant and Child CPR at Woburn Y, Lexington St., Woburn. Call 617-756-4700.
- Fri., March 15:** 7:30 p.m., Country Western Dance at No. Reading Moose Lodge, 140 North St. Call 508-664-8561.
- Sat., March 16:** 10 a.m. to 3 p.m., Art on the Move at Creative Arts, 25 Woburn St., Reading.
- Thurs., March 16 and 23:** 9:30 a.m. to 12:30 p.m., "Polished and Poised" Etiquette class at Win. Hosp. Baldwin Park II, 7 Alfred St., Woburn. Call 617-756-4700.
- Sun., March 17:** Noon to 4 p.m., New Eng. Inst. of Tech registration for spring classes. Call 1-800-736-7744.
- Mon., March 18:** 2 to 7 p.m., Hospice Information Session at 41 Montvale Ave., Stoneham. Call 617-279-4100.
- Tues., March 19:** 3 to 5 p.m., Managed Medicare lecture at Lahey Hitchcock Medical Cntr., 41 Mall Rd., Burlington.
- Wed., March 20:** Infant/child first aid class at Baldwin Park II, 7 Alfred St., Woburn. Call 617-756-4700.

- Thurs., March 21:** 7 p.m., Merimack Valley Quilters meet at 8 Atkinson Rd., Plaistow, N.H. Call 508-970-1326.
- Weds., Mar 20-Apr. 24:** 1 to 3 p.m., at the Center, 49 Pleasant St., Reading, Arthritis Self-help course. Call 617-942-9056.
- Mons. March 25-May 13:** 5 to 6 p.m., Tai Chi offered at Win. Hosp. Fam. Med. Cntr., 500 Salem Street; 617-756-4700.
- Wed., March 27:** 7:30 p.m. to 12:30 a.m., Jewish Singles Dance (ages 40 and over) "Parties before Passover" presented by Chai Productions at Club Hollywood, Holiday, Inn, Dedham. Call 508-443-7834.
- Thurs., March 28:** Bos. Reg. Med. Cntr., 5 Woodland Rd., Stoneham, "The New Senior Health Plans...Are They Right for You?" Free program from 9 to 11 a.m.
- Fri., March 29:** Make a Bid to Support a Kid Auction at Billerica Elks Lodge, Campbell Road. Call 508-667-2193.
- Sat., March 30:** 8 p.m., "An Evening of Comedy: at 99 Crystal St., Malden. Call 617-322-8377.
- Tues., April 2:** 7:30 to 9:30 p.m., Reading Chapter 766 Parent Advisory Council Resource Fair for Individuals with Special Needs at Reading Memorial High School Gym, 62 Oakland Rd., Reading. Call 944-3284.
- Sat., April 6:** 6:30 p.m., Country Western Dance Fling at No. Reading Moose Lodge, 140 North Street. Call 508-772-2195.

## Floor cloth demonstration

Do you know what a floor cloth is?

Floor cloths were used in 18th century England and subsequently in colonial Williamsburg. They were floor coverings before the advent of linoleum, presumably used by those who could not afford costly rugs or carpets.

This historical craft will be discussed and demonstrated by Betsy Grecoe on Sunday, March 24 at 2 p.m. at the Arts Center, Middlesex Avenue. Grecoe has been involved in historical crafts for a number of years.

Present day craftsmen continue to employ this art in both floor coverings and wall hangings. For those who cannot afford costly Orientals painted floor coverings are a happy replacement. A single piece can take as many as 200 hours over a three month period. Even then these hand painted works of art are not cheap; they can sell from \$350 to \$1,500.

The public is most welcome to this Sunday afternoon demonstration. There is no fee, and the center is handicap accessible.

## Irish folk music concert

The Friends of the Reading Public Library will present Matt Clancy, tenor and James Busby, accompanist in concert on Saturday, March 16 (snow date March 23) at 8 p.m. in the Reading Public Library, 64 Middlesex Avenue. The program will consist of Irish folk music and folk lore from poet Thomas Moore. Mr. Clancy will share Irish stories and tales along with musical selections.

Matt Clancy started his musical career at the age of five, when he began singing and touring with his parents and 11 siblings, performing programs of Irish music. He has recreated the "Clancy Family Singers" with four of his siblings, touring the east coast with Irish

comedian Hal Roach. Mr. Clancy is a free lance vocalist, with a repertoire of Broadway tunes, ballads and light opera.

James Busby, a graduate of New England Conservatory has performed throughout the United States, England, Germany and Switzerland. Career highlights have included an appearance on "Voice of America." He has been a pianist and coach for both Boston Opera Company and Newport Opera Co. Mr. Busby continues to coach and teach singers from his Boston studio and to perform throughout the New England area.

The concert is free of charge and open to the public. Call 617-944-2017.

## Town to toast Taddy

Tewksbury's official town historian, Francis "Taddy" Brown, is the guest of honor, of sorts, at this year's annual St. Patrick's Day party.

Brown will be "honored" -- read "roasted" -- at the Tewksbury VFW on St. Mary's Road on Sunday, March 17, starting at 4 p.m. Tickets are \$10 each at the door. At the very least, mention will surely be made of Brown's "monument" at

the intersection of Pleasant Street and Whipple Road.

Guests will be treated to a dinner of corned beef and cabbage.

Proceeds from the event benefit Tewksbury's Playground Improvement Project and the Tewksbury Historical Society.

## Etiquette classes for young people

"Polished and Poised" is a class that teaches young people the basic principles of manners, social graces and how to manage difficult situations. It includes learning how to properly set a table, teaching appropriate dinner manners and conversation, and writing letters, invitations and thank you notes.

The next class dates are Sat., March 16 and Sat., March 23 from 9:30 a.m. to 12:30 p.m. at Winchester Hospital's Baldwin Park II located at 7 Alfred St., Woburn. Call 617-756-4700 for more information.



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I've received correspondence from several concerned citizens. I encourage you to continue writing. I can be reached at any one of the following:

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Allyson Misenti was taken to Lahey Clinic after her car skidded into the front of a big truck on West St on Friday. This accident was one of five, but the only one involving injury during the last storm.

## Wilmington library notes

**Bookends:** The March meeting of Bookends, the lively adult book discussion group which meets the first Thursday of the month, was snowed out on March 7. It has been rescheduled for Thursday, March 14 at 7 p.m. Copies of April's book, A Yellow Raft in Blue Water by Michael Dorris, are available at the library now.

### National Library Week, April

National Library Week coincides with spring vacation week again this year. The library will be closed Monday, April 15 in observance of Patriot's Day. Look for announcements later this month of

special Library Week events being planned by Memorial Library for the week of April 15.

### Magazine area - a new look

The low, round magazine table formerly located in the periodical section has been returned to its original spot in the center, surrounded by comfortable lounge chairs. The newspaper rack has been relocated in the corner to the left as one enters the magazine area. To the right new magazines for YA readers are arranged on the wooden shelf opposite the newspaper rack.

### New signs

"Please, no food or drink in the library" signs have been posted where it is hoped that they will be readily seen. New signs with library hours clearly stated have been posted on the front and rear entrance doors. A reminder to all that the library is open Monday through Saturday from 8 a.m. to 5 p.m. (except summer Saturdays) and Tuesday and Thursday evenings from 5 to 9. Many thanks to all who paid attention to the "Please wipe your feet" sign posted at the back entrance. It has made a huge difference in the amount of sand tracked into the library during this snowy, record breaking winter.

### Winslow Homer Book and Museum pass

One of the handsomest book of the season, and a timely acquisition, is Winslow Homer by Nicolai Cikovsky, Jr. and Franklin Kelly. Purchased with gifts made to the library's Memorial Gift Fund in memory of Dorothy V. Cole, it was published by the National Gallery of Art in connection with the Homer exhibit now on view at the Museum of Fine Arts.

The exhibit has been in Washington at the National Gallery and will move to the Metropolitan Museum after its stay in Boston. Not all works are included by each museum hosting the show. This magnificent new art book notes which items are on view at the three different locations. The library has a membership in the Boston Museum of Fine Arts, thanks to the Wilmington Council on the Arts. Those planning to go to the exhibit may want to check this new book out both before and after visiting the museum. Other books on Winslow Homer in the library's collection include Winslow Homer Watercolors, The World of Winslow Homer, and Winslow Homer: a Portrait.

### New books in the library

**Children's fiction:** Outcast of Redwall by Brian Jacques, The Big Bike Race by Jane Bledsoe.

**Children's biographies:** Patriek Ewing by Paul Wiener, Shaquille O'Neal by Tim Ungs.

**Adult fiction:** The Two Georges by Richard Dreyfuss and Harry Turtledove, The Enemy Within by Larry Bond, Romeo by Elise Title, First Cases: the Private Eyes edited by Robert J. Randisi, Flesh Wounds by Stephen Greenleaf.

**Adult nonfiction:** Graham Kerr's Best: A low fat, heart healthy cookbook by Graham Kerr, Good News about Blood Pressure by Thomas Pickering, M.D., Breaking the News: How the Media Undermine American Democracy by James M. Fallows; The Male Stress Syndrome: How to Recognize and Live with it by Georgia Witkin-Lanoil, Burpee Complete Gardener: a Comprehensive up to date, fully illustrated reference for gardeners at all levels by Maureen Heffernan and others.



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# Wilmington Sports

## Town Crier

U-Lowell Hockey .....	16
MLB Preview - Part I .....	18
Outdoors Column .....	19

## Young takes track show to a national forum

by James Pote

This past Sunday really showed just what kind of an athlete Wilmington High School senior Greg Young is.

Even though he was very disappointed with his eighth place finish in the National Track and Field Championships that took place at the Reggie Lewis Athletic Facility in Roxbury on Sunday, Young still was among the best in the entire nation in his second event.

Earlier this winter track season, Young broke many records which include having the top two times in the country and the best all-time time in New England in the 600 meter dash. This past week he had to decide whether to compete with the best in the country in the Nationals in the 800 or to compete in the 800 in the New England Meet, which he probably would have won easily. Young chose to compete with the best. Both meets though didn't have the 600 meter dash.

As Young took his stance at the starting line at the Nationals, he was up against the top runners from Washington, New Jersey, Pennsylvania and Virginia to name a few and that didn't include the two-time National Champion Mike Granville of Bell Garden, California.

Young knew before hand that it would be tough to compete in the 800 since the Nationals didn't have his race and he also knew he was going up against some very good runners.

After the gun went off, Young in the second lane, dashed off quickly. He cruised around the first of four laps in second place, trailing Granville. That same scenario followed after the second and third laps as he was just a few feet behind the leader. Going into the last lap with about 100 meters left, Young ran out of gas and he finished in eighth place - just four-and-half seconds off first place and 74 hundredths of a second off of fourth place. It was obvious that he was a much better 600 meter runner than an 800 meter runner.

"The final stretch I just started counting the people who kept passing me," joked Young.

"I wasn't prepared going in. I knew it would be tough to run in the 800, but I wanted to run in the Nationals. I was ranked second going in and I thought I could have done a lot better. I'm not happy, but at least I can say that I ran in the Nationals. It was a great experience," Young summed-up.

Young finished the race with his personal best time of 1:55:88 in the 800. Granville once again was the champ with a time of 1:51.26.

"I know I can run with [Granville] in the 600, just not on the 800," Young said.

The Nationals had the 200, 400 and 800 meter runs, just not his favorite event of the 600. "I think they said, 'alright now, let's take out Greg's event,'" Young chuckled. "They did that I guess to cut down on the length of time in all of the events."

After the race, Young sat in a chair, with his face buried in his hands as if his best friend had died. He still wasn't happy on Monday.

Perhaps if Young is disappointed with the way he finished, he should look back at what he accomplished over this season and think about it for a minute - he broke numerous personal, meet, league and nation records and he took eighth place in the Nationals in his second event.

Is that something to be ashamed about?

"I'm proud of everything I have accomplished up 'til the Nationals," Young said.

Perhaps down the road sometime, he will realize just what he has accomplished as a teenager. And on

top of that, he represented himself, his family, his coaches, his teammates and his community as one of the top runners in the entire country. The road to olympics possibly awaits, one should not be so cruel to himself.



After his first lap, Young cruises around in second place. (photo by Jeff Nazzaro).



At the finish line, Young displays his disappointment with his eighth place finish. (photo by Jeff Nazzaro).

## Face-off Club holds comedy-dinner

The Face-off Club, a group of parents and supporters who have helped the Wilmington High School hockey team with fundraisers for the past few years, will be putting on a comedy-dinner night to help the team raise the proper money they need for next season.

On Saturday, March 30th, a "Godfather Anniversary Night"

will be put on at the Fez Room at the Shriner's Auditorium in Wilmington at 7:15. Tickets are \$35.00 per ticket and can be purchased by calling either Linda Abbott at 658-8328 or Janice Gennetti at 657-7266.

The dinner will be catered by Matt DePasquale of Rocco's.

## Eric Swiezynski takes crown

Eric Swiezynski represented Wilmington's Fr. Croke Council K of C in the Regional Free Throw Championship recently held at Lynn Technical High School.

He faced some stiff competition in the 12-year-old bracket but emerged as the champ after he shot an

outstanding score of 24 free throws on 25 attempts.

He now advances to the State Championship to be held in Pittsfield March 20. Congratulations to Eric on a job well done and we wish you the best in the States.



## 3-on-3 hoop tournaments

The YMCA's of Reading and Wakefield have announced that they have openings for the Spring 1 Streetball basketball tournament. Only basketball players from Wilmington, Reading, Wakefield, North Reading, Lynnfield, Stoneham and Melrose will be allowed in the tourney which starts this weekend and lasting until May 5th.

This tournament is 3 on 3 basketball played at Wakefield YMCA three-quarter court. Teams are made up by the players, giving their chances to play with friends and teammates. The League is run by captains and is supervised by the Y staff. Games are also monitored by the Y staff.

Divisions are broken into age and ability. They age limits range from 11-19. The league games will start this weekend with a few scrimmage games already taken place. Space is very limited so sign-up as early as possible. Teams are made up of five players, preferably six though. The cost is \$20.00 per player for members and \$40.00 for the General Public. There will be an additional charge of \$7.50 for those teams who need shirts. Individuals can sign-up and if possible be placed on a team.

For more information, call Billy Post at (617) 245-YMCA.

\*\*\*\*\*

There will also be a 3-on-3 tournament played at Tewksbury.

High School starting this Thursday and Friday. This tournament is open to anyone from anywhere including Wilmington. Thus far, there are anywhere between 10-15 teams in each of the age groups (between 7th to 12th graders). However, teams must register at least the night before their game.

Each team must have between 3-5 players on the team. The cost will

be \$5 per player. The tournament is double elimination. The 11th and 12th grade boys and girls teams will begin play this Thursday at TMHS starting from 5:30-9:00. The 7th and 8th grade boys and girls will play Friday at the same time. The following Friday, March 22 will be the boys and girls 9th and 10th graders.

For more information, call Donna Rafferty at 454-1938.

## Soccer coaching courses

### Soccer coaches license course

The Wilmington Youth Soccer Association will be offering two MYSA License Coaching Courses this spring.

The first course is an eight hour "F" License Course to be held Saturday, March 30 at the Shawsheen School from 8 a.m. to 5 p.m. The cost of the course is \$20.

The second course is a four hour "G" License Course to be held Saturday, April 6 at the Shawsheen School from 8 a.m. to noon. The cost for the "G" License is \$5.

These courses are for any soccer coaches interested in improving their coaching skill and receiving more training. Space is limited in

both cases. Anyone interested in attending should contact Leo Figueiredo at 657-6123 for more information and to register.

### Intown soccer referee clinic

Wilmington Youth Soccer will be holding a short referee clinic for any Wilmington Youth Soccer players in the fourth grade or above interested in refereeing spring in-town games this year.

The course will be held Saturday March 30 in the Shawsheen School cafeteria from 10 a.m. to noon. If you did not referee in the fall, you must attend this clinic to be considered to referee. The spring season will begin Saturday, April 13 and will run for nine weeks.

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U-Lowell goaltender Martin Fillion makes one of his great saves from this past weekend's victory over Northeastern in Hockey East playoff action. (Photo by Jeff Nazzaro).

## Mite B's blanked by Woburn

**Woburn 4 Wilmington 0**  
On Saturday evening the Wilmington Mite B youth hockey team faced off against Woburn and despite the Cats playing great back-and-forth hockey, they were shut out 4-0.

In the cage for the Cats was David Griffin. David played a fantastic game with some outstanding saves including one glove save that brought the crowd to its feet.

The offense of Scott Dunnett, Donny Heenan, Mike Welch, Jay Surianello, Timmy Anderson, Jimmy Fitzpatrick, James Riopelle, Scott Sferrazza and Bobby Sinopoli came up against a very defensive minded Woburn team who did not

give them many opportunities to get at their goalie.

Defensively Joe Pino, George Dighton, Jennifer Corcoran and Warren Fitzpatrick played strong, but Woburn did manage to get four by. Congratulations to rookie goalie David Griffin for an outstanding first game in net.

**Winchester 8 Wilmington 6**  
Sunday morning had the Cats playing Winchester in Dual State. David Griffin back in nets for Wilmington and Bryant Buck was back in the lineup.

It was a back and forth game with Winchester getting two goals before Bobby Sinopoli scored unassisted

for the Cats and period one ended in a 2-1 game.

Period two had Winchester getting four more and Wilmington countering with three of their own. Bobby Sinopoli scoring unassisted, Jamie Riopelle scoring from Bobby Sinopoli and Jay Surianello from George Dighton.

It was a 6-4 game going into the third period. The never say die Mite B's came back with two more, one from Bobby Sinopoli for a hat trick, assisted by Scott Dunnett and Joe Pino and one by Jay Surianello with assists to Scott Sferrazza and Warren Fitzpatrick. With a little more than one minute left Winchester got a fluke goal and they were up by one.

The Cats pulled David Griffin who had a great game for the extra man. Wilmington applied pressure but Winchester got the puck and shot it in on an empty net.

It was a tough loss and all tried hard. Timmy Anderson, Mike Welch, Jimmy Fitzpatrick, Bryant Buck, Jennifer Corcoran and Donny Heenan as well as the rest of the team mentioned above.

## March Madness on ice

by Jeff Nazzaro  
It's fast, it's tough and it's chock full of collegiate sports emotion and excitement. It's March Madness, college hockey style, and its unfolding in part at the FleetCenter in Boston this weekend.

Hockey East, arguably the strongest of the nation's four college hockey conferences, will hold its tournament semi-finals and championship game on Boston's big pond Friday and Saturday nights, with one very local team, the University of Massachusetts Lowell River Hawks, right in the thick of things and primed for a berth in the NCAA Division One Championships.

The River Hawks, owners of a 25-7-4 overall record (the 25 a school D-I record), finished the Hockey East regular season in second place, a game behind defending league and NCAA champs Boston University, after taking two of three from the Terriers during the course of the campaign.

The Hawks then swept the Northeastern Huskies in a best of three tournament quarterfinal series played at the Tully Forum in Billerica and Friday will take on Maine, which finished third after UML dropped the Black Bears 7-5 in Orono on the regular season's final day.

Lowell plays Maine at 8:00 at the Fleet, some three hours after the first semi-final, between Providence College and BU, gets under way. Winners and losers then hook-up Saturday in the championship and consolation games, respectively.

Win or lose Friday or Saturday, Lowell will finish with a record no worse than 25-9-4, and, barring a criminal act, gain its second trip to the NAAs in the last three years. And with their no superstar, balanced high-scoring attack, physical play, steady defense and strong goaltending, the Hawks will surely offer plenty of excitement.

Lowell is a working-class club comprised of players from places such as Cambell River, British Columbia, Thunder Bay, Ontario,

Pierrefond, Quebec as well as places like Wakefield, Reading and Dorchester, Mass.

Sophomore Martin Fillion of Winnipeg mans the nets for the Hawks, protected by defensemen Ed Campbell of Westboro, Mass., Will Tormey of Hanover, David Mayes (Thunder Bay) and Mike Nicholishen of Mississauga, Ontario.

Senior captain Jeff Daw, another Ontarian, centers the first line, flanked by Brendan Concannon (Dorchester) and Neal Donovan of Canton. Not much is lost with the second three, led by senior center Christian Sbrocca of Montreal, with wingers Jon Mahoney of Hull, Mass. and Ryan Sandholm (Cambell River).

The diverse makeup of the team

is indicative of the program itself - the school has to work hard to recruit (by way of example, all but four players on BU's roster are from New England) and to stay near the top of Hockey East, where it has been for the past four years.

The highlight, before this year, was the 1993-94 season, when UML, led by All-America goalkeeper Dwayne Roloson, lost 3-2 to BU in the Hockey East tourney final at Boston Garden before bowing to Minnesota, 3-2, in overtime in the NCAA quarterfinals.

Having already bested their win total, and having swept the Terriers earlier this year, the River Hawks look to improve on their season of two years ago.

## Tips on allergies and sports

It is the perfect day for an invigorating jog, a round of golf or a game of tennis. But, if you are among the more than 50 million Americans with allergies, sports and exercise may be the last thing on your mind.

Here are some tips to help you enjoy the outdoor season without having to deal with the stuffy, runny noses, sneezes and itchy, watery eyes.

\*Avoid rigorous exercise between

5 and 11 a.m. when pollen counts are highest.

\*Breathe through your nose, not your mouth. The nose humidifies and filters outside air.

\*When you return home after exercising, shower and wash hair immediately to remove invisible pollen.

If allergies are inhibiting your exercise routine, see a physician or board certified allergy specialist who can recommend an appropriate treatment plan.

## Northmeadow offers aerobic classes

On Saturday, March 16, Northmeadow Health and Racquet Club in Tewksbury will host two master classes to benefit the Lazarus House Ministries in Lawrence. Both classes are open to the public. The cost is \$5 per person.

The aquacize class will start at 8:30 a.m. and run for approximately one and a half hours. The hi/low combination aerobics class will be taught by guest instructor

George Moore from 4:30 to 6 p.m. Guests are invited to attend a St. Patrick's Day party following the aerobics class, upstairs at the Courtside Pub.

In addition to the classes, there will be a week long toiletry drive for items needed for the homeless shelter (shampoos, conditioners, toothpaste, floss, disposable razors, sanitary napkins, diapers/pampers, etc.) Guests of the classes are welcome to take donations.

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Christian Sbrocca, here about to butt-end a Northeastern player, got the winning goal last Saturday for U-Lowell in their 4-3 come from behind victory. (Photo by Jeff Nazzaro).

## ARE YOU PROTECTED?

by Edward H. Wilkens

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Bob Aylward, football head coach at TMHS, along with his talented staff, will be displaying his coaching tactics at the Carole Classic this upcoming July.

## Aylward and staff to coach Carole Classic

by James Pote

After taking its team to the Division 2-B High School Super Bowl, the Tewksbury High School football coaches have been rewarded with their fine efforts.

On July 25th, the entire Tewksbury coaching staff will coach the Merrimack Valley Conference all-star team in the third annual Carole Classic. This game raises money for the Carole Fund, a non-profit organization which supports the recuperation of cancer patients. The MVC will be taking on the all-stars from the Middlesex League, who have already taken a 2-0 lead in the first two games.

Bob Aylward, the head coach of the MVC champion Tewksbury High School team will be coaching the MVC team along with his 12 paid and volunteer assistant coaches.

Aylward said both he and his staff are very excited about this honor.

"It's obviously a terrific honor for a terrific cause. It's the pride of the

MVC and I only wish we could have several players from Wilmington playing in it," Aylward said.

"It truly is a great honor. To see this game helping kids who are less fortunate than us is really great. I'm really glad to be a part of it. Hopefully this year the Merrimack Valley Conference will get their first win," Aylward said.

Aylward said usually several coaches and their assistants make up the coaching staff of the MVC squad. But since Tewksbury has such a large group of paid and volunteer assistants, Aylward said he wanted to have all of his assistants there and his wish was granted as the MVC will just be coached by the TMHS coaches.

And the coaches are: Bob Aylward head coach, with assistants Tommy, Brian and Rob Aylward, Gary Ballou, Tom Bradley, Brian Hickey, Ernie Lightfoot, Dave Morin, Paul Norton, Bill Piscione, Brendan Tobin and Bob Ware.

## Swim lessons at Shawsheen Tech

Residents of the Shawsheen area are invited to participate in the following spring programs at the Shawsheen Vocational High School pool, 100 Cook St., Billerica.

**Family swim:** This program is offered currently Tuesday through Friday from 8 to 9:30 p.m. It is for adults and children accompanied by their parents. Pool is divided to provide opportunities for lap swimming, diving and recreational swimming.

The program is continuous at \$18 per month for the family; \$15 for an individual or \$2 per person for each swim. Special rates are available for senior citizens.

Register at the door on the night you wish to swim.

**Pre-school lessons:** Children age three through six will meet in small classes to learn water adjustment and swimming Saturday mornings and lessons are taught in half hour sessions between 9 a.m. and noon.

The program begins April 27 at a cost of \$38 for 10 lessons. Pre-register after April 1 at 667-2111.

**Competitive swimming:** Anthony Fiore, varsity coach for both girls and boys high school teams will coach a team for ages six through 18. Basic competitive skills, racing dives, turns, stroke

work and endurance work will be offered to new competitors. A U.S. swimming team is offered for those ready to race against swimmers from other areas.

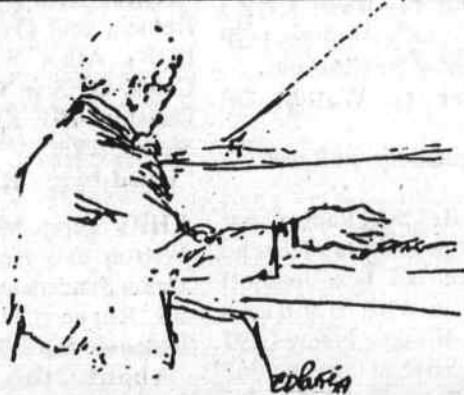
The program will be held Tuesday, Thursday and Friday from 7 to 8 p.m. This is an on going program. Take children any night at seven for a tryout. Cost is \$25 per month. No preregistration is necessary.

**Swim school:** six to 14 year olds are welcome to attend Red Cross lessons Monday and Wednesdays. Lessons are taught in half hour sessions at 3, 3:30, 4 and 4:30 p.m. Teachers are trained Shawsheen students under the supervision of a Red Cross instructor. The program will run April 1-May 1 at \$30 for eight lessons. Pre-register by calling 667-2111, x 126.

**Aquasize:** Firm up for spring with aquasize. Karen Houghton, certified water exercise instructor, holds classes on Monday and Wednesday evenings from 6 to 7 or from 7 to 8. Aquasize improves both muscle tone and the cardiovascular system without stress on the joints. Swimming ability is not necessary.

This is an on going program. Try out a session for \$5 or join for the remainder of the classes in a given session.

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# California & Los Angeles will take their division titles

by James Pote

Another fantastic season of Major League Baseball awaits us all and with all of the snow on the ground, I know that I can't wait until that first pitch is thrown out.

Anyway, this year I have decided to break up my baseball preview into three separate parts over the next three consecutive weeks starting this week. I have included several new categories (and no I didn't copy them out of a magazine as some people believe) so for all of those fantasy league lovers, I hope this will help you.

This week I will preview the American and National League West Divisions. My predictions of where they will finish is just below this, but I will give all of my other predictions on the final week.

AL West	NL West
1) California	1) LA Dodgers
2) Seattle	2) San Diego
3) Texas	3) Colorado
4) Oakland	4) SF Giants

## American League West

### California Angels:

**Hello:** RHP's Steve Ontiveros and Mark Eichhorn, 3B Tim Wallach, INF Randy Velarde and C Joe Oliver.

**Good-bye:** RHP John Habyan, LHP Bob Patterson, OF/3B Tony Phillips and C Greg Myers.

**About to hit big-time:** RHP Troy Percival and C Todd Greene.

**Best Player to Watch:** OF Tim Salmon

**Team Song:** California Dreamin

**Outlook -** The subtraction of Tony Phillips is huge. Randy Velarde is no where close to being the great lead-off hitter Phillips is.

Look for the Angels to grab a veteran with some speed during the season to benefit the big boppers like Tim Salmon, Garret Anderson, Chili Davis, J.T. Snow and Jim Edmonds.

The Halos have a solid mix of pitching, offense and especially defense which will lead them to a divisional championship. Their infield is solid with J.T. Snow as the best fielding first baseman in baseball and old-Merrimack Valley Conference friend Gary DiSarcina as a solid two-way shortstop.

The offense, if Greene is ready, will really provide some excitement with many opposing outfielders looking like the right fielder from the Snickers commercial.

As for the pitching, their bullpen will really carry them. The rotation is solid with southpaws Mark Langston, Chuck Finley and Jim Abbott leading the way as they combined for 41 wins last season and if Ontiveros can stay healthy, he can provide at least ten wins as a fourth starter.

Troy Percival appears to have already taken over as the stopper over longtimer Lee Smith. Last year Percival had a 1.95 E.R.A with 94 K's in just 74 innings. He, along with Smith, Mike James, Bryan Harvey and Ken Edensfield make-up one of the strongest pens in baseball.

If the Angels want to beat the Mariners, they must stay healthy all season long, and they have to have Velarde or whomever get on base so the power hitters like Salmon can enjoy their usual terrific seasons.

## Seattle Mariners:

**Hello:** RHP Mike Jackson, LHP Sterling Hitchcock, OF Luis Polonia, 1B Paul Sorrento and 3B Russ Davis.

**Good-bye:** RHP's Andy Benes, Tim Belcher, Bill Risley, Jeff Nel-

son, OF's Vince Coleman, Warren Newson, 1B Tino Martinez and 3B Mike Blowers.

**About to hit big time:** SS Alex Rodriguez, 3B Davis.

**Best Player to Watch:** OF Ken Griffey, Jr.

**Team Song:** Good-Bye Yellow Brick Road

**Outlook:** The Mariners are still a very good team, but they gave up a lot of players who took them to the American League Championship Series. The additions of Polonia and others are decent, but not only did the team lose a lot of pop, their defense took a step back too with Polonia and Sorrento.

The line-up can take a major step up if Rodriguez finally plays every day and shows the kind of great talent he really has. There is a lot of if's for the Mariners between Rodriguez, Davis, Sorrento as well as to see if Edgar Martinez and Jay Buhner can match their numbers of a year ago. However, Griffey, if he remains healthy all year, should put up 40 homers plus.

The rotation also took a step back when the team didn't resign veteran Tim Belcher, who tossed many innings. Right now Randy Johnson leads the way and he will most likely win 20 games. Chris Bosio and

Hitchcock are the two and three starters with many questions surrounding the last two spots. Bob Wolcott will most likely take one of them.

Norm Charlton will be the stopper for a full season, but he might not get that chance without the proper set-up guys. Mike Jackson will help, but losing Risley and Nelson will really hurt. The team really needs a left-handed set-up man.

## Texas Rangers:

**Hello:** RHP's Ken Hill, Gil Heredia, Mike Henneman, OF's Darryl Hamilton, Rikert Fannette, Damon Buford and Warren Newson.

**Good-bye:** RHP's Bob Tewksbury, Jeff Russell, and Roger McDowell, LHP Kenny Rogers, OF Otis Nixon and 2B Jeff Frye.

**About to hit big-time:** LHP Darren Oliver, SS Benji Gil and OF Rusty Greer.

**Best Player to Watch:** 1B Will Clark.

**Team Song:** The Old Man is Down the Road

**Outlook:** Last year I trashed the Rangers for exactly what they wanted to accomplish: add some veterans, compete for a while and then take a nose-dive, while, selling out all of their games in their new stadium. And once again they did that for this season, by adding Hill and Henneman.

If Dean Palmer comes back with his scary swing, the offense could be interesting with Gil and Greer about to become stars. But, Hamilton isn't the answer for center field, he is a good all-around player who always gets hurt, something that is a Texas track record.

If Palmer and Juan Gonzalez can stay healthy and their pitching can survive, they might compete. But the latter part is always a mystery in Texas and it never holds up (just ask Kevin Gross, who was given a three year contract worth billions after he never won more than 12 games in his ten plus year career and last year he finished 9-15 with a 5.54 E.R.A.). Anyway, the rotation has Lynn

native Kenny Hill with Gross, Canton native Bobby Witt, Roger Pavlik and Oliver. Gross and Witt always have a high earned run average, while, Oliver is young and coming off an injury and Hill will get his 12 wins and pitch 200 innings.

The bullpen is a disaster area. Mike Henneman will collapse, mainly because he has no help. Dennis Cook, Ed Vosberg, Heredia and Matt Whiteside with Henneman have to be one of if not the worst bullpens assembled in baseball.

## Oakland A's:

**Hello:** RHP's Andy Lorraine, Steve Montgomery, LHP Buddy Groom, OF's Allen Battle, Pedro Munoz and Matt Stairs.

**Good-bye:** RHP's Todd Stottlemyre, Steve Ontiveros, Dennis Eckersley, OF's Rickey Henderson, Stan Javier, Danny Tartabull and INF Mike Gallego.

**About to hit big-time:** RHP Todd Van Poppel, OF/3B Scott Brosius and OF Jose Herrera.

**Best Player to Watch:** 1B Mark McGwire

**Team Song:** "Matt" Stairway to Heaven

**Outlook:** This year is a major, major rebuilding year for the A's. They have to be the worst team in the majors right now. But, they do have a lot of young and talented guys in the minors who will help them down the road ... just not this year.

Starting with the pitching, Van Poppel leads the way. He hasn't come close to fulfill his potential, so this year could be the year. Ariel Prieto, Doug Johns, Steve Wojciechowski and Lorraine will probably round out the starters. Steve Karsay, who I said would be among the top Cy Young Award winners from last year, should be back around mid-season from a major injury he suffered. He could be a dominating pitcher.

The pen is entirely brand new. Gone are the days of Eck with many righty and lefty combos setting him up. Now, Montgomery will be given the shot as closer, with Mark Acre, Jim Corsi, Todd Williams, Don Wengert, Carlos Reyes, Groom and Mike Mohler all fighting for the remaining spots.

The A's will be lucky to get 55 victories.

## National League West:

### Los Angeles Dodgers:

**Hello:** RHP Mike Harkey, LHP's Scott Radinsky and Billy Brewer, OF Milt Thompson, SS Greg Gagne and 3B Mike Blowers

**Good-bye:** RHP's Kevin Tapini and Todd Williams, OF's Roberto Kelly, Chris Gwynn and Mitch Webster, SS Jose "Awfulman" Offerman and 3B Tim Wallach.

**About to hit big-time:** RHP's Ismael Valdes, Chan Ho Park and Pedro Astacio and OF Billy Ashley.

**Best Player to Watch:** C Mike Piazza

**Team Song:** I'm Turning Japanese

**Outlook:** Just to give all of my fans a early glimpse of my final predictions, the Dodgers, I think will be going to the World Series - they are my pick to beat the Braves.

This team is absolutely loaded with talent, depth, veterans and then add some great rookies to the mix

and Tommy Lasorda should have one of his best squads to remember.

The rotation could be awesome. Starting with Japan native Hideo Nomo on down the line to Ramon Martinez, Tom Candiotti, Valdes with either Harkey, (another Japan native) Park, Astacio or Darren Dreifort, anyway this fivesome is assembled, they could be deadly. The first four guys will win at least 65 games between them, mark my words.

The bullpen is also very deep. Todd Worrell will never repeat last year's performance, and if he falters this year, Antonio Osuna waits in his wings. Osuna will be a great set-up man if Worrell remains the closer. After those two, lefthanders Radinsky, Brewer, John Cummings and Mark Guthrie will fight for two spots, while, Joey Eischen, Darren Hall, Felix Rodriguez and whoever loses out of the starting jobs, will battle to make-up the rest of the pen.

Signing shortstop Greg Gagne makes this team into a World Series team. He brings a lot to the team, his glove, a decent bat along with leadership, experience and the right attitude which will really make a huge difference. With him, the infield is one of the best with Eric Karros, Delino Deshields, Mike Blowers and Gagne from first to third.

As for the outfield, Brett Butler and Raul Mondesi are locks for center and right, but left remains a mystery. But, if Billy Ashley can cut down on his swing, or if Roger Cedeno, Karim Garcia or Todd Hollandsworth are ready for the big show, then the line-up could be a force.

And is there anybody better than Mike Piazza? He has the chance to become one of the best catchers ever to play the game of baseball. At this pace, he could trail Johnny Bench and Roy Campanella, but top Yogi Berra, Mickey Cochrane, Roger Bresnahan, Bill Dickey as one of the all-time greats. Who knows?

## San Diego Padres:

**Hello:** RHP Bob Tewksbury, OF Rickey Henderson, 1B Wally Joyner and INF Craig Shipley.

**Good-bye:** RHP Brian Williams, OF's Phil Plantier, Phil Clark, OF/2B Bip Roberts, 1B Tim Hyers and 1B/3B Eddie Williams.

**About to hit big-time:** RHP's Andy Ashby, Joey Hamilton, LHP Ron Villone and C Brad Ausmus.

**Best Player to Watch:** OF Tony Gwynn.

**Team Song:** Go Speed Racer

**Outlook:** If the Padres bat Henderson third, look out. He is no longer one of the best lead-off hitters, he has speed but he also has a lot of power. If Steve Finley (.297 10, 44 and 36 SB) and Gwynn (.368 9 90 and 17 SB) are ahead of him at one and two, look for Henderson to hit .300 with 30 or so doubles, 20 or so homers with over 100 runs batted in with 25 stolen bases, if of course, he remains healthy.

And then add Ken Caminiti and Wally Joyner, who can combine to hit 60 homers and knock in about 140 runs, and that is a line-up with a lot of potential. That didn't include shortstop Andujar Cedeño or catcher Brad Ausmus, either. The offense can be potent if Henderson bats third, but if Henderson bats lead-off he will not be used right and the offense will suffer.

As for the pitching, it is young but good. Ashby, Hamilton, Tewksbury along with either Fernando Valenzuela, Willie Blair an injured Scott Sanders or Glenn Dishman make up the rest of it. They desperately need Sanders back and Tewksbury pitching the way he can if they want to make a run at the title.

Remember the Reds old days with Rob Dibble and Randy Myers as their closers. Perhaps the Padres can make a sequel to that. Starting with Trevor Hoffman, who saved 31 games last year, the Padres have Robbie Beckett, Andres Berumen, Doug Bochtler, Dustin Hermanson and Villone all young power pitchers with many strikeouts in their

arms about ready to make a contribution. Tim Worrell is the lone long-man.

## Colorado Rockies:

**Hello:** RHP John Habyan and C Jeff Reed.

**Good-bye:** RHP Joe Grahe, LHP Bryan Hickerson, OF Mike Kingery, INF Jim Tatum and C Joe Girardi.

**About to make big-time:** RHP Curt Leskanic.

**Best Player to Watch:** OF Dante Bichette.

**Team Song:** Rocky Mountain High

**Outlook:** There are several reasons why the Rockies will not repeat into playoff action. Bret Saberhagen will be out for a while, Kevin Ritz will never repeat his season and they just don't have enough starting pitching. And the loss of catcher Joe Girardi will be huge - not only with his bat, but leaving a rookie to handle an already struggling pitching staff is not a wise idea.

Anyway, the offense is one of the best. They still need a true lead-off hitter though and maybe rookies Quinton McCracken or Trent Hubbard are ready, but where will they play? Bichette and Larry Walker are two of the best hitters in the game and they will probably will hit close to 90 homers between them. Andres Galaraga and Ellis Burks and Walt Weiss are still chugging, but for how long?

It is highly unlikely that Bill Swift and Marvin Freeman will either stay off the disabled list, or provide wins or innings during the season. Both of them are also 35 and 33 years old. Besides them and Saberhagen, Ritz will wake up and realize that he is terrible, while, Dave Nied, Armando Reynoso with rookies Mark Thompson, Bryan Rekar and Roger Bailey will battle for the last spots.

The pen, though is very good and has a lot of depth. Leskanic should take over as the closer and he will be a great one. He along with Darren Holmes, Bruce Ruffin, Habyan, Steve Reed, Lance Painter and Mike Munoz round out the rest of the pen. But, all of these guys are all used just about every other game - who knows how long that can last?

## San Francisco Giants:

**Hello:** RHP's Jeff Juden, Rich Delucia and Osvaldo Fernandez, LHP's Allen Watson and Doug Creek, OF Stan Javier, SS Shawon Dunston, INF Kim Batiste and C Steve Decker

**Good-bye:** RHP John Roper,

LHP's Terry Mulholland, Trevor Wilson and Kevin Rogers, OF's Deion Sanders and Rikert Fannette, SS Royce Clayton, INF Mike Benjamin and C Jeff Reed

**About to hit big-time:** (maybe) J.R. Phillips (if he cuts down his swing by about four times).

**Best Player to Watch:** 3B Matt Williams

**Team Song:** Far Behind

**Outlook:** The case is simple for the Giants: no pitching at all, their best players are constantly hurt and Barry Bonds is constantly walked. Same old story.

But this year the additions of Dunston and Javier could really help the team. If Williams and 2B Robby Thompson stay healthy and the latter brings his bat with him, there could be a lot of 15-14 games - in favor of the opposition.

Their pitching is brutal - Mark Lieret is their number one starter, how worse can it get? Fernandez, Bill VanLandingham, Watson and Juden probably are the top five with Jamie Brewington and Shawn Estes breaking in.

As for the pen Rod Beck is great but he has no help at all. He blows many saves because he is brought in to face too many batters when that is the set-up guys roles. Set-up guys? Jose Bautista (terrible) with De-Lucia, Mark Dewey, Scott Service and Sergio Valdez, who also will all wake up opening day and realize they too stink.

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## Outdoors column

## Bill shaves next week

by Bill Conlon

It's funny, but winter feels dead, doesn't it?

No, don't look out the window. It looks like nothing but winter out there, sure enough, but it no longer "feels" like winter out there. I'm not sure what it is exactly, but there is something...

Temps near zero no longer have the same "bite" they did in January. Cold air in the dungeon of winter has a sting to it, tweaking your ears and nose until it hurts. But that sensation is now gone, leaving in its place a dampness where there was a sharpness of razors. Also, there's a smell on the breeze of something chilled, and wet, but very much alive. Nature knows that winter is dying, and Spring is near at hand.

Same with the snow. This stuff won't last. We never thought we'd see the ground again, after all the pounding we took in January. That snow had muscle to it; body. Old Man Winter was delighted with the white carpet, and that was all we'd see underfoot for the rest of the season. But no more.

This snow has feel, as if it doesn't want to be here and it misses the Arctic. It lands, sometimes in large amounts, then rots away in hours. Packed ice and snow, the footing we've known for months, is now giving way to mud. None of this snow will last for long. It feels wet, not frigid. Like water, not ice.

And there's good reason. March 20, next Wednesday, is the Vernal Equinox, when day and night are of equal length, and Spring officially begins. Orion the Hunter is low in the west at sunset, so Winter is on borrowed time.

The sun is rising higher each day, and now has a more direct angle to the snow. The slanted, limited rays of December are now coming from overhead, straighter down.

Winter is dying. Tough it out a few more weeks, because "winter" isn't over yet. There will be more snowstorms, possibly huge ones, until this season plays itself out for good. We've had some monster storms, as late as May, but that's just part of living in New England. Keep the snow shovel handy until you uncover the pool.

Instead, it's time to start thinking about the garden. Before the end of this month, my eggplant and celery

will be sprouted under the lights, with peppers and tomatoes soon to follow. Time to look through the packets of seeds, and go take a look at the compost bin.

Just last week, before we got this fresh snowcap, I saw bulbs starting to poke out of the soil, and I found a bush full of pussy willows! Yes, it is early for pussy willows and new bulbs, but Nature isn't waiting for this snow to melt. Spring is already underway.

Yes, it may be cold and snowy, and the winter seems to be dragging along. But don't take it seriously. It's almost over.

Get ready for Spring!

## — Tackle Box —

A tip of the camouflage hat (with license attached, of course) to Off. Paul Norton of the Massachusetts Environmental Police. Paul, who is the "game warden" for this area, won an international conservation award, which is equivalent to being the "EPO of the Year" for the state. And to top it off, Paul is one of the state's newer EPOs, having gotten his badge only two years ago. (But I know Paul from another place. In 1985, we sat and watched the Pats win a trip in the Superbowl, at the home of his friend, Dave Stevens.)

## Third annual youth basketball Senior Bowl this weekend

On Saturday March 9, the Tewksbury Youth Girls Basketball League completed the regular season. Congratulations to the Crusaders (Senior League) and the Eagles (Junior League), each team went undefeated and won its respective championship. Saturday, March 16 will begin the playoffs with the following schedule:

Time	Ct. Team	Team
9 a.m.	A Cavaliers	Buccaneers
9 a.m.	B Sonics	Kings
10:15	A Nuggets	76'ers
10:15	B Panthers	Trojans
11:30	A Huskies	Crusaders
11:30	B Pacers	Warriors
12:45	A Chiefs	Spurs
12:45	B Blazers	Terriers
2 p.m.	A Rockets	Bucks
2 p.m.	B Magic	Eagles
3:15	A Sr. Wild Card	TBD
3:15	A Jr. Wild Card	TBD

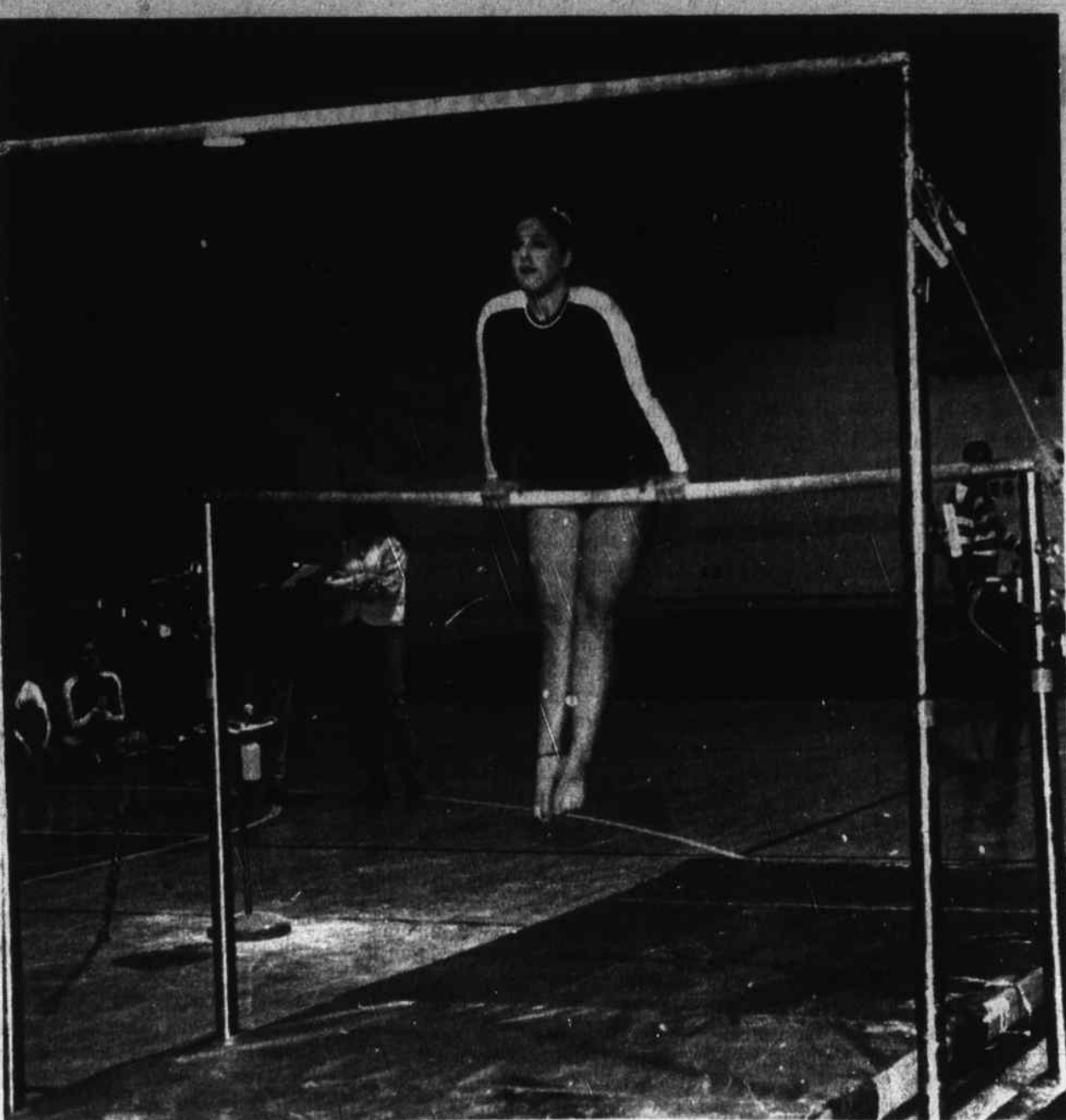
At 4:30 p.m. we will have our third annual Senior Bowl. In this game all Tewksbury Girls Basketball players who are in their last year with the program are invited to play in one last fun for all game. The playoffs will finish on March 23 with the Final Four in each league fighting it out for the championship. The competition will

be great, so why watch NCAA action on television when you can see TYGB action live at Tewksbury Memorial High School.

## Final standings

**Junior League:** First, Eagles; second, Bucks; third, Terriers; fourth, Spurs; fourth, Warriors; fourth, Pacers; seventh, Chiefs; eighth, Blazers; ninth, Rockets; tenth, Magic.

**Senior League:** First, Crusaders; second, Trojans; third, 76'ers; fourth, Kings; Fifth, Buccaneers; sixth, Cavaliers; seventh, Sonics; seventh, Nuggets; ninth, Panthers; tenth, Huskies.



Last week an incorrect picture ran of Jen Bruce which said it was Kerri French. Now above, is Kerri French who had a terrific gymnastics season for Wilmington High School. Sorry for any inconveniences.

## Suns beat the Cavs in Tewksbury hoop

## Suns 36 Cavs 14

In this Tewksbury youth hoops game the Cavs received fine efforts both offensively and defensively by Gerald Ianetta, Brian Little and Mike Murphy.

The victors were led by Jay Donohue (14 points) and the strong defense of Mike DeFillippo, Nick, Nawassa and Tony Rocchino. The Suns will face the very tough Hoyas in the Junior Division semifinal. This should be a great basketball game between two evenly matched teams.

## Celtics 35 Warriors 22

The Celtics advance to the semifinals overcoming a strong effort by a determined Warrior team. With the slashing moves of the Jeff Medor, the rebounding of James Hamilton and the defense of Sean Irving and Brian Hamilton, the Celtics held onto a slim lead most of the game.

The Warriors never quit as Ryan Byrne, Nick Cioffi and Mike McLaughlin hustled at both ends of the court. The Celtics face the first place 76ers in the other Junior Division semifinal.

## Hoyas 37 Lakers 21

This game was highlighted by the dominance of the Hoyas run and gun attack led by point guards Brian Lowe and John Peterson. Tom Leduc and Jim Perrotta were also all over the court defensively for the winners.

The Lakers were in it until the final minutes as Scott Sanborn and Stephen Witham were outstanding on offense and Matt Carlson and Jeff Elwell played intense defense.

## Friars 45 Nuggets 29

The friars held off a furious rally by the Nuggets to secure the victory. Seth Reichsmeier was on fire hitting 14 fourth quarter points to lead the charge. The Nuggets' Jim Reinhold and John Keating rebounded furiously and played intense defense.

The mentally tough Friars kept their cool as Jason Banusiewicz (eight points) ran the offense and

Billy Sullivan (nine points) hit the key shots. Jesse Cianci and Greg Marche were stellar on the offensive and defensive boards. The Friars meet the very tough Nets in the Intermediate Division semifinal showdown.

## Nets 49 Hornets 29

This contest was close than the final score indicated. The Hornets received outstanding offensive efforts by Peter Kelley (eight

points) and Brian Frederickson (five points) and strong rebounding by Matt Coppi. This was not enough to overcome a confident Nets squad.

The smooth point guard play of Mark Palladino (eight assists) set up easy buckets by Evan Batchelder (15 points), Chris Parcella (eight points) and Mike Gentile (six points). The defense of Mark Dolan and Jonathan Maher kept the Hornets out of striking distance.

## Eagles still undefeated

## Junior League Eagles 27 Warriors 10

The Eagles finished the regular season undefeated (12-0) with a big win over the Warriors in Tewksbury junior league action.

A fine defensive effort was led by Michelle White. Offensively the team was led by Lisa White, Sonia Martins, Brianna Smith and Stacy Ossinger. Playing well for the Warriors was Heather Fabiano.

## Blazers 22 Spurs 16

The Blazers had a total team effort offensively as Stacey Gargon and Courtney O'Brien had eight and four points respectively. A solid team defense was led by Stephanie Nolan and Colleen McCarthy.

For the Spurs, Katelin Westaway, Dawn Anderson and Nicole Haffey were the leading scorers with assists from Katelin Petros. The defensive play was led by Lauren and Lindsey Donnelly.

## Chiefs 20 Magic 2

The Chiefs were led by Christina Norway and Julianne Bradley with six points each. Defensively, Allison

Smolinsky played tough. For the Magic, Maura Kiely scored and Lauren Bagley played well defensively.

## Pacers 26 Rockets 7

The Pacers had too much for the Rockets as Vanessa Russell scored 11 points and Leanne Mariscalco had six. Scoring for the Rockets were Candice Lorette, Lisa Bowden, Lindsay Winston and Kristen Lamb.

## Bucks 23 Terriers 18

The Bucks came from behind and scored the last eight points of the game in the fourth quarter after being outscored 10-2 in the third.

Kelly Boyle and Leah Boudreau led the Bucks with nine and eight points respectively. Also scoring were Anastasia Sullivan and Jackie Greer. Defensively, Ashley Bibb and Brittany Lyons played very well.

Leading the Terriers were Caitlin Thomann with eight points with Laura Burke and Jessica Maxwell scoring four each. Denise Lazzara played a great defensive game.

## COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT THE PROBATE AND FAMILY COURT DEPARTMENT

Docket No. 96P0766GI Middlesex Division Notice of GUARDIANSHIP MENTALLY ILL WITH SURETIES NOTICE

To Hung Dang of Tewksbury in said County Middlesex and heirs apparent or presumptive.

A petition has been presented in the above-captioned matter alleging that said Hung Dang is a mentally ill person and praying that Connie Mahady of Arlington in the County of Middlesex or some other suitable person be appointed his guardian with court authorization to treat with antipsychotic medication in accordance with the treatment plan.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before March 20, 1996.

WITNESS, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge the twentieth of February, in the year of our Lord one thousand nine hundred and ninety-six.

Donna M. Lambert Register of Probate Court

M13

## TOWN OF TEWKSBURY



## CONSERVATION COMMISSION LEGAL NOTICE PUBLIC HEARING

The Tewksbury Conservation Commission will hold a Public Hearing on March 20, 1996 at 7:30 PM at the Town Hall on the application of Town of Tewksbury for a Notice of Intent to work within one hundred feet of a bordering vegetated wetland. Said property is located on Algonquin Drive, Blacksmith Road, Brookfield Road, Cynthia Road, Ida Street, Knollwood Road, Patricia Drive, Shawshen Street and two cross country sections. The proposed activity the installation of sewer pipe lines. Copies of the petition may be viewed Monday through Friday during normal business hours at the Planning and Conservation Department located at the Sughrue DPW Building, 999 Whipple Road, Tewksbury, MA.

Vincent Spada Chairman

M13

## INVITATION FOR PROPOSALS

The EDCO Collaborative is requesting proposals for the leasing of approximately 1,300 usable square feet of meeting and office space in the Tewksbury/Wilmington area for a period of seventeen months (April 1, 1996 through August 31, 1997).

Proposals must be submitted to the Executive Director, EDCO Collaborative, 20 Kent Street, Brookline, MA 02146 before the deadline of Friday, March 22, 1996 at 2:00 P.M. Proposals will be opened at that time.

To obtain a Request for Proposal, which includes instructions, specifications, and a lease proposal form, please contact the Executive Director at the above address together with organization name, full address, and telephone number. Proposals may be submitted by owners, agents of owners, or tenants whose leases permit subleasing. For further information, call (617) 738-5600 during business hours.

The Collaborative, by its Executive Director, reserves the right to reject any and all proposals, to waive any informalities, and to make the award as appears to be the best interests of the Collaborative.

By John H. Green Executive Director

M6.13

## TOWN OF WILMINGTON



## CONSERVATION COMMISSION PUBLIC MEETING

Notice is hereby given that a Public Meeting will be held in Town Hall, Room 9, 121 Glen Road, Wilmington, MA 01887, on Wednesday, March 20, 1996 at 8:00 p.m. in compliance with the provisions of M.G.L. Chap. 131, Section 40, and 310 C.M.R. 10.00 on a Request for a Determination of Applicability, filed by Debra Cremens, 43 Agostino Drive, Wilmington, MA 01887, for permission to erect a 24 foot round above ground swimming pool and fence around pool. The proposed work is within the 100 foot buffer zone of bordering vegetated wetlands, as designated by the MA Wetlands Protection Act, M.G.L. Chapter 131, Sect. 40. Plans and application may be viewed during normal office hours or by appointment at the Planning & Conservation Dept., Room 6.

Lynne Guzinski, Chair Conservation Commission

M13

## TOWN OF WILMINGTON



## PLANNING BOARD PUBLIC HEARING

In accordance with the provisions of M.G.L. Chapter 41, Section 81-T and 81-U, the Planning Board will hold a public hearing on March 26, 1996 at 8:15 p.m. in Room 9, Town Hall, 121 Glen Road, Wilmington, MA on the application of David J. Fuller whose address is 15 Lorin Drive, Wilmington, MA 01887 concerning the Definitive Subdivision Plan entitled: "Ashley Estates, A Subdivision in Wilmington, MA... Definitive Subdivision Plan." Dated: February 8, 1996 Scale: 1"=40', Engineer/Land Surveyor: Dana F. Perkins, Inc., 1215 Main Street, Tewksbury, MA 01876; located on Birch Road and shown as Assessor's Map 31 Parcels 30 and 31 and a portion of Apple Road. The proposed subdivision contains five (5) lots.

A copy of the plan is on file at the Planning and Conservation Department, and may be inspected during the hours of 8:30 a.m. to 4:30 p.m. Monday through Friday.

Any person interested, or wishing to be heard on the proposed plan, should appear at the time and place designated.

Richard A. Longo, Chair Wilmington Planning Board

M6.13

## TOWN OF WILMINGTON



## BOARD OF SELECTMEN PUBLIC NOTICE

Notice is hereby given that a Public Hearing will be held in Room 9 at the Town Hall, 121 Glen Road, Wilmington, MA at 7:30 p.m. on Monday, March 25, 1996 by the Board of Selectmen on the application of the American Legion Post #136 Club House, Inc. for a license to serve all alcoholic beverages in a club having a seating capacity of not less than 100 persons situated on the first floor of the building located at 2 Bay Street, containing the facilities of the American Legion Post #136 Club House, Inc.

Diane M. Allan, Chairman Board of Selectmen

M13

## COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT THE PROBATE AND FAMILY COURT DEPARTMENT PROBATE OF WILL WITH/WITHOUT SURETIES MIDDLESEX DIVISION

DOCKET NO. 96P0890EP Estate of Marion Daniels, Marion C. Daniels late of Tewksbury in the County of Middlesex died on Dec. 30, 1995.

A petition has been presented in the above-captioned matter praying that a certain instrument purporting to be the last will of said deceased may be proved and allowed and that Robert B.U. Masters of Tewksbury and Richard B. Osterberg of Newton in the County of Middlesex be appointed executors without giving surety on their bond.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said Court at Cambridge on or before 10:00 in the forenoon on March 27, 1996.

In addition you must file a written affidavit of objections to the petition, stating the specific facts and grounds upon which the objection is based, within (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

And it is further ordered that notice be given to the Attorney General of said Commonwealth by delivering or by mailing postpaid a copy thereof to him fourteen days at least before said return day.

WITNESS, Sheila E. McGovern, Esquire, First Justice of said Court at Cambridge, the twenty-seventh day of February in the year of our Lord one thousand nine hundred and ninety-six.

Donna M. Lambert Register of Probate

M13

## TOWN OF WILMINGTON



## PLANNING BOARD

The Planning Board will hold a public hearing on March 26, 1996 at 7:45 p.m. in Room 9, Town Hall, 121 Glen Road, Wilmington, MA on the Site Plan Review application submitted by Robert Vitt, whose address is 236 Andover Street, Wilmington, MA. Said property is located at 236 Andover Street, Wilmington, MA 01887 and shown on Assessor's Map R1, Parcel 107.

A copy of the plan is on file at the Planning & Conservation Department, and may be inspected during the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Any person interested, or wishing to be heard on the proposed plan, should appear at the time and place designated.

Richard A. Longo, Chair Wilmington Planning Board

M6.13

## TOWN OF WILMINGTON



## BOARD OF APPEALS PUBLIC HEARING

Case 12-96 A Public Hearing will be held at the Town Hall, 121 Glen Road, on April 3, 1996 at 7:00 p.m. on the application of Wilmington Partners, 9 Royd Crest Drive, N. Andover, MA 01845 to acquire a Comprehensive Permit in accordance with M.G.L. Ch. 40B, to develop the parcel into 36 single family housing lots in accordance with the Commonwealth of Massachusetts and Wilmington Partnership "Affordable Housing" programs for property located on 111 and 121 West Street. Map 71 Parcel 16 & 18.

M13.20 Board of Appeals

## BOARD OF APPEALS PUBLIC HEARING

Case 13-96 A Public Hearing will be held at the Town Hall, 121 Glen Road, on April 3, 1996 at 7:00 p.m. on the application of Craig S. Newhouse, c/o Daniel Brown, P.O. Box 423, Wilmington, MA 01887, authorizing the construction of a single family residence on a lot having frontage on a constructed road which is not on or made part of the official map for property located on Wabash Road. Map 8 Parcel 27A.

M13.20 Board of Appeals

## BOARD OF APPEALS PUBLIC HEARING

Case 14-96 A Public Hearing will be held at the Town Hall, 121 Glen Road, on April 3, 1996 at 7:00 p.m. on the application of David McCue Jr., c/o Daniel Brown, P.O. Box 423, Wilmington, MA 01887, authorizing the construction of a single family residence on a lot having frontage on a constructed road which is not on or made part of the official map for property located on Buckingham Street. Map 9 Parcel 62.

M13.20 Board of Appeals



# Tewksbury youth hockey action

March came in like a lion and the Tewksbury Mite B hockey team followed suit with a decisive 8-3 win over Concord/Carlisle.

Michael Frazier sparked the B's with the game's first two goals. The first was on a scramble in front with assists from Michael Grasso and Donny Swansburg and the second was on a poke in from the doorstep assisted by Swansburg.

Concord/Carlisle responded with a score to end the first period at 2-1. The second period started with playmaker Donny Swansburg sending Michael Grasso on a break-in for a 3-1 lead.

Concord/Carlisle scored the next two to tie it until Joshua Ciampa slammed one home from point blank range to break the deadlock. Patrick DeVito earned a hard-working assist.

The third period was all Tewksbury. Michael Giasullo got it started by deking the defenseman with a smooth move and rifling the puck past the C/C goalie. Donny Swansburg then dished out his fourth assist of the game on a nice feed from Michael Grasso who fired the puck over the sprawling net minder.

Next Grasso earned a hat trick on a wraparound stuff-in from behind the opponents' net. Kevin Crosby then iced the victory on a breakaway from the eighth and final goal. Justin DuCom had the net minding chores to himself and turned in another fine performance while shutting the door on the Concord/Carlisle shooters.

Jeff Conlon played hustling two play hockey for the victors and the

sharp passing of Brian Chambers kept the B's on the move. The tough defensive play of Michael Albano and Bobby O'Leary was vital to the Tewksbury victory. Joseph DeMato's exciting style of play kept the crowd on its feet during another Mite B win.

## Chiefs

The Tewksbury Mite Chiefs earned a big victory over previously unbeaten Salem by a score of 7-3. They were sparked by goals from Jeff Little who had five and Matt Wilkie, who had two to go with two assists. Ronnie Gordon, Danny Grasso and Ryan Mooney also earned assists.

Netminder Brendon Cottreau was outstanding between the pipes and was supported by the excellent defense of Jason Tully and Michael Tobin. Chris Ronayne thrilled the crowd with his exciting style of play while Bobby Gibson and Joey Ginsburg were also standouts in a hard fought game against a very tough opponent.

Other key contributors to the win were Andrew McGuinness and Michael Feldhouse who worked hard for the victors. David D'Entremont and Kevin Swansburg played strong two way hockey in helping their team to another exciting win.

## PeeWee III

### Tewksbury 6 Lynnfield 4

The Valley Hockey League game played Sunday at Hallenborg Rink in Billerica was a hard fought contest between well known rivals. Tewksbury III triumphed over Lynnfield II by a score of 6-4.

In the first period with the game just underway, Lynnfield scored at 10:21. Tewksbury put the pressure on defensively and came back at 4:33 with a score from Dennis Barnes with helpers going to David Cabradilla and Matt Belmonte.

A short time later at 2:15, Tewksbury's David Buntun scored with an assist to Marco Bristol, but the lead didn't last long as Lynnfield scored seconds later on a penalty which tied the score. Lynnfield wasn't through yet as they scored at 0:44, as the period ended with Lynnfield in the lead 3-2.

In the second period at 8:10, Tewksbury's Ryan Carrigan scored with an assist to Marco Bristol, which evened the score. But Lynnfield answered back at 5:59 to take the lead 4-3 until 3:25 with a goal from Tewksbury's Ryan Carrigan with helpers to Marco Bristol and David Buntun. This ended the period with both sides tied four apiece and as usual both teams came to play.

In the third period with both teams playing good defensive hockey, Tewksbury's Ryan Carrigan scored at 6:39 with helpers to Marco Bristol and David Buntun.

With Tewksbury in the penalty box, some key saves were made by Jonathan Leone. Tewksbury scored its insurance goal at 4:06 by David Cabradilla with an assist to David McCoy, although Lynnfield came back hard, father time just ran out on them. When the final buzzer sounded Tewksbury prevailed 6-4.

Tewksbury had superior goal tending from both Richie Chambers and Jonathan Leone. The checking of Bobby Giasullo and Kevin

Zimmerman was key down the stretch and the defensive support from Chris Beek and Adam Hill was critical. While Ryan Carrigan had a hat trick, it couldn't have happened without the playmaker from Marco Bristol.

## Wakefield 3 Tewksbury 2

This Sunday's Dual State League game was the second one for Tewksbury PeeWee III today and had a hard time staying on track while Wakefield came out strong from the opening buzzer and scored first and never looked back, and won the day in a close one 3-2.

In the first period the checking was fierce and the first score was Wakefield's at 2:33 and Tewksbury answered back at :50 from Kevin Zimmerman with helpers to Bobby Giasullo and Dennis Barnes.

In the second period the battle was joined with eight penalties split between the two teams and Wakefield scored at 6:58 and again at 5:02. The period ended with Wakefield up 3-1.

In the third period the checking and hitting escalated with 12 penalties split between the two teams and not many instances were five on five existed, but Tewksbury came back with time running out. Ryan Carrigan scored on a breakaway at :33 which brought them to within one, but it wasn't meant to be as time ran out with a faceoff in Wakefield's end.

Tewksbury had good goal tending from Jonathan Leone and Richie Chambers, with fine forechecking from David McCoy and Matt Belmonte. Also defensively the two

Adams played well, Adam Hill and Adam Rooney.

## Mite C's

The Tewksbury Mite C team strengthened its grip on first place in the Valley League with two exciting victories over the weekend.

Woburn was tied with the Redmen although Tewksbury had two games in hand for the first place but the Redmen proved to be superior with a 4-2 decision over them on Saturday. The game featured a three assist playmaker award for Johnny Cahalane, who later netted an empty net goal. Matt Danecki scored twice and assisted once.

Christian Gianelli accounted for the other Redmen goal and Kenny Maglio earned an assist. Leo Keefe was hustling at center and Robbie Rotundi and Danny Allen were solid at the blue line to help goalie Andrew Bochart register the win.

Sunday's game with upstart Andover was a fast paced, well played game. With the 4-1 victory the Redmen solidified their first place standing. C.J. Walsh was solid in the Tewksbury net, backboned by Billy Lavigne and Nicole Smith on defense.

The Redmen scored once in each period (Andrew Bochart in the first, John Cahalane in the second and Christian Gianelli in the third) before Vanessa Tamburello's open netter with nine seconds to play sealed it.

Matt Porcaro dished out three assists, as Kenny Maglio, Tommy Doucette and Nicole Smith added solo helpers.

The Tewksbury Mite C youth hockey team beat Acton/Boxboro 5-1 in Dual State League play. A less than thrilling two periods saw only Colleen Fitzpatrick's goal standup for a 1-1 tie until the third period theatrics.

Goals by Christian Gianelli, Tommy Doucette, Matt Porcaro and Billy Lavigne sent the Redmen to victory late in the game. John Cahalane and Christian Gianelli earned assists and Andrew Bochart was in goal for the winners.

## Mite A's

In Dual State League action the Tewksbury Mite A youth hockey team defeated the Manchester Flames by a 3-1 score. Tight team defense and good puck movement were the keys to the Redmen win.

A sharp Brian Macy pass led to a goal by Bobby Fitzpatrick to open the scoring. Macy followed that with an unassisted tally on the same shift.

Good defense by T.J. Boyle, Jenna Bristol and John Marazzi in front of goalie Frankie Halley was the story for most of the rest of the game until Billy DeFerrari's third period goal. Ryan Walsh earned an assist on the goal. Strong back checking by Pat Cullity, Jean Bristol and Jared Leone helped the Redmen cause.

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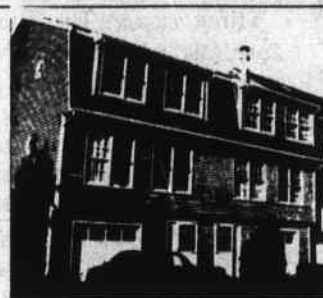
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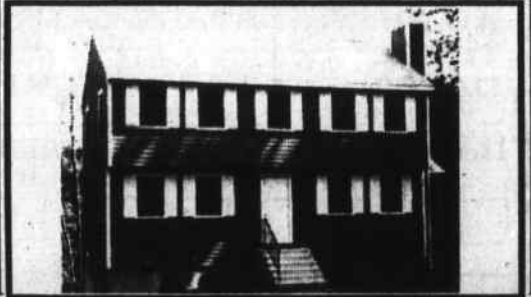
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# Healthy

## LIFESTYLES SPRING 1996



# Spring

**It's just around the corner**

Snow got you down? Cheer-up, Spring is just around the corner, next Thursday to be exact and in this Healthy Lifestyles "Special Section" we have a ton of activities for you indoors or outdoors.

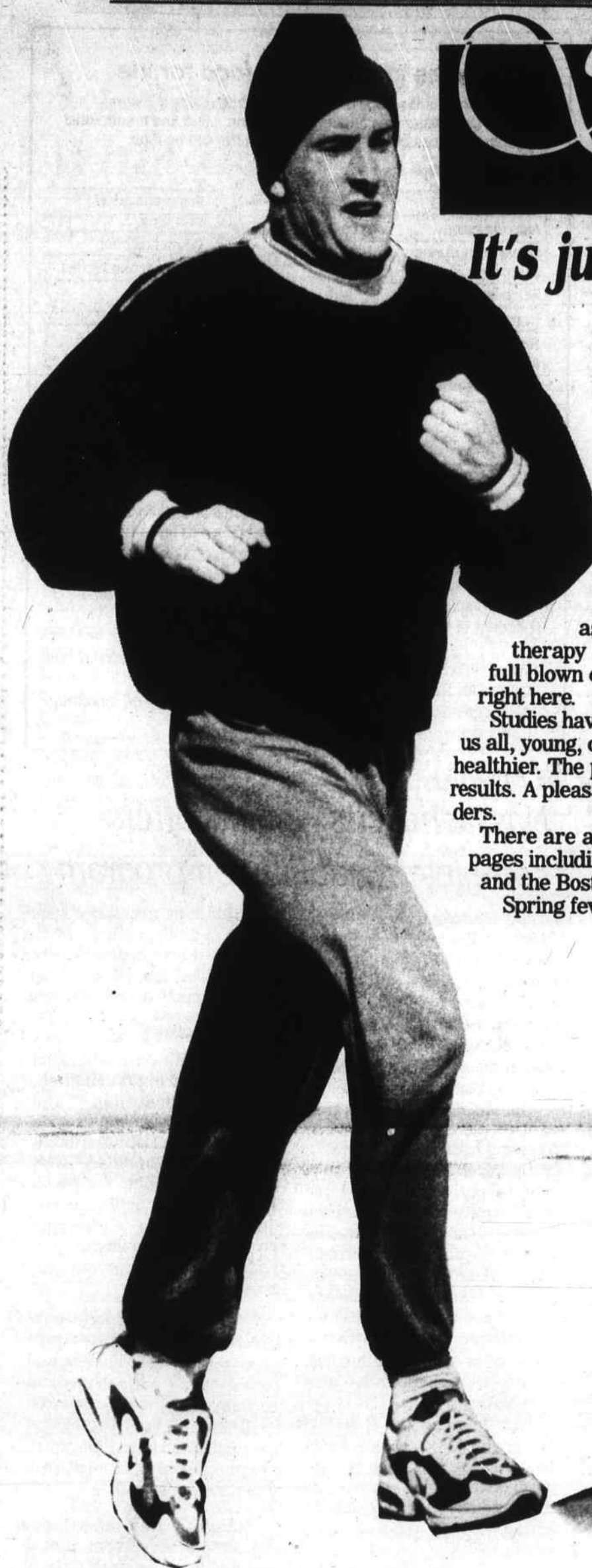
The section features everything from golf to women's fitness, hospital programs to medical treatments for special cases. We even have a number of senior citizen offerings plus a set of swings to use in the backyard if that be your need.

Healthy living can be as simple as having a visiting nurse come to your home to assist an elderly stroke victim with speech therapy or joining the North Suburban YMCA for a full blown exercise and development program. It is all right here.

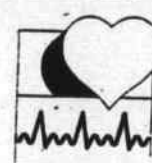
Studies have shown again and again how exercise makes us all, young, old and those in the middle feel better and live healthier. The program does not have to be dramatic to get results. A pleasant walk or gentle jog can sometimes do wonders.

There are also a number of hospital programs in these pages including ones from the Melrose-Wakefield Hospital and the Boston Regional Medical Center in Stoneham.

Spring fever, it begins right here.



**Y**our guide to health, and fitness



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# Healthy

## LIFESTYLES SPRING 1996

### Middlesex East



### Women's fitness is the specialty at Cardio Studios

In this day and age there are many new and exciting ways for a woman to alter her eating habits and lifestyle. - to incorporate into our everyday lives, those magical little changes that eventually will transform us into

a healthier, trimmer, and happier person.

Because, when we are doing something to improve ourselves, even if it is a small change, it gives us a feeling of accomplishment which gives our libido a

real boost. And small changes are what we should strive for in the beginning. Cutting down on our fat intake by reading the labels on those cans and boxes in the market. It may take a little more time, but it will pay off

in the end when low fat/calorie meals become a way of life, not a chore. And when we add exercise to healthier eating habits it can become a winning combination.

Cardio Studios to SS-3

### Try smart snacking?

While snacking can "smart" there are ways to avoid the sting of unwanted weight gain and poor nutrition. By following a few tried and true rules offered by The Quaker Oats Company, snackers can snack sensibly.

#### Plan your snacks

Foods chosen in a hurry are often low in nutritional value and high in fat and calories. If you're on the run, either pack fruit for later, or be prepared to make a careful decision at the vending machine.

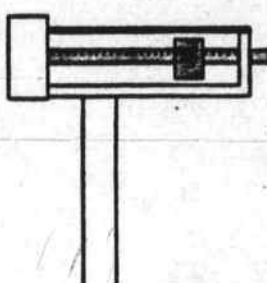
#### Read the label

The more you know about content, the better your deci-

### People try to lose weight in many ways

One thousand people were surveyed recently on approaches that they take to lose weight. Here are some of the methods that were cited.

	Percent mentioned
Cut out snacks and desserts	42%
Eat less of everything	37%
Start to exercise more	32%
Cut down on fat	32%
Stop eating at night	29%
Eat more fruits and vegetables	20%
Start counting calories	19%
Eat less red meat	17%



sions will be. Don't focus only on calories; check for fat and pay attention to serving sizes.

#### Graze

If you feel like snacking, go ahead. If you're not ravenous for dinner, it's less likely that you'll indulge.

#### Prepare yourself

Keep fruit in the bowl, rice cakes on the shelf and fresh, ready to eat vegetables or low fat cheese in the refrigerator. Make it easy to grab healthy foods.

#### Snack early

Mid morning snack cravings are common and okay. Eating snacks early can also thwart

later hunger pangs. Chronically overweight people often eat more than half of their calories during the second half of the day.

#### Slow down

It takes about 20 minutes for the body's chemical "fullness" message to reach the brain. Give yourself a rest before reaching for the second handful of munchies. You may not want them later.

#### Lighten up!

Instead of ice cream, try low fat frozen yogurt. Look for lighter alternatives to popular snacks.

#### Think nine

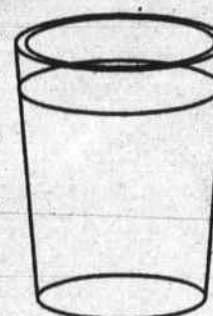
Learn the "9 rule" for figuring fat content. Because each gram of fat contains about nine calories, simply multiply the grams

### Water is as important as food for life

More than half of the body is water - 40 to 50 quarts if it were bottled. Daily water loss through perspiration, urine and breath must be replaced. Loss of 15 to 20 percent of water can be fatal.

#### Ways water helps the body:

Quenches thirst.  
Aids digestion.  
Cools body during exercise.  
Flushes out wastes.  
Carries nutrients to cells.  
Reduces risk of kidney stones.  
Lubricates joints.



Promotes good skin tone.  
Dilutes alcohol.  
Relieves headaches.  
Decreases premenstrual bloating.  
Curbs appetite and snacking.

SOURCE: American Dietetic Association

Copley News Service/Ken Marshall

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Dilutes alcohol.  
Relieves headaches.  
Decreases premenstrual bloating.  
Curbs appetite and snacking.

### In Malden Massachusetts Medical offers complete rehabilitation program

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The Malden office offers free, covered garage parking while receiving treatment and care.

The MMPTA offers one-stop, comprehensive diagnostic and rehabilitative care by a uniquely qualified team of licensed medical physicians whose specialties include Orthopedics, Surgery, Neurology, Cardiology, and Pulmonary Treatment.

Licensed registered therapists certified in strength conditioning and rehabilitative care are also available.

The Medical and Physical Therapy staffs' combined expertise ensures that each patient receives the caring support and motivation necessary to achieve optimal health and maximum rehabilitation.

Modern facilities include state-of-the-art diagnostic and therapeutic equipment providing prompt, efficient program development utilizing all preferred treatment modalities.

Your good health and concerns begin with a friendly, professional staff helping to com-

plete all their necessary insurance and reporting forms through their medical doctor examinations and physical therapy, personally-diagnosed treatment plan.

In addition to a multilingual staff, offering English, Vietnamese, Italian and Spanish, the group will provide translators to assist when needed. MMPTA believes that patients of all ethnic and social distinctions are better served when they are able to communicate and respond to therapy in a comfortable and respectful professional setting.

MMPTA's Professional Reporting Staff eliminates extra paperwork by coordinating and consolidating patient medical and physical therapy reports, resulting in concise targeted information including diagnosis, prognosis and treatment programs for patient use.

Automatic free reporting to patients referring them to medical and legal representatives is also available.

Call or stop by to arrange an appointment and to view the Malden facilities.

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### Human Melanoma The cure may be in your own backyard

Cancer of the skin is more common than all other types of malignancy combined. Most skin cancer is curable, particularly if caught in the early stages, which is why early detection is so important.

According to the Pharmaceutical research team at the University of Illinois, a promising new treatment has emerged. A naturally occurring chemical, generously distributed in the bark of a birch tree continues to be a new hopeful in the treatment of cancer.

Many chemicals used in the treatment of breast and ovarian cancer come from rare yew

trees, found only in African forests. This compound, betulinic acid, literally peels off with the bark of the birch tree, in plentiful supply. The research team first extracted the anti-melanoma compound from an

African plant. Later, after they had isolated the active ingredient, they found that it was available "right in our own backyard."

Successful trials show that betulinic acid eradicates melanoma tumors in mice, with no side effects. Results from human trials of this "natural" drug are soon expected.

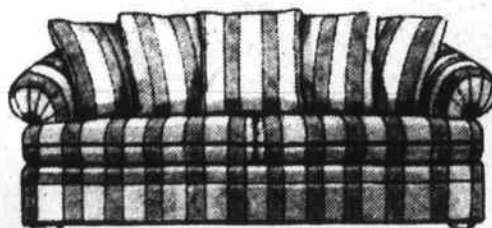
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# Healthy

## LIFESTYLES SPRING 1996

Middlesex East



### A Healthy Lifestyle- What does it take?

Everywhere you look it seems somebody is talking about health and how to improve it. The media is full of promises to provide you with everything it takes to improve your lifestyle and to provide you with better health. Everything from beauty aids, diet, exercise programs and vitamin supplements.

Unfortunately, there are many promises made that can't be kept. Particularly those suggesting that you can obtain improved health with little work. Often these are dietary supplements, vitamins or herbal remedies that advertise a quick fix for what ails you. It is sometimes difficult to distinguish between effective, time proven methods, and those that have little to suggest long-term benefit.

Recently there has been a lot of discussion and media hype about dietary supplements, particularly the anti-oxidant vitamins. First and foremost is a good healthy diet with adequate portions from all the food groups.

Research studies are beginning to show some benefit from the addition of certain vitamins. There is evidence to suggest that Vitamin E may have a protective effect in certain groups of individuals with the propensity toward heart disease.

A medical journal recently reported that a study on Vitamin A was discontinued because they found no evidence of improvement and in fact, in a sub-class of participants, there seemed to be an increase in lung cancer.

There are all types of formulations of anti-oxidant vitamins that you can find at your pharmacy. Most of them are rather expensive. You have to be careful that you are not doubling up on some of these medications. If you are taking an anti-oxidant formula along with a multiple vitamin and perhaps an individual Vitamin E, you may be getting Vitamin E in all of these formulations. Unfortunately, some vitamins when taken in excess can actually be detrimental to your health.

Before spending money on vitamins and food supplements, it is very important that a person discuss these issues with their Primary Care Physician. Specialists in Internal Medicine are particularly suited to provide their patients with this type of information. It is often difficult to pick through publications and know which recommendations are meaningful and based on fact, and which are based on less adequate research methods. There is no "quick fix" to a healthy lifestyle.

There have been a lot of media reports recently about Olestra, a fat substitute. It is hoped that this will allow people to eat the rich, fatty foods we all like and crave, with all their abundant flavor yet avoid the consequences of a high fat diet. Unfortunately, taken in large amounts, this fat substitute can cause a lot of gastrointestinal distress.

We will soon be seeing foods such as potato chips containing

this fat substitute. It remains to be seen if this will allow us to "have our cake and eat it too."

The bottom line is that a person needs to begin with a good healthy diet and an adequate amount of exercise, discontinue tobacco use, and avoid excess alcohol.

Your local primary care physician should be able to help you through the issues required to start you on your way to a healthier, happier life.

Submitted by J. Frederick Shield, M.D.

Dr. Fred Shield is Chief of Medicine at Boston Regional Medical Center. He is President of New England Medical Associates, P.C.

### Pediatric CPR program offered

The Pediatric CPR Program at Melrose-Wakefield Hospital offers important information on how an adult can help an injured child in a situation such as drowning, electrical shock, airway obstruction and choking, and allergic reactions. The program emphasizes the prevention of childhood accidents and keeping a child healthy. Participants learn cardiopulmonary resuscitation and choking-saving skills for infants and children.

Unfortunately, just by their nature, children are vulnerable to serious injury. Although preventing childhood accidents is a top priority for many adults, it is not always possible. Knowing how to respond correctly and quickly in an emergency situation can help save a child's life.

The Pediatric CPR Program is open to parents, grandparents, teachers, day care providers and others who are interested in learning this life-saving skill for children.

Those successfully completing the program earn a one year card from the American Heart Association.

The program will be held Fridays, April 19 and 26, from 7 to 9 pm. The course, conducted by Melrose-Wakefield Hospital certified instructors, is held in the MWH Family Education Center, Franklin School, located at the corner of Franklin and Main Streets in Melrose.

A second program will be held Sundays, April 21 and 28 from 7 to 9 pm in Perkins Hall at Melrose-Wakefield Hospital, Lebanon Street, Melrose.

The fee for this program is \$30 and registration is required. To register or for more information on the Pediatric CPR Program, call the hospital at 979-3878. Space is limited and individuals are encouraged to register early.

### Cardio Studios from SS-2

That's why at Cardio Studios in North Reading, a club owned and operated by women for women, they cater to the whole woman. With aerobic and toning classes for the beginner up to the advanced exerciser, a fully equipped workout room geared just for women, plus weight training and classes in nutrition and Yoga, they feel that any woman of any age or level of fitness will find the club a home

away from home.

Young mothers can also take advantage of the babysitting facilities. And being open seven days a week, anyone can find a time convenient for them. So there is no excuse for not being in the best shape possible, with hours during the week from 6 am to 9:30 pm, and on Saturday from 8 am to 4 pm, and Sunday from 8 am to 3 pm.

So make a Spring Resolution to get back into shape for the warm days ahead, remember,

summer is just around the corner. Now is the time to start a program especially designed for women here at Cardio by one of the personal trainers. Be the women you have always wanted to be - come to Cardio Studios, 197 Main Street, North Reading and see how easy it is to take the first positive step toward a new you. For more information on the club call 508-664-4466 or come in any time and take a tour of the facility. We're here for your good!



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With the advent of new, safe laser technology, facial wrinkles including lines around the eyes and mouth can disappear. Damage caused by over-exposure to the sun, irregularities in the skin surface, including old acne scars and brown aging spots can be vastly minimized. The results are extraordinary!

Drs. Michael Price and Vicki Kvedar have been thoroughly trained and credentialed in these pioneering laser surgical techniques. They actually perform separate techniques with the new Ultrapulse laser.

The first is called Blepharoplasty, or the surgical removal of extra skin and fat (puffiness) around the eyes. This office procedure usually takes one to two hours. You literally look as good as new. Facial rejuvenation or skin resurfacing usually takes 30 to 90 minutes and is performed in the office as well. This technique tightens and changes the surface texture of the skin, creating the look of a baby fresh appearance. The

skin becomes smooth and soft and loses its prior memory for wrinkles, irregularities, and pigmentation changes. The patient feels no discomfort (under local anesthesia) as the laser evaporates the superficial layers of skin. New layers grow in and there is no scarring.

For more information, please call Cosmetic Laser Institute of the North Shore (617) 324-0590.

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# Healthy



Middlesex East



## LIFESTYLES SPRING 1996

### Free elders' guide that can aid assets

A Guide for Elders: Planning That Protects You and Your Assets is once again available. This popular booklet, published by the Gerontology Institute at the University of Massachusetts Boston, is a user friendly "how to" booklet that gives the reader practical advice on how the legal and social services systems work in Massachusetts to protect our elderly citizens.

It provides invaluable guidance at a time when reports of elder abuse and financial exploitation abound. The Guide discusses such subjects as wills,

powers of attorney, health care proxy forms, nursing home considerations and consumer complaints.

Copies for Massachusetts residents 60 and older are free if picked up at the Gerontology Institute. Or, sent a request to: Guide for Elders, Gerontology Institute, University of Massachusetts, 100 Morrissey Blvd., Boston, MA 02125-3393, and enclose a check for \$3 (made out to "UMB/Gerontology Institute") to cover postage and handling. The cost per copy is \$5 for those who are not 60 or older.

### Dreams can come true

BE PREPARED when you make a wish at Wilmington Woods Nursing Center, because there's a good chance that it will come true. Just ask sixty-six year old resident, Wesley Arens. Mr. Arens longed to get behind the handlebars of a snowmobile and take a spin. The staff at Wilmington Woods, along with the Pelham Ski Club of New Hampshire, and the Wilmington Boy Scouts, troop # 136, all rose to the challenge.

The lack of snow on the designated ride date was no roadblock. High ups at the facility said "Bring in the snow" and they did. As a part of the Sunrise Healthcare Corporation "I have a wish" program, the grounds at Wilmington Woods were transformed into an Alaskan-style wilderness, complete with sled dogs, snowmobiles, a campfire, a teepee, an ice fishing hole, and groomed trails, upon which Mr. Arens took his snowmobile ride.

Mr. Arens chose to share his wish, so that other facility residents who were able, could also enjoy a ride. Those residents who were not able to venture outside had a visit from a sled dog sled team, complete with sled. To bring the outdoors in, the staff decorated the facility and filled new wheelbarrows with lime slush (the edible type) and went room to room serving this "snowy" treat.

The "I have a wish" program was developed by Administrator, Mark Latham in early 1995. Mark Latham, former Wood Mill (Lawrence) administrator, who is now at Wilmington Woods Nursing Center, got the idea for "I have a wish" after reading a magazine story about a similar program. The program grants wishes to residents of Sunrise Healthcare Facilities, and is based on a philosophy of individual accomplishment.

The wishes started out small, mostly food requests. Then, the residents started dreaming big. Requests have ranged from the down-to-earth wish of one resident - making a video for her family - to the unbelievable chance to soar in a

hot air balloon. Request granted. Dan Usher, a resident at their Mediplex Rehab in Lowell soared high in the sky in a hot air balloon, with Mark Latham at his side.

When Colonial Heights resident, William Walsh wished to fly in a plane, more than three dozen people received free rides, thanks to Eagle Nest Aviation, based at Lawrence Municipal Airport. Ray Leyden, a former military pilot



WILMINGTON WOODS staff brought in snow to prepare the trail.

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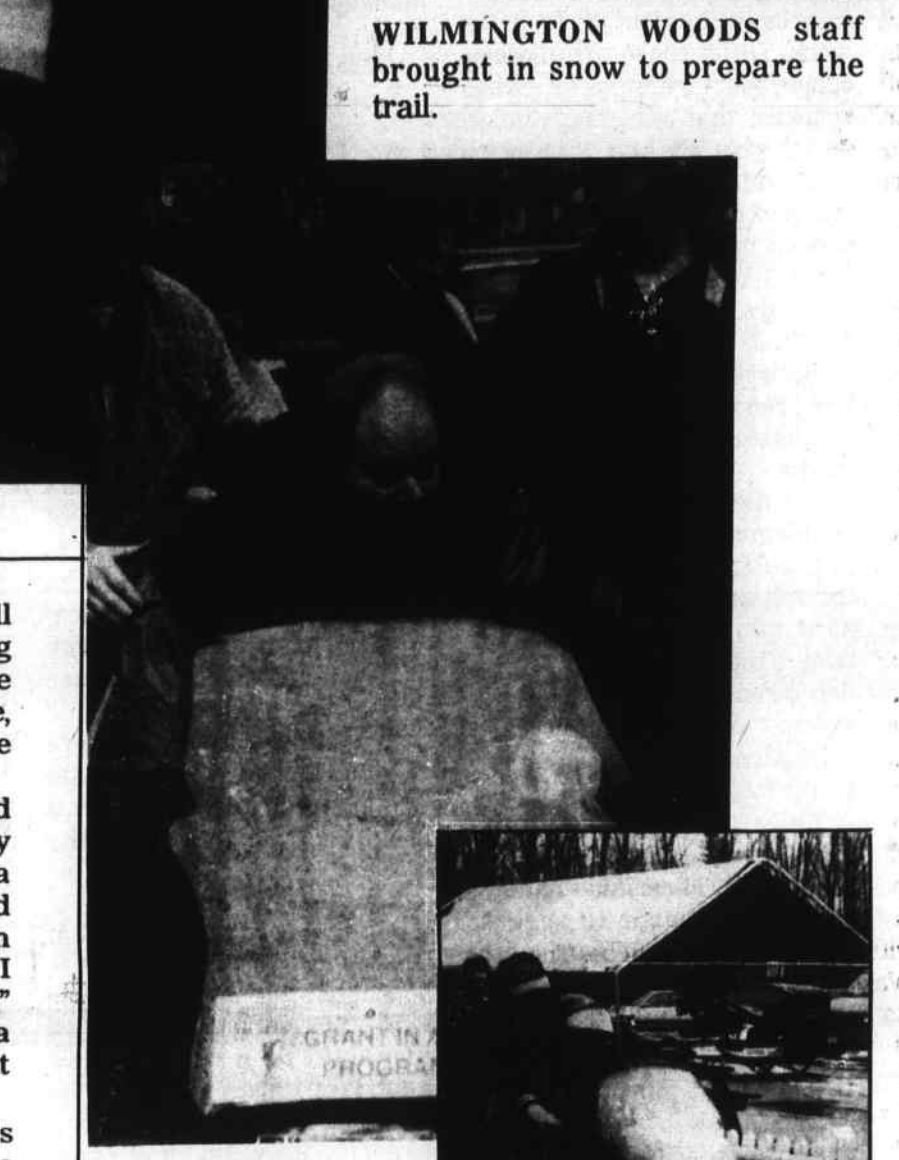
We invite you to call for more information or to arrange a tour.

### Ready.

and resident of Wood Mill Rehabilitation and Nursing Center, in Lawrence, got off the plane and hugged Debbie Pare, Recreational Director at the facility.

Another resident, 87 year old Yvonne Beaudoin, of Broadway Healthcare in Methuen, told a local newspaper that she'd never been in a plane but "I'm a dare-devil you know, and if I had a parachute, I'd jump out." When you're a resident of a Sunrise facility, be careful what you wish.

Gary Williams, Sunrise's national director, hopes the program's success will inspire other administrators. "The program gives residents individualized activities, improves their quality of life, and helps build teamwork," according to Williams. Perhaps more importantly, it encourages staff mem-



### Set.

bers to talk to residents about their lifelong dreams, big and small. Thanks to the positive thinking of administration and staff, dreams really can come true!

### Woodbriar residents enjoy a trip to Norway

As a special Leap Year Day treat, the residents of Woodbriar of Wilmington enjoyed an imaginary trip to Norway on February 29. Their guide on the journey through The Land of the Midnight Sun was Inger Govin, the Activity Director.

A native of Norway, she enlisted the help of other staff mem-

bers to create a day of excitement for the residents, sharing the cultural heritage of Norway through food, music, dance, pictures and costumes.

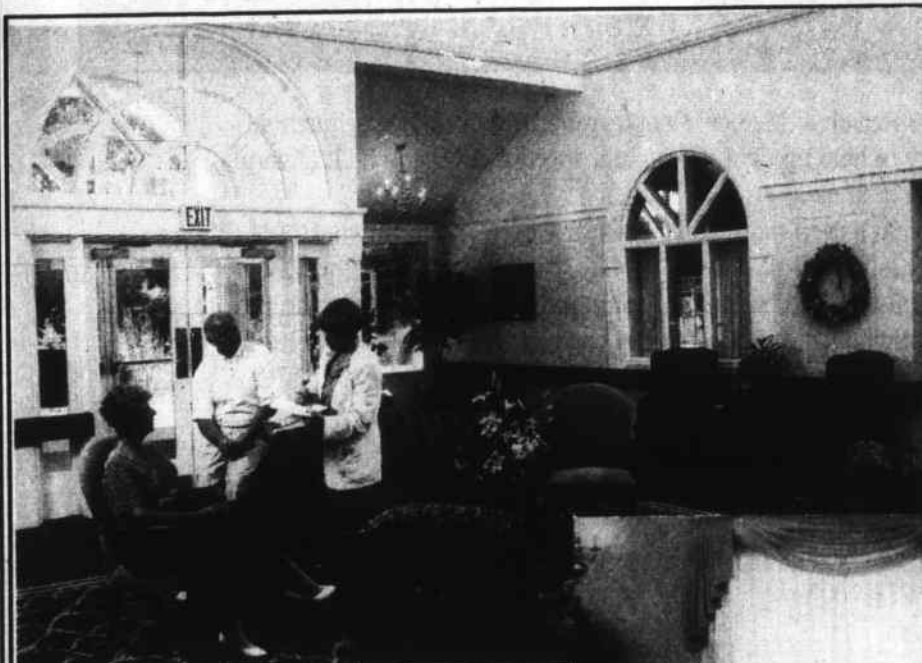
Lunch was as authentic Norwegian as it gets: Appetizer of Caviar and Crabmeat Souffle, followed by Salmon with Dill Sauce and Norwegian Meat Balls served

with Potatoes and Surkaal, a Norwegian style sauerkraut.

The Woodbriar chefs had no problems following the Norwegian recipes given them by Inger (in translation, of course). Dessert was a typical Norwegian treat: Caramel Pudding with Kransekake, or Tower Cake, a specialty used in Norway for weddings, bap-

Norway to SS-5

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# Healthy

## Middlesex East



### LIFESTYLES SPRING 1996

## MIGRAINES

### New treatments offer hope to 23 million Americans

Twenty-three million Americans (one out of eleven) suffer from migraine. At least 60% of women and 70% of males with typical migraine have never been diagnosed properly. A similar number do not seek proper treatment, believing that "bad headaches" are part of stress factors in life.

It is estimated that one million days of missed school and over one hundred fifty million days of lost work per year are attributable to headaches. Lost productivity estimates for the United States work force range from six to seventeen billions of dollars per year.

**Who Should Seek Treatment?**  
Any patient who gets headaches severe enough so that he or she cannot continue daily activities, or suffer almost daily, mild to moderate headaches, usually accompanied by neck pain, should seek treatment, preferably by a pain or headache specialist.

**Theories of Migraine:**  
The precise mechanism of tension type headache, chronic daily headache, and migraine has not been established. The traditional concept of cause of tension type headache states that increased muscle contraction in the neck and around the head is the mechanism. In fact, more muscle contraction is present in patients with migraine than with tension type headache. The "Vascular Theory" of migraine states that it is due to dilation of blood vessels of the brain. However, brain blood flow studies do not support this. The latest theory for causation of migraine is that it is the result of abnormal activity of (neurons) nerve cells in the brain stem.

**Can Migraine be Cured?**  
With the current state of our knowledge of migraine, it is possible to prevent many attacks and treat the acute attacks effectively. Although migraine

cannot be cured, a majority of migraine attacks can be prevented. In some women following menopause, they may not have any migraines.

**Latest in Treatment.**  
For the treatment to be effective, correct diagnosis must be established. All bad headaches are not migraines. Non-medical therapy may include application of ice, refuge in cool, dark quiet room and practicing of bio-feedback and relaxation techniques. Certain foods such as chocolate, MGS and wine may trigger an acute attack of migraine and once identified, must be avoided. Similarly, lack of food or sleep and stress are common triggers.

**Medicinal Therapy**  
When migraine attacks are frequent or very severe, preven-

tative medications should be considered. This may include a combination of:

- B-Adrenergic Blockers
- Calcium Channel Blockers
- Antidepressants
- Ergot Derivatives
- Anticonvulsants.

Recently, Vaproate has been shown to be effective as preventative medication in 50% of the patients.

For the treatment of acute migraine attack some of the common medications are:

- Non-steroidal anti-inflammatory agents like aspirin, Indocin, Naprosyn.
- Mixed analgesics like Firocet, Esgic, etc.
- Specific anti-migraine medications.

Subcutaneous, Sumatriptan (Imitrex) is effective but must be given by injection. Recently sumatriptan tablets have become available and provide ease of use specially for patients who are uncomfortable injecting themselves.

Ergot alkaloids derived from eye fungus, are also effective. Ergotamin tartarate (in cafergot) and dihydroergotamine (DHE) are commonly used.

Nasal spray of DHE may become available. It is easy to give to patients who may have nausea and takes effect in a few minutes. Both Imitrex and DHE when used have the advantage that they do not cause sedation.

Treatment of severe intractable migraines is preferably done at centers specialized for headache. Treatment in an emergency room is sub-optimal because:

- Delays in starting of treatment, since patients who are sicker are given preference.
- Usually narcotics are main stay of treatment.

With better understanding of the mechanism of migraine and newer medications, a patient can have a normal lifestyle.

Anil Kumar MD FACP  
Medical Director  
Advanced Pain Management

### Norway visit

From page SS-4

tisms, etc. Earlier in the morning Inger had demonstrated for the residents how the almond paste cookie rings are stacked to form a "Tower Cake."

Many employees dressed up for the day, either in ski sweaters or traditional Norwegian costumes. In fact, the Dining Rooms of Woodbriar looked like what you might see on a Norwegian Ship, cruising up the coast of Norway.



**DINING ROOM MANAGER CLAIRE LOMBARD AND ACTIVITY ASSISTANT ANNA MARIE GRAVES** serve the Caramel Pudding and Kransekake at Woodbriar of Wilmington's "Norway For a Day" event held recently. The Woodbriar Activity Department dressed in traditional Norwegian costumes for the day.

In the afternoon, the residents enjoyed a real Norwegian Party, with more traditional goodies, served, including Goat Cheese. They also enjoyed watching a group of employees performing a Norwegian folk dance around, the May Pole. (If you can pretend you're in Norway you can also pretend it's May, right?)

Music by Edvard Grieg and Ole Bull was enjoyed by all, as was the movie "Song of Norway", showing the magnificent nature of this Northern country.

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**A Migraine Headache**  
by Jason Buddie: Brunswick, Ohio



**A Migraine Headache** portrays the physical and emotional effects that migraine has on the 14-year-old artist. The bench serves to illustrate how a migraine attack can occur at any time, anywhere, with almost no signs.

## Lower cost dental implants

Dental implants have become increasingly popular due to their increased reliability, reduced cost and increased ease of placement.

The newer types of dental implants are less costly and require only traditional crown and bridge dentistry to complete treatment. The implant can be finished less expensively and more quickly, however, their success rates are equal to older styles.

Advances in techniques and materials allow implants to be placed in areas where teeth

have been missing for many years, even where gum and bone shrinkage have occurred.

Often loose dentures are a problem.

The new less costly implants can provide simple and less expensive solutions to this problem.

Anesthetics and sedatives continue to improve, and now provide great flexibility in use. The procedure to place the implants has become basically "painless."

Recovery after an implant is placed is quite rapid. Many peo-

ple require little or no pain medication and return to their normal activities the next day.

For more information, please call Howard Sepowitz, D.M.D., 438-0331.

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**ANIL KUMAR, M.D. FACP**

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**Dr. Kumar** had residency training at the Johns Hopkins Hospital, Baltimore, then a clinical and research fellowship at the Massachusetts General Hospital, Boston. He is a diplomate in the American Board of Pain Medicine.

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- |                            |                       |                          |                                   |
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| - Fibromyalgia             | - Pelvic pain         | - Post Thoracotomy Pain  | - Cancer pain                     |
| - Failed back surgery      | - Arthritis Pain      | - Backache/Sciatica      | - Myofascial pain                 |
| - Facet Disease            | - Diabetic Neuropathy | - Neck and shoulder pain | - Chronic Fatigue Syndrome        |
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# Healthy

## LIFESTYLES SPRING 1996

### Middlesex East



KIDS FROM Wakefield, Reading and North Reading, all members of Camp Fire for Boys and Girls, enjoy a mid-winter pool party at the Colonial Hilton at the Wakefield-Lynnfield line. (Don Young photo)

## Exercise Strategies: Staying consistent with your program

Once you have committed yourself to a regular exercise program, sticking with it is half the battle.

To avoid boredom, consider the following:

Try to exercise with a partner. There will be times when exercising is the last thing you feel like doing. Having a partner will make you accountable for showing up and can give you the encouragement you need to keep going when you're not motivated.

Unless you really enjoy one activity, vary your activities and the amount of time you spend at each per week. For example, don't just walk three times a week for 20 or 30 minutes. Walk 15 minutes then ride a bike for 15 minutes.

Join a health club. Most clubs provide stationary bikes that are designed to work your upper and lower body as well as develop your cardiovascular system, plus rowing, StairMaster and cross country skiing machines.

Enjoy your newfound fitness. Reward yourself with clothes that show off how lean and trim you have become: treat yourself

to a facial, new hairstyle and/or a massage; plan a trip to a luxurious health spa.

If you struggle with addictive tendencies (alcoholism, drug problems, overeating), join a support group. Consider it part of your overall health program and ask the members of your group to encourage your success.

Work out with a personal trainer. Sure, this is an expensive option, but one that is virtually guaranteed to work. A trainer will create an exercise program tailored to your needs, and monitor you as you progress toward your goals.

Do only that which you enjoy. Finding activities that are pleasurable as well as excellent exercise may be a challenge, but they do exist (organize a walking group in your neighborhood, install a lap pool in your back

yard, sign up for tennis lessons).

Keep in mind. "When you're doing what you love, work becomes a pleasure." (Sue Grafton, author of mystery books, quoted by Prevention Magazine.)

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In recent times, hot water therapy has gained the endorsement of physicians and athletic trainers for the treatment of pain and injuries.

"We've been recommending hot water therapy for our patients with rheumatoid arthritis or sports related injuries," said Rich Richley, M.D., a San Diego Orthopedic Surgeon.

"Our objective is to obtain deep-heating action. Hot water, as opposed to dry heat or

lotions, allows heat to penetrate more deeply in the tissues, which is most beneficial for relieving pain and tension," Richley said.

Many other medical professionals promote hot water therapy for the treatment of lower back conditions, stress reduction, and as an aid to better sleep.

Today, many Americans enjoy the benefits of hot water therapy at home through the purchase of their own portable spas.

"In our stressful world, people are looking for better ways to relax, and there's no better place to unwind than to soak in a portable spa in the comfort of your own home," said Steve Hammock, executive vice presi-

dent of HotSpring Portable Spas, the nation's largest portable spa manufacturer.

"And perhaps more importantly, it's fun," Hammock added.

Both research and feedback from consumers show more Americans are learning from the benefits of spa use. People are becoming focused on personal improvement - both mental and physical - and are looking to spend more quality time at home. Home spa address both of these issues.

A few minutes immersion in hot water causes a rise in body temperature and an increase in circulation. In addition the buoyancy of water produces the enjoyable sensation of weightlessness.

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For more information on Home Spas, please call North Shore Pool Supply at 617-246-2221.

## Weekend Warriors

Those who treat fallen Warriors quickly see patterns of common pitfalls. As spring approaches and awakens the Weekend Warrior in many casual athletes, here are a few suggestions which may prevent one more casualty.

Obviously, the Weekend Warrior by definition, is one who gloriously steps upon the battlefield at relative infrequent intervals. He would like to think that it occurs every weekend when he automatically charges out of his identity in grand Superman style, but in reality the metamorphosis is far less frequent. This is just one of the many tricks that the mind of the Weekend Warrior plays on him. Another subtle, but very powerful mental lapse, is that after the age of twenty (or prime age of physical performance) the brain rarely adjusts its expecta-

tions on what the body is able to do. Thus, the groundwork is laid for all sorts of catastrophes.

While there are complex strategies to avoid this potential problem the simplest is probably the best, perhaps in the form of the Warrior asking himself some basic questions.

1. "Am I ready to...?" Gardening, walking, jogging, tennis, etc. all have a series of movements performed with a certain intensity over a period of time. If the Warrior is not at all in the habit or trained for these events, then risk or injury is much higher.

2. "How can I get myself ready to...?" To ask this question is a major accomplishment for the Warrior as it admits to less than immortal qualities and rational thinking. However, the plan must be reasonable.

Warriors To SS-7

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Monday, March 25: Prayer in Our Life

Tuesday, March 26: Reconciliation

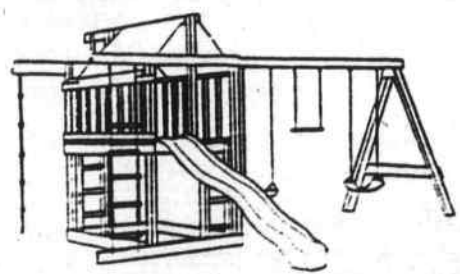
Wednesday, March 27: The Mystical Body of Christ

Thursday, March 28: The Eucharist

There will be a collation following Thursday's service. Please feel free to attend any or all of the evening services. Childcare will be provided each night of the mission. For more information, or to arrange for transportation, please contact St. Joseph's Rectory, 617-245-5770. Please bring one canned good to be donated to the Wakefield Food Pantry.

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# Healthy

## LIFESTYLES SPRING 1996



### Sight is the most precious sense Advances in treatment of glaucoma

Glaucoma is a condition in which pressure created by fluid in one or both of the eyes builds up to an abnormally high level. When this pressure, called Intraocular Pressure, remains elevated over a period of time, damage to the nerve of the eye, called the optic nerve, occurs. The elevated eye pressure can compress and damage the nerve fibers which interrupts the transmission of visual messages from the eye to the brain. If glaucoma is left untreated, the

result is a permanent and irreversible loss of vision and ultimately, blindness.

Glaucoma is one of the leading causes of blindness in people over 40. Glaucoma can be inherited, and therefore if a family member is known to have glaucoma, the chance that other members of the family may develop or have glaucoma is increased.

Glaucoma, like high blood pressure, is usually a silent disease. A person may not know

that he or she has glaucoma because a person usually cannot sense that their eye pressure is elevated. Sometimes, the only indication of having glaucoma is the presence of blurry vision, which may indicate that damage to the eye is already occurring.

There are two different kinds of glaucoma, open angle, which is the most common type, and closed angle or acute glaucoma which is relatively rare. In open angle glaucoma, the drainage channels are open but slowly become clogged over time resulting in a gradual rise in the eye pressure. There is usually no pain with this type of glaucoma.

However, acute glaucoma or closed angle glaucoma is different from open angle glaucoma

because the eye pressure goes up very quickly, within a matter of hours, due to complete blockage of the drainage channels by the iris. Acute glaucoma usually causes a sudden decrease in vision and a painful red eye. It requires immediate treatment.

Glaucoma can't be cured, but it can be treated and controlled. The treatment for glaucoma includes eye drops, oral medications, laser surgery, and micro-surgery. Eye drops are the most commonly prescribed treatment for glaucoma. There are many different types of glaucoma medications which act to lower the eye pressure.

In many cases, eye medica-

Glaucoma to SS-9

### Warriors

from SS-6

Throwing oneself with reckless abandon into a training program is just as disastrous as entering a main event without training. Gradual increases of activity over time will prove more successful. Before walking four miles, maybe one mile or one-half mile should be considered according to personal

needs. Regular training at three or four times weekly is necessary before advancing the activity further.

3. When will I ...? This is a very practical question. Many good intentions are lost from the inability to master a full or intimidating schedule. Planning ahead over the course of days and weeks is helpful.

4. "What shall I do?" This is a sad question: a Warrior without a Main Event. But it is asked usually by someone who has not seen action for some time, or who has received the command of a higher authority to "get moving." The essence of the Weekend Warrior is the zest and zeal of movement. The Warrior somehow embraces something he enjoys doing. It satisfies an emotional need as well as a physical one.

5. "Should I really do this?" Warriors have to pick their battles carefully. The dilemma of acting prudently given effects of aging or past wounds versus the undaunting desire to "go out in a blaze of glory" should be recognized; perhaps it is a healthy tension nonetheless.

6. "Do I need professional help?" This question should not be used as a substitute for common sense which solves most problems if employed before an event. There are many physicians, therapists, chiropractors and other competent practitioners in the area who may be of help, says Vinny Gatto of Reading Physical Therapy. However, these can provide only part of the cure. For the true Weekend Warrior, the cure lies within.

acute care problems. And Stanton explains, nurse practitioners have protocols they follow that outline when they should refer a patient to be seen by the physician. Despite the tremendous overlap in primary care capabilities, nurse practitioners are the first to emphasize that they are not doctors they see physicians and nurse practitioners as complementary.

Choose a Nurse Practitioner

Stanton encourages people to be willing to have care delivered by a nurse practitioner. In her experiences, many patients, who are at first reluctant to see a nurse practitioner, are very willing to receive care from them again.

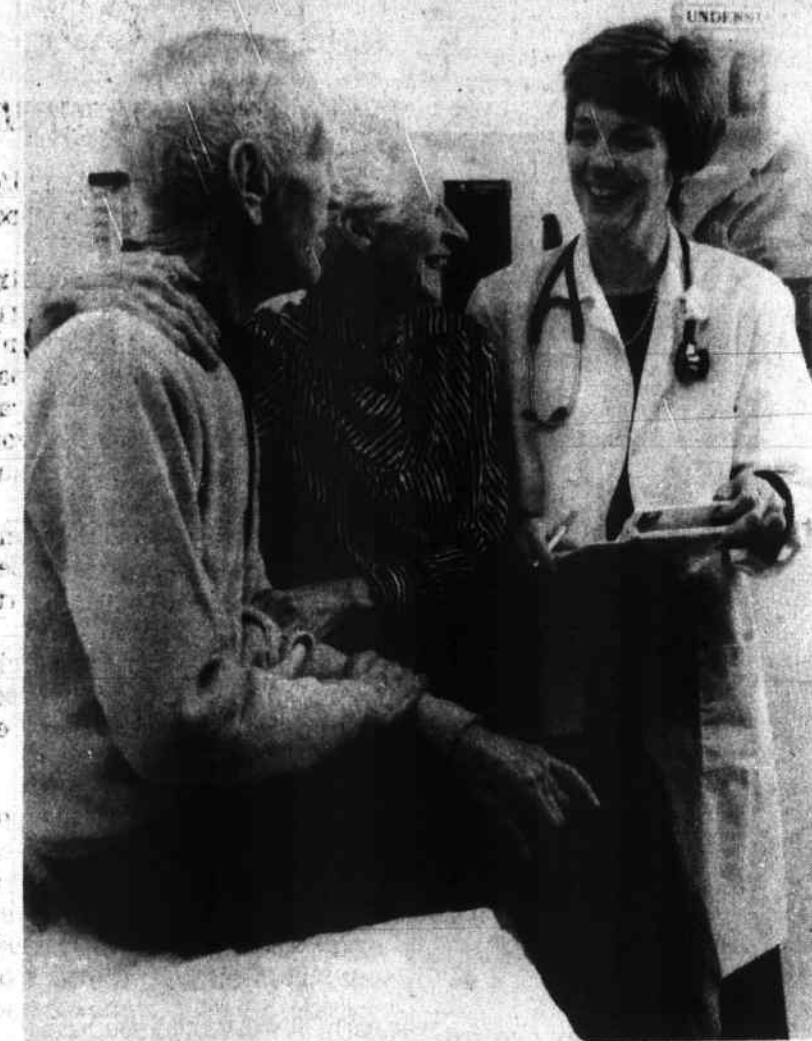
"So much of the focus today in health care is on primary care to prevent more serious, expensive health problems from occurring down the road, which ultimately saves both patients and the health care system problems," said Dr. Watrous. Nurse practitioners can play a major role in that effort because they "Help people focus on taking care of themselves."

ded capacity, particularly for patients with acute care needs," adds Dr. Watrous. With a nurse practitioner in the office, patients with such conditions as a sore throat can usually be seen right away. Nurse practitioners facilitate constant communication between the patients and the physician. They also have a strong emphasis on education, an area for which most physicians feel frustrated they don't have more time.

What makes a nurse practitioner a nurse practitioner?

According to the American Academy of Nurse Practitioners, nurse practitioners are registered nurses who have advanced education and clinical training in a specific health care specialty area, such as family practice, pediatrics, psychiatry, or women's health midwifery. Most nurse practitioners are also nationally certified in their specialty areas and are recognized as expert nurses.

Advanced training enables nurse practitioners to diagnose patients and write prescriptions, similar to physicians, for routine



NURSE PRACTITIONER ANNE STANTON, M.S., R.N.C., talks with her patients Fred and Mary Richards of Wakefield.

### A new approach to Primary Care

If you haven't been cared for by a nurse practitioner yet, chances are you will. There are more than 32,000 in the country and their numbers are growing. Bruce Watrous, M.D., an internist/cardiologist at Melrose Wakefield Hospital, thinks that nurse practitioners are an excellent addition to primary care. His Wakefield practice is one of several area medical practices that have already added nurse practitioners to the team of providers.

In his office, the nurse practitioner, Anne Stanton, MS, R.N.C., sees some of her own patients as well as patients with minor acute symptoms (colds, flu, sore throats) and chronic conditions (diabetes, high blood pressure). She also handles routine physical and lab test follow ups. Dr. Watrous says he and Stanton work as a team. "Doctors and nurses look at different things. I think the combination is a very good way of caring for patients."

"One of the main things nurse practitioners bring to a primary care practice is expan-

### Advances in cosmetic dentistry

A smile can be the most eye-catching feature of a face. Whether or not yours is a heart warming asset or not can depend on you. Because of the latest advances in dentistry, you no longer have to settle for stained, chipped or misshapen teeth.

Tooth whitening or bleaching is a process which can significantly lighten the shade of your teeth, by the application of an oxidizing solution. It can be performed on all types of teeth. The procedure is relatively safe, when supervised by a dentist, with little side effects. The advantage of this procedure is that it is conservative, and is

simple and economical.

Bonding is a procedure where tooth-color materials are applied to tooth structure. Bonding covers discoloration, chips and fractures, as well as gaps. It is virtually painless, and in most cases, does not require anesthesia. The advantage of this technique is that, in one visit, a beautiful esthetic result can be achieved, pain free.

Porcelain veneers or restorations can be used when severe discoloration or misshapen teeth cannot be successfully treated by bleaching or bonding. The procedure is slightly more invasive, and requires processing in a dental laboratory. In this way,

severe discoloration or misalignment can be corrected. The advantage to this procedure is that it is still conservative, compared to crowns or caps, and allows for a very predictable and beautiful result.

In the past few years, these few techniques have allowed many people to attain the smiles that they dream of, with relative ease and affordability. Talk to your dentist about some of these procedures, there are probably some that can improve your smile.

For more information, call Rocco A. Iocco, D.M.D., 36 Salem Street, Lynnfield, (617) 245-7986.

### Do You Have Any of These Symptoms?



- Frequent "Colds?"
- Polyps?
- Running Nose?
- Watery, Itching Eyes?
- Frequent Sore Throat?
- Wheezing?
- Shortness of Breath?
- Hives?
- Rashes or Headaches?

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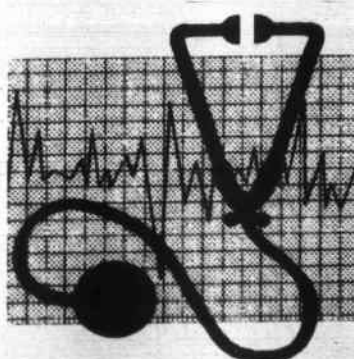
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# Healthy



## Middlesex East



# LIFESTYLES SPRING 1996

## Melrose-Wakefield domestic abuse plan

With the goal of increasing awareness of domestic abuse and learning how best to talk with and get a victim to safety, Melrose-Wakefield Hospital sponsored a two part program for health care providers recently. The problem, despite all the attention it has received lately in the media, often goes unrecognized, unreported and interrupted because many health professionals are not properly attuned to the subtle signs and behaviors that characterize abusers and their victims.

Nationally recognized expert on domestic violence Harlow Lebarge, M.D., presented the first part of the program along with Mary Previte, RN, nurse manager of the Emergency Department at Melrose Wakefield Hospital, and Joseph DiPietro, Ph.D., director of MWH Outpatient Psychiatric Services. A panel discussion featuring a survivor of domestic abuse and violence, and two female professionals specializing in assisting and protecting victims, rounded out Part Two.

Dr. Lebarge defined domestic violence as "the actual or

threatened physical, sexual, verbal or emotional abuse of an individual by someone with whom they have, or have had, an intimate relationship." Battering, which includes physical assault, sexual assault and psychological abuse, is the single major cause of injury to women in the United States today, accounting for more medical visits than rape, mugging and automobile accidents combined. By conservative estimates, three to four million women are physically battered each year by husbands, former husbands, boyfriends or lovers. The problem is found in all social, economic and racial groups.

A task force of health care professionals at Melrose Wakefield Hospital as well as the Domestic Violence officer for Melrose Police Department, Mike Bloom, have also revised the protocol for dealing with domestic violence issues for patients at Melrose-Wakefield Hospital.

A special brochure on this subject, which includes the phone numbers of agencies pro-

viding help to victims, has been published and widely disseminated within the hospital and throughout the community. Tiny "show cards" with this same information have been placed on display in the examining rooms of the MWH Emergency Department. Their size allows a victim of abuse to slip them into her shoe or wallet without her abusive partner's knowledge.

In addition, a free, safe and confidential support program has been implemented to help victims to safety. For information on "The Safety Line," call 617-979-3334. For a free brochure on how to help yourself, or someone you know, out of a domestic abuse situation, call the Community Services Department of Melrose-Wakefield Hospital at 617-979-3508.

### Women's Health

## The importance of pap smears

Many women understand the value of a yearly visit to their physician, but many others neglect their health by skipping this important visit. One of the most important tests that a woman should have every year is a screening test for detecting early cancer of the uterine cervix, known as the Pap Smear. As with all cancers, early detection is crucial. For uterine or cervical cancers, the general survival rate is 66%, but for those patients diagnosed early, it extends up to 90%.

Most doctors recommend that a Pap smear be performed every year with the onset of sexual activity by age 18. The Pap smear is a simple, painless test used to detect abnormal cells in and around the cervix. This test can be done in a doctor's office, clinic or hospital.

"During your pelvic examination your primary care physician or gynecologist will painlessly collect a sample of cells from the cervix and upper vagina with a wooden scraper, cotton swab or cervical brush, placing the cells on a glass slide. Lab technicians will then examine the cells and rate them on a scale of one (normal) to five (cancerous)," says obstetrician/gynecologist Brian O'Connor, M.D., a member of the Medical Staff of Melrose-Wakefield Hospital.

"Your doctor will then let you know your results, usually by mail

or telephone." If the pelvic exam or the Pap smear shows any abnormality, your physician may repeat the Pap test or perform additional tests to further determine what is causing the abnormality.

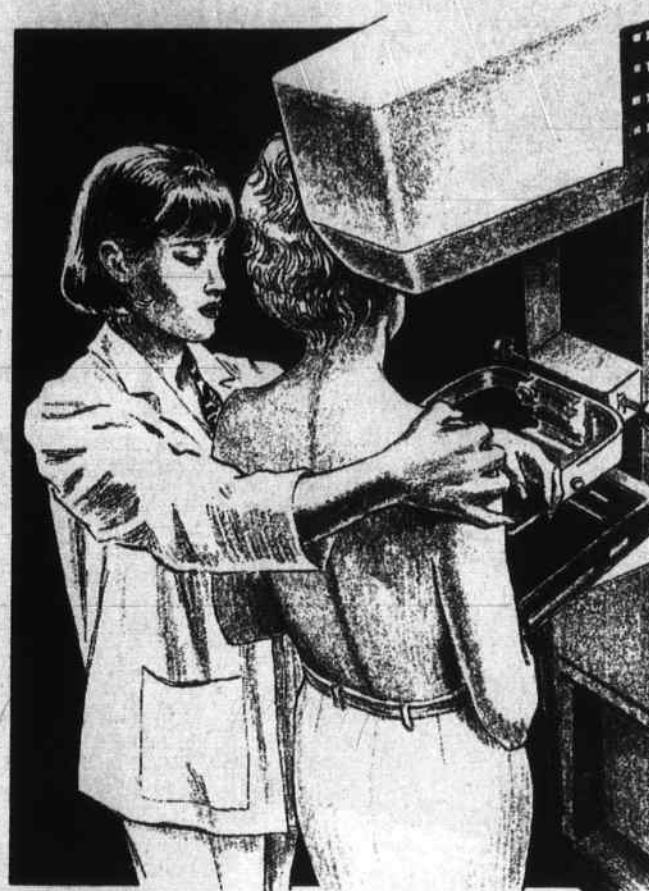
"Abnormal cells may result from bacterial infections which cause inflammation, which can be treated with antibiotics," says Dr. O'Connor. "Abnormal cells are also commonly associated with infections from the human papilloma virus (HPV)."

"Pap smears most importantly identify precancerous conditions of the surface cells including dysplasia and carcinoma. These conditions are highly curable with treatment, but if they are not treated, they may develop into cervical cancer."

"The Pap smear is your best protection against cervical cancer. If you have a warning signal like irregular bleeding or unusual vaginal discharge, you should see your doctor immediately," Dr. O'Connor adds. "Since cancer doesn't always give a warning, regular cancer-related check-ups that include a Pap smear are extremely valuable and important."

For a guide to primary care physicians or gynecologists at Melrose-Wakefield Hospital, please call 617-979-3507.

Early  
detection  
means  
90%  
Survival  
Rate



The best weapon against breast cancer is early detection and that's why a mammogram is so important.

A mammogram is a low-dose x-ray that helps your doctor "see" breast cancer before there's a lump, when the chance for successful treatment is greatest.

It could save your life and your breast.

However, a mammogram is only part of the fight against breast cancer.

You should regularly examine your breasts, and have them examined by your doctor or health provider as well.

Although not perfect, mammography is still the most effective means to detect breast can-

cer early. It's essential you have a mammogram ... even if you have no symptoms....

...because all breast cancer needs is a place to hide.

To fight breast cancer, the American Cancer Society offers the following mammography guidelines:

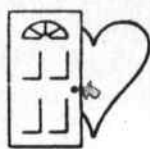
In addition, a clinical breast examination is recommended

**Women 40 to 49:** Have a mammogram by the age of 40, then every 1 to 2 years, even if you have no symptoms.

**Women 50 and Over:** Have a mammogram every year.

every three years for women 20 to 40, and every year for those over 40.

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## Juggle your work and family

Learn how to juggle work and family and still have time for yourself at a workshop presented by the Boston Regional Center for Child and Family Development and the National Coalition for Early Childhood Professionals, Inc. Called "A Delicate Balance."

The workshop will be offered on Wednesday, March 27 from 7 to 9 pm at the Odyssey Day School at 195 Collincoate Street in Stoneham. Beth Yourgrau, a Boston Regional medical center social worker, will explore positive ways of organizing your life so both you and your family's needs are met.

The fee for the program is \$10 and pre registration is required. For more information or to register call 617-979-7057.

## Egg donor program offers new hope

READING - Imagine being newly married and told you are going through menopause at the age of 25 and will probably never be able to have children. Or, you are 43, it's your second marriage and your new husband has always wanted to be a father. There is new hope for couples faced with these situations according to Vito R. S. Cardone, M.D., Medical Director of the Fertility Center of New England in Reading. In both of

the above mentioned cases, the couples are now proud parents.

"The Egg Donor Program provides new hope for women with premature ovarian failure (early menopause,) transmissible genetic disease, poor quality eggs or congenital or surgical absence of ovaries," explains Dr. Cardone. It also may benefit couples who have experienced a number of failed in vitro fertilization cycles.

Egg donor to SS-9

## Strengthen the marital bond

With the coming of Spring, comes a perfect time to review the quality of your interpersonal relationships and especially your marriage. Couple's therapy can be one way in which to enrich your individual life as well as your marital relationship.

According to Barbara Goldsher, LICSW, of Tewksbury, couples move through several stages in a lifetime. Couples begin with a period of Expansion - a time when each individual feels somehow larger, more witty and charming - the best he or she can be. The intensity of Expansion does not last forever though, and a period of Contraction follows, where we pull back into a time of resolution where intimacy is renewed and each individual can be more complete.

Most couples come to Barbara Goldsher, LICSW, during the period of Contraction. In couple's counseling, you can expect that goals such as improving communication, especially in areas of conflict, will be set. Oftentimes techniques such as role playing, modeling, and contracting are utilized to help foster successful conflict resolution. Most often, therapists will ask for a history of each spouse's experience in his or her family of origin as a foundation for understanding patterns of behavior. Often, one's

Couples to SS-9

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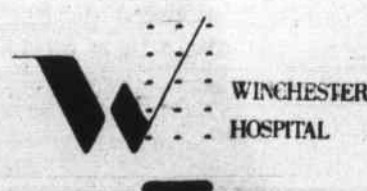
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# Healthy

## LIFESTYLES SPRING 1996



### Egg donor

From SS-8

The Fertility Center of New England has offered egg donation for many years. In March, 1994, the Center started an anonymous program. "The success of our anonymous egg donor program has greatly exceeded our initial hopes and projections," says Dr. Cardone. "Not only do we view the program's success in terms of its pregnancy rate of 69.2% (based on first positive pregnancy test), but also by the happiness it has brought to dozens of couples who have become pregnant after many hopeful years."

#### The Program

The Center offers couples a choice between participating in an anonymous or known donor program. Through the Known Egg Donor Program, just as its name implies, the recipient and egg donor know each other in advance of any procedures. A couple may enlist a friend, a sister or a cousin to be their donor or opt to secure a donor through the program. Through the Anonymous Egg Donor Program, the match is strictly confidential; there is no personal relationship between the couple and the donor.

#### Careful Screening

Before determining the eligibility of an egg donor, the Egg Donor Program Coordinator, Daniele Cardone, B.S.B., screens participants very carefully and thoroughly. The first phase of screening involves an in-depth meeting which may last up to two hours. A comprehensive review of the donor's background is conducted including physical characteristics, medical and family history, talents, education and hobbies. The donor learns of the complete IVF procedure, including her responsibilities. She is then given a complete battery of psychological testing. Next, she meets with the program psychotherapist Nancy Docktor, RNCS, to discuss her participation. Nancy appraises the donor's maturity and seriousness about the program.

Upon being accepted into the program and matched with a recipient, the donor begins the second phase of screening which involves an appointment with one of the physicians for a physical examination and a complete blood work-up.

The recipient couple is also pre-screened. They meet with Nancy Docktor and complete all of the same tests that the donor receives. "It is important that the two parties start the cycle with a clean bill of health," says Dr. Cardone.

#### The Process

If all the results come back normal, the Egg Donor Program Coordinator synchronizes the donor's and recipient's menstrual cycles. Fertility Center staff monitors the recipient to prepare her endometrium for implantation. The donor is given medication like those prescribed for an in-vitro fertilization cycle to stimulate egg production. When the donor undergoes the egg retrieval procedure, all of the retrieved eggs

### Couples from SS-8

behavior in marriage is reflected in patterns created in childhood. Sometimes these patterns are no longer helpful or useful in an adult marital relationship. A therapist will help individuals to develop healthier behaviors to promote stronger intimacy.

While couple's treatment is not the only way to improve marriage, most individuals who enter treatment find that working through the struggles of the Contraction stage brings them genuine intimacy and the skills to handle problem solving in a positive, constructive way.

will be designated for her specific recipient (transferred fresh or frozen for future attempts.) Three days after fertilization takes place in the IVF laboratory, three or four embryos are transferred to the recipient.

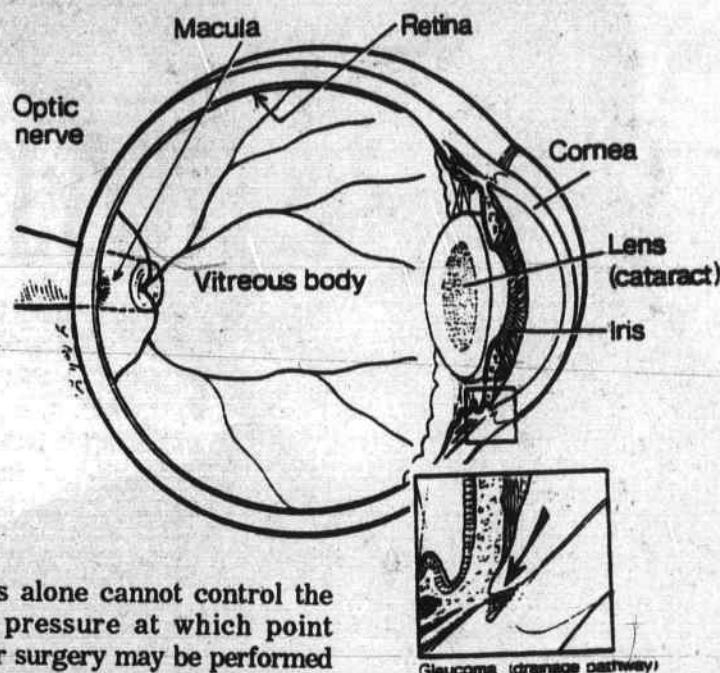
The retrieval marks the final phase of participation for the egg donor. For the recipient, the transfer marks the beginning of 12 days of anticipation before the pregnancy test. If the test is positive - as it has been for more



than two out of three couples at the Fertility Center of New England so far - this is the end of the couple's long, challenging infertility journey. "The happiness these couples experience marks an important achievement for the couple, for our staff and for myself," says Dr. Cardone.

For more information about the Egg Donor Program at the Fertility Center of New England, contact Daniele Cardone, B.S.B., Egg Donor Program Coordinator, at (617) 942-7000, ext 649.

### Glaucoma From SS-7



tions alone cannot control the eye pressure at which point laser surgery may be performed to help lower the eye pressure. The laser makes a small burn or opening in the drainage channels to improve drainage and reduce the eye pressure. In severe cases of glaucoma, microsurgery of the eye is

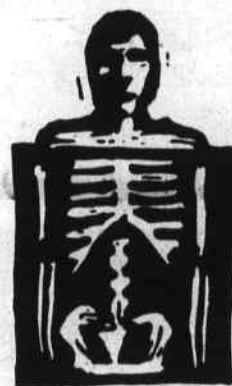
required to make a new channel in the eye which allows the intraocular fluid to bypass the clogged drainage channels.

Individuals with glaucoma are also at risk for other eye problems. One of the things to watch out for is the formation of cataracts. The symptoms of cataract also include blurry vision, glare and problems with reading or driving at night.

Cataracts are a common disorder, more common than glaucoma. However, if a cataract does form, the only way to treat it is to have the clouded lens in the eye surgically removed.

Mark A. Latina, M.D. is a glaucoma specialist with fellowship training at the Massachusetts Eye and Ear Infirmary, Harvard Medical School. He performs laser, glaucoma, and cataract surgery. Dr. Latina also conducts clinical trials to investigate new medications and laser treatments for glaucoma, at his office in the Reading Health Center.

Dr. Latina is also one of the leading authorities in the treatment of glaucoma with laser surgery. He has lectured nationally and internationally on laser and surgical treatment of glau-



## Why do women crave chocolate?

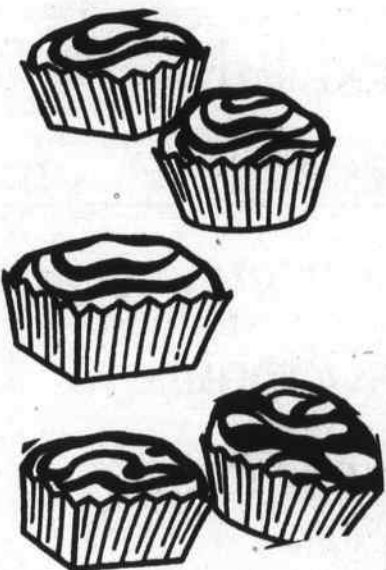
The food cravings women experience are Mother Nature's way of telling us that we need to eat a specific food in order to look and feel great!

Recently, a new field of nutrition and women's health has emerged: the study of the effect of estrogen and food on powerful mood-modifying brain chemicals. Over a decade ago, MIT began the search for a link between food and mood. They found that various foods that were high in sugar and starch boosted a potent brain chemical called serotonin that brought about feelings of calmness and

general mood stability. It wasn't until more recently, however, that the evidence surfaced relating the food/mood link specifically to women.

Researchers at a New York university found that women frequently craved sugar and chocolate because of estrogen's effect on brain chemicals and blood sugar levels. And this

effect explains why female cravings for food and chocolate emerge at puberty, intensify premenstrually and during pregnancy, and diminish but almost never disappear.

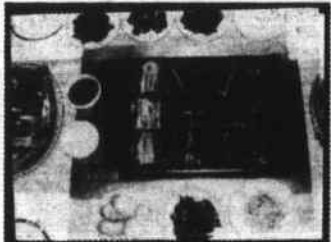


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4. 치킨테리야키 Chicken Teriyaki Broiled chicken & vegetables w/teriyaki sauce
5. 육계장 Yook Ge Jang Hot & spicy stew w/shredded beef & vegetables
6. 두부찌개 Dubu Jjigae Vegetables & tofu stew w/hot & spicy sauce
7. 김치찌개 Kimchi Jjigae Kimchi & sliced pork casserole served w/rice
8. 비빔밥 Bibimbab Marinated beef & vegetables over rice



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## Middlesex East

As a Fellow of the American Academy of Ophthalmology, he teaches other ophthalmologists in the use of lasers to treat glaucoma. Dr. Latina has developed and patented several laser procedures to treat glaucoma.

He is also a member of the medical staff at Massachusetts Eye and Ear Infirmary, Melrose-Wakefield Hospital, Malden Hospital and Winchester Hospital.

Sight is the most precious sense, and fortunately there is something that can be done to protect eyesight. The best defense is to have regular eye examinations by an ophthalmologist, especially if you are over the age of 40. Early detection and treatment are the only ways to prevent permanent loss of vision. So keep an eye on eye pressure, and make sure to see an ophthalmologist routinely.

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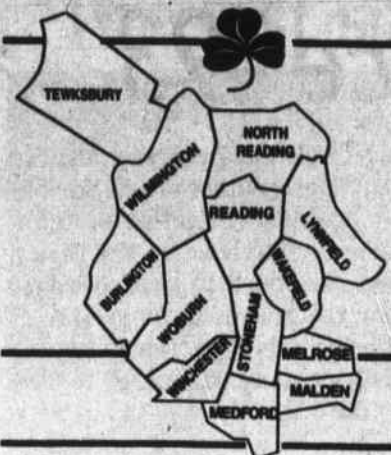
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Look For The  
Healthy  
Lifestyles 1996  
Section in This  
Week's Edition

## Barrows School in Reading

# What an auction!

By PHYLLIS NISSEN

The jacuzzi is the tip of the iceberg.

The \$1800 telescope is a sight to behold.

The limited edition collectible doll - a bit of living history - has been spoken for many times over.

But just about everything is still available.

And donations are still rolling in.

The March 30th Barrows Elementary School first-ever annual auction could prove the social and fundraising event of Reading's 1996 spring season ... in Wakefield.

Because the auction offers off-site bidding, teachable moments, and child labors ... of love.

And encompasses a set of teeth (sort of), downtown day of beauty (kind of), wild weekend for two (within limits), and private tour of the White House (in the early A.M.).

Barrows teachers are proving good sports, and sports fans for all seasons will be in heaven.

"As far as I know, this is the first time the Barrows PTO is holding a fundraising evening event away from the school - and the response has already been phenomenal," says Mary Williams, former Reading School and 350th Committee member, and current Barrows

parent ... as well as keeper of the auction lists, gift-gatherer extraordinaire, and publicity virtuoso.

"We sent about 150 letters soliciting donations from corporations outside of town - the idea was 'not to ask' Reading merchants for help again," she continues. "The money we raise through the auction will go for computers. The raffle money will benefit the school library."

Williams, now an expert on the psychology of an auction, notes that those who plan to attend must call first: space, time and some raffle tickets are already running out. "Admission," she says, "is by ticket only ... and credit cards will be accepted."

As auctions go, this appears to be the ultimate example of the gathering in of: big ticket items; seemingly modest but far-ranging contributions; and unlimited powers of imagination. "No donation," Williams has been saying from day one of the planning, "is too large, small or unique."

There are the not-so-usual computer consulting hours, swimming and dance lessons, hand-crafted items, autographed sports equipment, visits to the vet, and trips by land, sea ... and air.

Plus: clubhouse seats (for four) and a corporate box (for four) at the Fleet.

Opening day seats (for two) at Fenway.

Tickets to Broadway, on and off.

And surprises about which no more can be disclosed, and for which you'll want to be there - if you can get in.

The auction - preceded by a trek through "bargain alley," silent auction, and raffle ticket sales throughout town - will be held at the Knights of Columbus Hall in Wakefield on Saturday, March 30th. Space - limited only by the size of the hall - is going quickly. Williams, who can be reached at (617)944-8291, has the up-to-the-minute data about the 30th; info' on the where and when of advance raffle ticket purchases; and the 'how to' of running an auction.

Now, the 'how about' actual auction items:

First, take the Swift's birding binoculars (a \$500 value donated by Winchester Partners of Framingham), and focus on the jacuzzi.

Auction to S-4

## Woodchips

ANTHONY MANCONI

Almost everyone at one time or another has experienced the "Chills," "Wheezing" and "Sneezing" of the demon flu. It certainly hasn't any respect for saint or sinner.

I remember when Aunt Nora's Uncle, Father Jeremiah Murphy, had a rough time with it. The doctor recommended a little whiskey in a glass of warm water for some relief. Father Murphy told the doctor, "My housekeeper is from the Old Country and she's adamantly against any liquor in the house."

"Well," the doctor advised, "Get a bottle and bring it up to your room and tell your housekeeper to warm a little water on the stove and bring it up to you. Tell her you need the water for shaving."

A week later Fr. Murphy met

Aunt Nora in a store downtown. "How is my patient doing?" He asked. "Wonderful!" she exclaimed. "There's a, 'spring' in Fr. Murphy's step and color in his cheeks but, all the same I'm worried about him." "Why" the doctor asked? "Well," the housekeeper shouted, "He's shaving five times a day."

Folks, the first step in beautifying America begins in our own, "Backyards." If ever a person personified the product he or she was selling it sure was Mr. Jimmy Geary, former salesman for the, "Sunshine Biscuit Company." His handsome son "Pottsie" looks like he ate "ALL" of his father's samples.

A lawyer told my friend George Gould, "I'll take your case on a contingency basis. If I lose the case 'I' get nothing, if

you, 'WIN' the case you get nothing.

This I know to be true. For every woman who made a, "Fool" out of a man, there are a thousand women who made MEN out of Fools and, I'm one of them.

Men do make "Passes" at girls who wear Glasses especially if they have beautiful FRAMES.

BRRR, it sure has been awful cold, I looked out my window

Woodchips S-4



REP. BRAD JONES delivers on a promise! An American flag flown over the Capital in Washington, DC on November 11, 1995 is one of the many items available at the Barrows Elementary School Auction on March 30. Left to right are Charles Papandreou, principal, Brad Jones, State Rep., Philip Picard, Technology Committee Chairman; Michael Carrick, Co-Chairman Auction, Donna Walsh, PTO President, and Mary Williams, Co-Chairman Auction. (Don Young photo)



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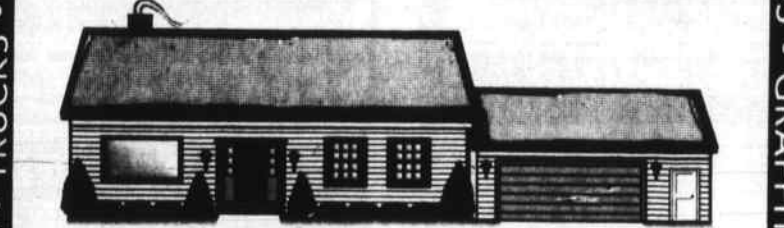
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it's **DIFFERENT** By HowlThere are seven differences in the second picture. Can you spot them?  
ANSWERS: TREE, KNOTHOLE, PANTS, HAT, SHOVEL, EYE, SHOVEL

## Restaurant spending up since '93

An upswing in the local economy has led both to a proliferation of new restaurants, several of which have soared quickly to the top echelon of the Survey and also a sharply reported rise in restaurant spending. Between 1993 and 1995, average surveyor spending per meal rose dramatically in Boston by 13.5% from \$19.23 to \$21.83 including one drink, tax, and tip.

The gains pushed Boston from 13th to 9th on the list of 25 major U.S. cities that the Survey ranks by cost. By comparison, the average tab in the most expensive Zagat market, New York, actually fell by a 1.3% during the same two year period (from \$30.20 to \$29.81).

New Englanders can track what's new on the burgeoning Boston/NE restaurant scene with the just published 1996

Zagat Boston Restaurant Survey, covering nearly 650 restaurants in the Boston area along with selected coverage of Cape Cod, Martha's Vineyard and Nantucket, Rhode Island, New Hampshire and even Maine.

Nearly 2,000 diners provided written commentary and scored 650 restaurants on a 0 to 30 scale for Food, Decor and Service, as well as estimating average meal costs in the region. A Top Ratings section lists high scores in various categories from Most Popular to Top Romantic, including Top Food, Top Decor and Top Service. High scores are also broken out by individual cuisine. The burgundy colored pocket sized Zagat guide sells for \$10.95.

The Survey was edited locally by Al Stankus, restaurant critic

and wine writer for Boston Tab and food contributor to the Boston Herald, along with Jane Heald Lavine, Chairperson of the American Institute of Wine & Food (Boston Chapter). Both editors are also active cooks: Ms. Lavine is a partner of Abracadabra, a Boston based

event planning concern, and Mr. Stankus is author of a cookbook.

Another reflection of consumer confidence in the region may be found in local averages for restaurant tipping: 44% of Boston surveyors report tipping 20% or more, compared to 34% of New Yorkers.

## "Comedy 93" moves to 2 new locations

"Comedy 93" has moved to two new locations, one in Billerica and one in No. Andover but they still feature the areas finest comedy routines with shows every Friday and Saturday evening.

located at the junction of routes 125 and 133. Don Gavin is the featured performer this weekend. He is a former Fox TV comedy star.

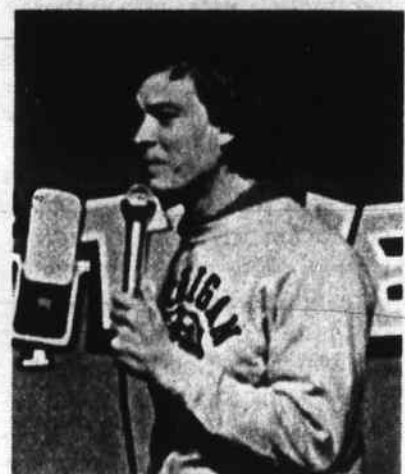


Larry Myles

Larry Myles will be there next weekend, March 22 and 23. He has won national acclaim for his "From the hip social commentary that is at first funny and then settles in to make real sense."

The Comedy Club is under the direction of longtime greater Boston comedian Dick Doherty, a polished performer and businessman that has been conducting comedy's clubs for many years.

For more information please call 1-800-401-2221.



Mike Donovan

Club 93 in Billerica is located at Copperfields Restaurant off of Route 3 on Treble Cove Road. This week Dominic Fig is the featured performer with his "Inane Comedy". Mike Donovan, America's premiere Sports Humorist comes to Billerica next weekend with shows on Friday and Saturday night March 22 and 23.

In No. Andover "Club 93" operates out of the China Blossom Restaurant which is

## A Chorus Line includes 24 area residents

Fourteen area residents will compete for coveted spots in the chorus line in Theater II's presentation at A Chorus Line March 15, 16, and 17 at Memorial Hall, Melrose, 590 Main Street. The award winning musical celebrates the American Musical and its "unsung" heroes the chorus dancers who back up the stars.

The cast and staff include performer and co director Bill Nagle and performers Janet Currier, Jennifer Hughes, Andrea Messina, Ellen Peterson, Michelle Santorelli and Marc Tarquinio; co-director Cathy Nagle; musicians Ken Cervenka on trumpet, Murray Burnstone on reeds and musical director Dorothy Travis on piano; and Bonnie Raymond in costume construction, all of Melrose; Kevin

Dougwillo and Margaret Lucchesi and on reeds, Lou Garofalo, all of Wakefield, Josh Nunes of Reading; Katrina Lee Van Tyne of Stoneham; Chrisanto Guadiz of Woburn; Stacy Maher of Malden; and Joe Langer of Medford.

The curtain will rise (and the chorus line auditions will start) at 8 pm March 15 and 16 and 3 pm March 17.

Tickets are available now at the advance price of \$12 adult, \$10 seniors, by phone 617-944-7703. Parental guidance suggested. Tickets will be \$2 more at the door.

Theater II is a local community musical theatre company. Since its debut in October, 1994, the company has presented The Gifts of the Magi, two cabarets and the big Band Musical Over Here!

## Aleppo Shrine leader pledges to help children

H. Richard Cornwell of Framingham was installed Potentate of Aleppo Temple Saturday, January 27, during the Shriner's annual meeting.

The Shriners, known for their charity work in hospitals, parades, circuses, rodeos and football games, gathered in Wilmington for their all day meeting that started the year with newly installed officers. An indoor parade in review of their popular Uniformed Unites entertained over 1,000 Shriners. Their tradition goes back to 1882 when they first organized in Boston. The new Shriners had their John Philip Sousa, Scottish and Oriental bands and their full complement of clowns, motorcy-

cles, armed forces military and colonial service representatives.

Cornwell's pledge was to inform more families about the care provided in the Shrine hospitals. "Our hospitals are open to all children who have orthopedic or burn injuries," says Cornwell, "and are free regardless of the child's race, religion or national origin. A Shrine affiliation is not required. We will be sponsoring free clinics for hospital admission in Worcester, Brockton, Cape Cod, Fitchburg, Marlboro, Lowell and other cities in eastern Massachusetts."

"We recently helped children with burns who arrived from the

Shirer to S-4

# Dining & Entertainment

## COMEDY PALACE

### At Grill 93

\$11.95 comedy dinner pkg plus \$10.00 admission

Frank D'Amico March 15 & 16  
Montel Williams  
Jane Whitney  
Sally Jesse  
"The Biggest Act in Show Business"  
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March 22 & 23  
Larry Norton  
March 29 & 30  
Rick O'Elia

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SPECIAL EVENT

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ANDOVER Rt 93 @ exit 45  
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Joey & Marias  
Mar 23, 24-Apr 13, 19

Matty O'Malley's Comedy Irish Wake  
Mar 14, 16, 17

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The Wedding of Sean & Margaret  
Mar 15-31

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Diana Brown, Boston Globe

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## Wedding of Sean & Margaret- Matty O'Malley's Wake

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at Grill 93 Mar 15-31; April 21  
at Grill 93 Mar 14-16-17; APRIL 5

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The Wedding From HELL!  
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Same Great Shows  
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## Dick Doherty's COMEDY ESCAPE

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N. ANDOVER

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Fri & Sat - 9:30pm  
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Don Gavin

3/22-23

LARRY MYLES

N. BILLERICA

Copperfields Restaurant  
Exit 28 Rt 3-Treble Cove Rd  
(508) 667-4309

Fri 9 - Sat 8 & 10:30  
The Insane Comedy Of

Dominic Fig

3/22-23

MIKE DONOVAN

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SAT., MAR. 23

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## The last snowman?



THE FOLEY FAMILY of 18 Parker Road in Wilmington might lay claim to the last snowman of the year. This beauty was captured by photographer Don Young.

## About The Towns

by Phyllis Nissen

## Future action on the political front

## Rabbitt revisited

"At first everyone thought the world was flat. Then everyone thought the world was round. Now everyone thinks the world is crooked."

Former Woburn Mayor John Rabbitt is still at his desk, this time writing about politics from the point of view 'been there, done that, have a lot to say.' Look for his opinion from "Times" to "Times" on the opinion pages of the "Daily Times Chronicle."

"About The Towns" covers recent events in the 13-town Middlesex East area. Because Middlesex East deadlines are early, please check the front sections of this paper for up-to-date information about your city or town. We also welcome original material - please send it to Phyllis Nissen, "About The Towns," Middlesex East Supplement, Box 240, Reading, MA 01867.

## Worthy en'Devers'

Woburn's 33rd mayor - Robert M. Dever - has detailed goals and objectives for the next two years in general areas, including: education; downtown; elderly affairs; open space; landfill cover; public safety; union contracts; and most important, planning and development.

"The single most important development project for the future of our city is the Industri-Plex," he says in his inaugural address, as reprinted in the Woburn edition of the "Daily Times Chronicle."

"Both in terms of traffic relief and tax stability, this development holds great promise."

"This is a complex multifaceted project. The key element, of course, is the new interchange off Interstate 93. All development in that area is contingent upon it."

"For example, last week I attended a meeting at the state Department of Transportation with Mayor Rabbitt to present a

related grant proposal. The response was very favorable. When awarded, these funds will be used to widen and improve Commerce Way from Mishawum Road to the new interchange, and beyond.

"The recent rezoning by the Woburn City Council of one parcel in the area was an important step in accelerating this development. The continuing cooperation of the council will be essential in bringing the full benefits of the Industri-Plex to fruition."

Medford 1996- Looking ahead to a "dynamic and interesting 1996," fifth time Medford Mayor Michael J. McGlynn has selected the following items as top priorities, according to the "Medford Daily Mercury": fiscal responsibility; completion of the Capital Improvements Program; bettering maintenance programs for everything that is being refurbished so that buildings, areas, etc. do not fall into disrepair as they have in the past.

Also: the rehabilitation of the Gene Mack Gymnasium to house a youth center and Chevalier Auditorium as a multi-purpose facility; moving forward on the Brooks Estate to bring it to full resolution; and continuing to improve and enhance the education system for the children and teachers.

## Edgewood School has Visitors Day

Edgewood Elementary School in Stoneham would like to announce a special Visitors Day planned for March 27 beginning at 9:00 am. All students and parents who may be entering kindergarten through grade 8 for the 1996-1997 school year are invited to attend. The faculty and staff welcome the opportunity to show you around the school, to talk about the program and philosophy of the school.

Edgewood Elementary School is a co-educational Christian school located at 108 Pond Street in Stoneham. The school has been providing Christian education in the Stoneham area for over 70 years.

For more information, please call the school office at (617) 438-4253.

## The Lyons share

In order to become a "state of the art city," Melrose residents may expect the following solutions to current situations ... by 1998 ... according to Melrose Mayor Richard D. Lyons, who has begun his third term in office.

Solutions, according to a Melrose paper, include:

1) "Rehabilitating the Mt. Hood Regional Recreation and Golf Facility into one of the area's premiere recreation sites, with the assistance of a recently approved grant."

2) "Using funds from the water and sewer enterprise accounts to make repairs in those areas while stabilizing rates in 1996."

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Sale ends March 31.  
Sorry, no rainchecks.

Stoneham Hours: Mon to Fri 7:30 AM - 9:00 PM; Sat 'til 6:00 PM & Sun 10:00 AM - 4:00 PM  
Woburn Hours: Mon to Sat 7:30 AM - 5:30 PM; Thurs 'til 8:00 PM & Sun 12:00 PM - 5:00 PM

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# What an auction

From S-1

Donated by Metropolitan Pipe and Supply of Cambridge at a value of \$3800 and a minimum bid of \$500, including free delivery, the white watersilk whirlpool for two includes lumbar support, armrests, headrests, eight flexjets, a two-horsepower variable flow pump, integral heater, and solid state electronic switches.

"It is top-of-the-line and state-of-the-art," says Williams, who reports that off-site bidding is available on that whirlpool, "the best buy of the auction." Call Cathy Eddy at (617)942-2090 for details.

Then, put on your auction ears, and brace yourselves: although most raffle tickets are available for \$1, the big buck raffle item is "teeth," specifically a complete orthodontic treatment for one child, with no expiration date.

Dr. Eugene A. Mickey of Stoneham and Reading ("not even a Barrows parent") has put his money where his mouth is, and that orthodontia - limited to 350 tickets and just about sold out already - can be had for \$10 a shot.

Next, open the package deals: an afternoon at a mansion followed by dinner as a commoner; "some" romantic evening followed by "a day of sinful pleasure and fun"; hassle-free family time - skating, playing, eating, and treating with no work required; and a "you can't get there from here" getaway, one of the very few items limited to Barrows families only.

**Classified Clout**  
Every Wednesday 13 towns  
Up To 160,000 Readers

## Woodchips

ANTHONY MANCONI

From S-1

and I saw a chicken with a Capon and a Bumblebee with a yellow Jacket.

**PERSONALITY WINNERS**  
Joe Brown, Jenne Sindoni, Courtney Iverson, Janelle Joyce, Candice Lentini and Elks Exalted Ruler Jay Lynch, all of WOBURN.

Vito Giacalone, Bob Carroll, Steve Cucinatti, Marisa McCarthy, Heather Balcomb, Hila Nitzan and Jen Clark, all of WINCHESTER.

Luke Lemelin, Peter Smith, Chris Gulla, Peter Carrels, Rick DeConto and Bill Boivan, all of BURLINGTON.

Ryan Kiley, Patrick Libitz, Nick Scolia, Police Chief Ed Marchand, Phyllis Randall, Nancy Eaton and Police Officer Bill Arakalian, all of READING.

Rachael Ciarlante, Gina Coscia, Sarah Faulkner, Regina McKinnon, Fran and Lucy Sweeney and Joe Adinolfi, all of WAKEFIELD.

Deacon Paul G. Flammia, John P. McGuire, Lauren Alberta, Alicia L. Christofi, Erica M. Cohen, Brendan N. Connors, Tarrah L. Curtis and Courtney L. DeGeorge, all of STONEHAM.

Police Chief and Mrs. Paul Lynch congratulations on your 53rd Wedding Anniversary; Blanch Lange, Kristine Robinson, Derek Santini, Jeffery Riese and Jean Fairweather, all of WILMINGTON.

Bobby Cooper, Francis and Marilyn Abelli congratulations on your 43rd Wedding Anniversary; Maureen McGurn, Don and Ann Lee, Lee Bailey and Shirley McGurn, all of TEWKSBURY.

Katie Donovan, Jenna Cammann, Monica Robert, Reid Sacco, Jonathan Mazzarella, Suzzann Geary and Karol McLaughlin, all of LYNNFIELD.

Danielle Vardaro, Peter Allen, Emily Blake, Gregory Demirs, Melissa Jenkins and MaryAnn Lape, all of NORTH READING.

John Daly, Jr., Rep. Edward G. Connolly, John P. Coddington, Stephanie Lacey-Lola, Fire Dept. Chief Paul Hirtle, Dep. Chief Dennis LaFreniere and Stan and Emy Black, all of MALDEN.

Matt Lennon, Dave Fabiano, Mike Coughlin, Marc Hackson, Al Powell, Rose Tenaglia, Emily Collins, all of MELROSE.

Jamian Marino, Carmine Giso, Barbara Brooks, Annamaria McGarrahan, John Garvey, Anthony Pompeo, Rachael Hart and Kevin Murphy, all of MEDFORD.

The beautiful Missy Palladino waltzed into the newspaper office with cigars for the men

and a box of expensive candy for the women. When asked what the occasion was Missy shouted, "It's a boy, it's a boy! Six foot tall and 180 pounds!"

When my personal friend Father Joseph Mantone of the Mission Church in Boston was ordained, he was told "You are now, 'Reverend' Joseph Mantone." Remember, make all your sermons "SHORT" so they won't refer to you as, "Never-End," Father Mantone.

Third grade teacher Maria Cole told Jeffrey Farren, "Tell your father, Neil Farren, that he got four answers 'WRONG' on 'your math homework'."

I said to Joan Curtis, "Joan, if I tried to kiss you would you shout for help?" She smiled and said, "Only if you need help, Chipper."

Donny Dembro told me, "I read Woodchips every week and Chipper, 'Cows may come and Cows may go' BUT, the 'BULL' in Woodchips goes on forever!"

My Uncle John Shea walked out of his favorite Gin Mill almost bumping into Father Tom, who was walking by. He felt a sermon on the evils of drinking coming so, he beat him to the punch by asking, "who won the Cadillac at the church raffle last night Father?" "Oh the bishop did and, wasn't he lucky?"

"Well, who won the second prize, who won the Buick?" "The Monsignor did." "How about the last prize, who won the Chevy?" The pastor did and wasn't he lucky and, by the way John, how many tickets did YOU buy?" Uncle John smiled and shouted, "Not a darn one father, and wasn't I lucky?"

Happy St. Patrick's Day "Erin Go Braugh!"

**DREAMBOATS**, Jennifer Gray, Melrose; Jamian Marino, Medford; Arlene Movner, Malden; Charlene MacCurtin, Reading; Stephanie Cohen, Lynnfield; Robin McDonough, North Reading; Leah and Lori Mazzoni, Wilmington; Meghan and Erin Haggerty; Woburn.

**SUPERSTARS**, Steve Cucinatti, Winchester; Pete Smith, Burlington; Melissa Kanter, Wilmington; Mary McGrath, Tewksbury; Anthony Graffeo, Malden; Father Dennis Nason, Medford; Jim Beebe, Wakefield; Joe and Barbara Rubbico, Lynnfield.

## Shriners

From S-2

Bosnian war zone. During Christmas week we air ambu-lanced a burned patient from Puerto Rico to Boston."

Richard Cornwell is the leader of the 9,000 member organization headquartered in Wilmington.

## Search for the perfect swing

"I sit on the rear bumper of my car, remove my spikes from the trunk, slide them on and head to the first tee with my bag slung over my shoulder and a brick between my ribs." Regardless of the level of skill, all golfers experience this sensation on the first tee. So as not to discourage anyone contemplating taking up the game of golf, the brick leaves after the first tee and the pleasures abound.

Tom Stewart, in A Tribute to Golf, states that "Golf is an arena for realizing human potential. It is a marvelous blend and confluence of body, mind, psyche and spirit."

Does it surprise you that golf is increasing in popularity faster than any sport? In the United States there are expected to be 40 million players by the year 2000. On Monday mornings around the world, in front of coffee machines, most will share with each other the tee shot they hit "on the screws," the approach shot that hit the pin, or the 30-footer that snaked its way into the hole.

If you have not been there, be prepared to walk the equivalent of some five miles with three friends while experiencing some of the most beautiful real estate around. Aside from the obvious physical benefits of the sport,

and more importantly, golf offers its participants an opportunity to experience nature, escape from the real world, and instills a sincere appreciation for the traditions of the sport. Within the "boundaries" of the 18 holes exists a world unto itself.

The nature of the game is one of patience. Success in golf comes slowly, through lessons and long hours of practice. From the first time you hold a club until you leave the face of the earth, you will be on a mystical journey in search of the answers. There will be a never-ending supply of books, magazines and tapes promising to give you the answers. You will never be fully satisfied with your swing. Not to be discouraged, this is a beauty of a game.

So continue to search for the perfect golf swing, knock strokes off your score, but, always remember that every time you step on the first tee, you are a winner, because the real value of this wonderful sport comes from the things we don't record on a scorecard.

At Ironwood Year Round Golf, you can hone your skills, 9 a.m. to 11 p.m., seven days a week. Call or stop by for a free demonstration or call (617) 933-6657 for information or lessons.

## The Swing Senter offers full line of playground equipment

Since The Swing Senter was founded in 1974, owner Salvatore Turco has offered the best in swingsets, indoor and outdoor playground equipment and accessories for the yard.

The Swing Senter, located at 749 Boston Road in Billerica, originally known as Sal's Swing Senter - became a partnership in 1983 when Turco's son, Tory Turco, became co-owner and vice president. That year also saw the start of a new enterprise, Tory Manufacturing, the Swing Specialist. The goal was to create their own swingsets for sale.

Now, 10 years later, sets designed by Sal and Tory are distributed to retailers in the area and are sold as far away as London, England. The aim of the design business, for The Swing Senter, is to create play environments for children that will excite and challenge them while they provide a safe and

attractive place to play.

All of the sets at The Swing Senter are built of pressure-treated southern yellow pine and all come with a 25-year warranty against rot and insect damage.

The Swing Senter is proud to be able to offer the biggest selection of swingsets in New England. In addition to their own crafted sets, The Swing Senter carries a full line of traditional metal swingsets, outdoor furniture and wooden sheds.

The company also offers ceramic yard ornaments, wood lawn furniture, lawn swings for adults, wishing wells and bird baths. It also serves as distributor for a variety of recreational equipment designed for pre-schools and elementary schools.

For more information about their swingsets, call (508) 667-8472

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Sunday, March 24: Faith

Monday, March 25: Prayer  
in Our Life

Tuesday, March 26:  
Reconciliation

Wednesday, March 27: The  
Mystical Body of Christ

Thursday, March 28: The  
Eucharist

There will be a collation following Thursday's service. Please feel free to attend any or all of the evening services. Childcare will be provided each night of the mission. For more information, or to arrange for transportation, please contact St. Joseph's Rectory, 617-245-5770. Please bring one canned good to be donated to the Wakefield Food Pantry.



# Calendar of Events

## A Listing of Interesting Events and Happenings

### ST. PATRICK'S DAY DINNER IN MELROSE

A Corned Beef and Cabbage Dinner will be held by Melrose Rainbow Girls on Saturday, March 16, from 5 pm to 7 pm.

The dinner will be held at the Melrose Masonic Building, Corner of Main Street and West Wyoming Avenue. The Masonic Building is handicapped accessible.

The cost is \$7 for adults and \$5 for children under 10 years of age. The public is invited to attend but advance reservations may be made by calling 665-4323.

### MIDDLESEX FELLS VERNAL POOLS PROGRAM

Join Naturalist Nancy Childs of the Habitat in an informative and entertaining slide show and discussion on springtime vernal pools.]

Discover fairy shrimp and why spotted salamanders will soon be making their annual migration to these sites within Middlesex Fells. It is free, and is presented by The Friends of The Middlesex Fells Reservation.

Meet at the Medford Public Library on High Street, Medford. Optional field trips on March 23, April 13 and 27. For information please call 617-396-5118. The date is Thursday, March 14.

### HANDWORKS SENIOR CRAFT CO-OP IS OPEN

Senior Citizens knit and crochet afghans and baby sets for the newborns and toddlers. Baby mitts and cover alls are made on order to go with the bonnet sweater booty sets. The mittens are in stock for those cold mornings and feel good over gloves

They have some scarves and matching hats as well. Popular requests have been for baby helmets, and the Aran sweaters for all ages. Afghans are crocheted by hand and take several months to make.

The seniors make baby quilts and matching pillows, G.I. Joe vests for toddlers and paisley

prints for adults. Senior men paint impressionistic scenes on the very popular refrigerator magnets and plaques, carve and paint coat racks, book ends, lamps and napkin holders. There are many beautiful novelties, laces and doilies reasonably priced.

Handworks opened in 1977, initially funded by Mystic Valley Elder Services, Inc. and a Housing and Urban Development Grant. Today, the Co-op is a self sufficient, non profit organization staffed by Store Manager, Ruth E. Sheehan. Membership in the cooperative is open to men and women 60 years of age and older as well as the disabled individuals of all ages who reside in Everett, Malden, Medford, Melrose, No. Reading, Reading, Stoneham and Wakefield.

Members set their own prices and receive the agreed upon money when the item sells. Each item sold receives a store mark up to cover operational costs for the cooperative.

### HEBREW ACADEMY PASSOVER FAIR

Come to the Merrimack Valley Hebrew Academy's Annual Passover Fair. The Fair will take place at the Montefiore Synagogue at 460 Westford Street in Lowell on Sunday, March 17th between 9 am - 4 pm. The opportunity to purchase Passover Foods and Judaic Books and Tapes, without a hassle and at competitive prices will be available.

Also featured at the Fair: Judaic Arts vendors offering fabric applique, Hebrew embroidery and jewelry for Passover gift ideas; children's activities, nutrition booth, special recipes and cholesterol screenings (9-1 pm).

Call or write for information on how you can become a partner in the excellence of elementary education: M.V.H.A., 18 Academy Drive, Lowell, MA 01851 or call 508-452-6842 or fax 508-452-0499.

### A CHORUS LINE IN MELROSE

A Chorus Line, Broadway's second longest running musical and winner of nine Tony awards, including best musical, and a Pulitzer Prize for drama will be presented by Theater II, on March 15 and 16, 8 pm; March 17, 3 pm. at Memorial Hall, Melrose, 590 Main Street.

Tickets are \$12 adult, \$10 Seniors in advance. Call 617-944-7703; \$2 more at the door. Parental guidance suggested.

### FAMILY CONCERT IN WAKEFIELD

A Sunday afternoon family concert will be held Sunday, March 24th at 3 pm at the Linden Tree Coffeehouse in Wakefield.

Featured will be Ron Comeau and his jubilee puppets in concert at the Unitarian Universalist Church, 326 Main Street.

Admission is \$2. For information call 617-246-2836.

Ron Comeau and his large puppets have been performing together for over 17 years. Both puppets and Comeau interact directly with the audience through humor and lots of music. Comeau either sings acappella or plays his guitar. Lots of sing alongs too.]

### SIXTH ANNUAL WALK FOR WOMEN'S LIVES

Organizers of the Walk for Women's Lives announce this year's three mile walk through Concord will be held April 28th. This year's Walk begins and ends at Concord Academy on Main Street. A rally following the Walk will have food, local bands and speakers to entertain the resting walkers, friends, families and supporters of the Walk.

The latest statistics confirm that domestic violence and violence against women remain cause for great concern and immediate action. Every six minutes a woman is raped in the United States. Every fifteen seconds a woman is beaten so badly she needs to be hospitalized.

"Last year's Walk was a great success, raising over \$20,000 in donations to help Middlesex County Area organizations combat violence against women," said Lisa Lucas, publicity volunteer and member of the Network for Women's Lives. Lucas states that this year's goal is to exceed \$25,000.

For more information, purchase an ad in the program book or to request a Walker Kit, please call 508-937-5777. Tax deductible contributions are always accepted and can be sent to Walk for Women's Lives, P.O. Box 642, West Acton, MA 01720.

### UNCOMMON VISION THE CESAR CHAVEZ STORY

The local Friends of Cesar Chavez's United Farm Workers will present the first New England showing of "Common Man, Uncommon Vision: the Cesar Chavez Story" on Monday, April 1, in Wakefield's Beebe Library lecture hall from 7 to 9 pm. There is no admission charge.

"Common Man, Uncommon Vision" is a syndicated documentary that was aired across the nation last fall. It is a 47 minute program, narrated by Martin Sheen, and produced by ZGS Communications Inc. in cooperation with the Cesar Chavez Foundation. The film begins with Chavez's birth in Arizona, continues with footage and photos throughout his life, focussing on the early years of The United Farm Workers, ending with his death in Arizona. Interviews with many people are included as well as a particularly interesting hearing in California conducted by the late Robert Kennedy. Discussion following the film will provide updates about several successes for the Cesar Chavez's United Farm Workers over the past two years and current campaigns.

Dolores Huertas, co founder of the UFW and currently First Vice President, is expected to be in New England later this spring. Those not able to attend this meeting, but wish to be notified about future events, can leave their name, phone number or address, at 617-246-2836.

### WHEATON COLLEGE SCHOLARSHIP BENEFIT

The twenty seventh Annual Wheaton College Scholarship Benefit will take place on Wednesday, March 27, from 6:30 to 8:30 pm at Mahoney's Rocky Ledge Farm, Route 3, Winchester. Proceeds from the event provide scholarships to Wheaton College Students.

Founded in 1834, Wheaton is a coeducational liberal arts college located in Norton, Massachusetts. A \$15 donation is requested and the public is invited to attend.

For tickets or information, please call 617-729-7469 or 617-527-2264. Tickets are available at the door.

### BURLINGTON TEMPLE HAS TOT SHABBAT

Temple Shalom Emeth at 14 Lexington Street in Burlington will be sponsoring a Tot Shabbat on Saturday, April 13 at 10 am for children ages 2 to 5 and their families.

Call Temple Shalom Emeth at 617-272-2351 or Francine James at 508-667-7863 for further information or reservations.

### GREATER BOSTON ACADEMY DAY

Greater Boston Academy is planning an Academy Day for March 14, from 9 am - 2 pm. Academy Day gives an opportunity for students and parents in grades 8-11 to look at the school's programs.

The school will give the opportunity for all interested persons to look at the school, evaluate the program and to ask questions. There will also be an opportunity to look through the dorms to meet other students and to participate in various activities.

There will be special souvenirs for all who attend. The day will begin with a short registration followed by an orientation assembly. Next, there will be a chance for everyone to look around, find out about scholarships, school programs, and lots more. The school is planning to have a pizza lunch for everyone who attends, followed by some recreational and Academy Bowl activities in the afternoon.

Greater Boston Academy is a co-educational Christian school offering Grades 9-12 and is located on the grounds of Boston Regional Medical Center in

Stoneham. The Academy is entering its 52nd year of service to the students of the greater Boston area.

For further information, call the school office at 617-665-9053.

### MURDER MYSTERY DINNER MARCH 15

North Shore Community College's Program Council is now selling tickets for "Lights! Camera! Murder!" a Maine Theater Ensemble comedy murder mystery play performed during a five course dinner on Friday, March 15 from 6:30 to 9:30 pm at NSCC's Lynn Campus cafeteria.

"Lights! Camera! Murder!" is a fast paced and funny parody of Hollywood and the "Gimmie Awards." When the victim "takes his final curtain" and has "Lunch with Elvis," audience members can question the characters to guess who dunnit.

Calendar to S-6

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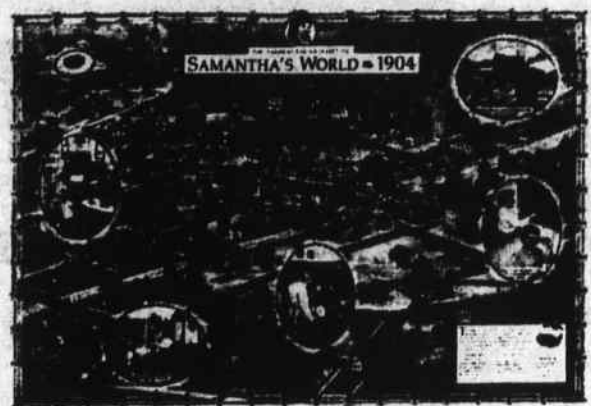
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# School Notes

by Phyllis Nissen

## What else can she say?

### 'A wonderful situation'

Revere is looking for a new superintendent of schools, Weston is looking for a special education administrator, and Andover High is looking for a new principal.

Which Reading High might also be doing, depending on what happens in Wellesley.

Which brings us to the "quote of the week," taken not from "It's a wonderful life" but from page one of the Reading edition of the "Daily Times Chronicle."

As of earlier this week, Reading High Principal Rena Mirkin is one of five (or two) finalists for the position of Wellesley High principal. Officially still in the running are: Chris Cairns, San Clemente High School principal; Judith Kelly, Winchester High assistant principal; Jane Modono, Lincoln-Sudbury High director of student services; and Peter Sack, Swampscott High principal. Brand-new Wellesley Superintendent of Schools Dr. Matthew King is the former

Lincoln-Sudbury High School principal.

Start date is July 1st. Announcement date is anytime soon.

"This is simply an opportunity I had to pursue for my own reasons," said Mirkin, in the Reading edition of the "Daily Times Chronicle." "It's about 20 miles closer to my home ..., and it's a wonderful situation for me, because if things don't work out with Wellesley, I'm perfectly happy here in Reading."

### Surviving the teens

Maybe you've seen him on television.

Teacher, counselor, special education director Jack Agati will speak on Monday, March 18th at Wakefield's Galvin Middle School, on surviving the teenage years.

Having worked in public education for 15 years and with teachers, families and children from preschool age through high school, he brings with him 11 years of experience as a full-

time child development expert who focuses on home and classroom management strategies.

The teenage years are "no doubt one of the most trying times for parents and their children," he says, in the Wakefield edition of the "Daily Times Chronicle."

Because "so many changes occur in both us and them."

The presentation is designed to remind parents et al. of what a teenager is all about; to present practical strategies to parents dealing with everyday teen behaviors; and to highlight the humor and warm memories that are part of living with a teenager.

Agati begins his presentation at 7:30 p.m. on the 18th and will answer questions after his talk. The evening is scheduled to end at 9 p.m.

### The top 50

More than 50 organizations will participate in a resource fair for individuals with special needs on April 2nd from 7:30 p.m. to 9:30 p.m. at the Reading

School Notes to S-9



# MOVIES

## "Birdcage", Short Takes

The Birdcage starring Robin Williams, Nathan Lane, Gene Hackman, Dianne Wiest, Hank Azaria, Christine Baranski, Dan Futterman, Calista Flockhart. Directed and produced by Mike Nichols. Screenplay by Elaine May. Based on the Play "La Cage Aux Folles" by Jean Poirat. Rated R.

Most remakes of French comedies just don't translate, becoming sillier and more juvenile than the original. Not so of The Birdcage, which may not be flawless, but updates and adds depth to 1978's film version of "La Cage Aux Folles."

It goes without saying that any movie in which a man impersonates a woman for any length of time is going to have its inane moments. What surprises is the amount of compassion this effort evokes.

Robin Williams is Armand, the gay, middle-aged owner of "The Birdcage," a popular Florida drag club. His long-time



ARMAND GOLDMAN (ROBIN WILLIAMS, left) and Albert (Nathan Lane) have to make a few changes to prepare for a visit from future in-laws in the comedy, THE BIRDCAGE.

partner is Albert (Nathan Lane) the club's headlining female impersonator. Together they have raised Armand's son, Val, (Dan Futterman,) a sweet but naive kid. Not naive in any conventional manner, as he was raised upstairs from a drag club. It's just that he thinks he can reshape his life to fit someone else's needs.

When Val arrives home from college, he announces he is getting married to the daughter of a famous conservative senator. The senator and his wife would never understand Albert and Armand's lifestyle. Val asks his father to remove the more obvious decorations from around the apartment for one night, and that includes Albert.

You can see where the farce comes in, as Armand and Albert can no more hide who they are than the senator and his wife (Gene Hackman and Dianne Wiest) can suppress their con-

servatism. The preparations for the dinner with the in-laws goes no more smoothly than the dinner itself, and there is a lot of clever humor, both visual and verbal, that will have you laughing out loud. But by the time after dinner drinks are served, the joke has gone on too long.

Part of the problem is that the movie is predictable. It is too understanding a movie not to end on an upbeat note, with Val learning his important life lesson. That being the case, if this had been trimmed by even 10 minutes, it would have been enough to move the action along.

Elaine May, a wonderful writer and longtime collaborator of director Mike Nichols, has penned some funny, sharp dialogue. Her small moments are even more effective and telling than the big dramatic confrontations. And Nichols know what to

Movies to S-9

### Calendar

#### From S-5

The five course dinner includes a choice of stuffed chicken, fish or vegetable lasagna catered by Walker Food Service of Swampscott.

Tickets, now on sale at NSCC's Student Activities offices at the Beverly and Lynn Campuses, are \$13 for NSCC students with photo identification cards and \$15 for the general public. The snow date is Friday, April 5.

For further information, contact NSCC's Student Activities Offices in Beverly or Lynn at 508-762-4000 extension 6207 or 617-593-6722 extension 5536. Advanced ticket sales only.

#### THE PAIN SUPPORT GROUP

The pain support group is for those suffering with any type of pain, such as migraine, back pain, arthritis, fibromyalgia, cancer, chronic fatigue syndrome etc.

The support group is run for and by members of the pain support group. Pain specialist Anil Kumar, MD, FACPM, director of advanced Pain Management at BRMC is the moderator of the support group meetings.

The Pain Support Group meets at Boston Regional Medical Center, it is free of charge.

To register: Please call the Center for Health Promotion 617-979-7057. Office hours are 8-5 pm, Monday through Friday.

#### FREE SEMINAR FOR LOCAL BUSINESSES

A free, half day seminar coordinated by the North Suburban Chamber of Commerce and the Massachusetts Office of Business Development is designed to help businesses in Bedford, Burlington, Wilmington and Woburn achieve or maintain a competitive advantage. The format will feature fourteen presentations from Massachusetts agencies and companies with programs and services designed to help local businesses in three key areas, Financing, Training & Technology Transfer, and Infrastructure, Technical Assistance & Exporting.

The seminar is scheduled for Wednesday, March 20, from 7:30 am to Noon at the Bedford Campus of Middlesex Community College. Pre registration is required for a copy of the seminar flyer and registration form, please call The Chamber at 617-933-3499.

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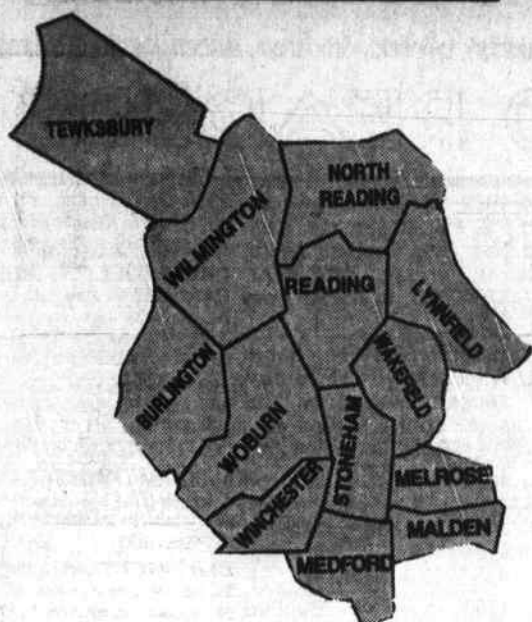
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The ultimate in house cleaning, servicing those w/ the highest level of expectations demanding immaculate results. Fully insured & bonded. Please call 508-831-8933 tft

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**Knoek 'N' Kranny Cleaning**  
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165 c.f. loose, 1 cord. Northeast Tree Inc., 935-1988 or 944-9885.

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**AUCTION**  
Food & Restaurant certificates, home furn., crafts, wknd on the Cape. Friday March 22, Robin Hood School, Magnolia Terrace, Stoneham. Prevue at 7pm. Bidding at 7:30pm. Sponsored by Stoneham LWV. 3/21/96

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**WOOD, COAL & OIL 113**  
**COAL**  
50 lbs. bag, nut. Kerosene, propane. Spartan/Service Star Stoneham 438-5555

**FIREWOOD**  
Seasoned, cut, split & delivered. 128 cu ft per cord. Call for pricing of other sizes. 729-4534 or 729-3414

**FIREWOOD**  
Year seasoned hardwood. Pickup price; \$125 per cord 128 c.f. \$20 per 1/2 cord 16 c.f. Call 617-935-0925.

**FIREWOOD**  
Un-seasoned \$110/cord 128 cu ft. Semi-seasoned \$135/cord, 128 cu ft. Call 617-272-8090

**GREEN FIREWOOD**  
Cut and split. \$80/cord (128 cu. ft.). Tree work available. Call 508-851-6714. 3/13/96

**QUALITY HARDWOOD**  
Cut 16-18" length, split, delivered & dumped. Full cords (128 cu ft.) Unseasoned \$115. Seasoned \$165 Unsplit \$85

**SEASONED FIREWOOD**  
165 c.f. loose, 1 cord. Northeast Tree Inc., 935-1988 or 944-9885.

**Auctions, Fairs, Flea Markets 115**  
**AUCTION**  
Food & Restaurant certificates, home furn., crafts, wknd on the Cape. Friday March 22, Robin Hood School, Magnolia Terrace, Stoneham. Prevue at 7pm. Bidding at 7:30pm. Sponsored by Stoneham LWV. 3/21/96

**SNOWBLOWER** Toro, 10 hp., 32", elec. starter, completely reconditioned. Like new. BO over \$500. 944-5713 after 6pm.

**SOLOFLEX** w/ all attachments, manual incl., exc. cond., \$475 firm. Marcy AB board, padded, blk vinyl slat board \$25. Rick 944-7985.

**SNOWTHROWER**, Toro, Model 521. 5 hp, 2 stage. Approx. 4 yrs. old. Just tuned, exc. cond. \$550. 508-664-6711.

"THE Distant Hills" ancient Irish ARIES and dances on celtic harp & flute. CD is \$15.95, tape \$10.95 + \$2.50 S/H. Call and hear 207 633-5459. Visa/MC.

**TORO** 524 Snowblower. Elec. start, chains, approx 12 yrs old. Used 2 seasons. In storage. Exc. con. \$500. 944-9083

**TRAILER** Hitches sold and installed, pickup truck bumpers, all types of welding. Elston Welding Service, 280 Park St, North Reading. 508-664-3498 tft

**WHITE** Childcraft Crib with mattress. Excellent condition. \$140. Call 617-944-0066.

**30 MG, 286SX w/Lotus DOS-WDS**, 1 Keyboard, screen, printer, paper, books. \$195. Bell & Howell 8 MM Super 8 autoload \$49. 944-2695

**BUNK** beds - pine, bookcase. Mint, \$95. 729-4811.

**Pets & Supplies 105**  
AKC St. Bernard female puppy. Short coat. 10 weeks. Ch a m p. Bloodlines. Perfect markings. 944-1935. \$700.

**Sporting Goods 107**  
BAUER Charger hockey skates exc. cond. Mens sz 9.25. Roller blades like new. Mens sz 10 \$50. Call 272-6613

**CASH PAID** used & new sports equip. Buy, sell & trade. Play It Again Sports, 62E Montvale Ave., Stoneham. 617-438-2399. tfs

**10 SPEED** bicycle, real good shape but needs rubber tire. Its for a very tall man. \$35. 933-5918.

**Wanted To Buy 111**  
**Antiques to Collectibles**  
Antiques, used furn., silverplate, stling, 1 pc. to entire contents. No obligation to sell. Wayne White Jr. 617-933-1258.

**EMMALJUNGA** or Peg Perego double walking stroller wanted, with forward or rear facing seats. newer or older model. Call 944-3836.

**HAND TOOLS WANTED**  
planes, chisels, tool chests, antiquarian tools and books (all trades and subjects), crocks, lanterns, antiques in estate lots. 617-558-3839.

**OLD ITEMS WANTED ATTIC TO CELLAR**  
Furniture, frames, lamps, clocks, glass, china, linens, books, postcards, Disney items. "Pre 1970" clothing, dolls, toys, bric a brac. Phyllis Hilton, 617-665-8749 tfs

**WOOD, COAL & OIL 113**  
**COAL**  
50 lbs. bag, nut. Kerosene, propane. Spartan/Service Star Stoneham 438-5555

**FIREWOOD**  
Seasoned, cut, split & delivered. 128 cu ft per cord. Call for pricing of other sizes. 729-4534 or 729-3414

**FIREWOOD**  
Year seasoned hardwood. Pickup price; \$125 per cord 128 c.f. \$20 per 1/2 cord 16 c.f. Call 617-935-0925.

## Tewksbury 129

**GARAGE SALE**  
Saturday March 16, 10am till its gone. Furn., clothing, books, 2 mens 10 spd bikes & hshld goods. 157 Apache Way (Off Shawsheen St, Tewksbury) 3/13/96

**REAL ESTATE**  
**Real Estate Services 140**  
**Looking for an Apt.?**  
One stop shopping for your apartment needs. Hundreds of apts. to select from! Call the Rental Professionals today! No fee for 95% of our inventory. Apartments Unlimited. 1800-922-1631 9AM to 6PM Renee Rollins Assoc.

**Commercial Property 141**  
**NO. READING** Prime office space, office/condo in No Reading. 750 sq ft. Easy access to Rtes 93/495/128. Priced to sell at \$59,900. Call Franklin Realty Co. 508-664-0698

**Houses For Sale 145**  
**FT LAUDERDALE, FLA**  
Mobile home on lake in 5 star pk. Fully furn. 2 BR, 1 1/2 bth, lg-LR & Fla Rm. A great value at \$16,500. 617-279-1108

**Land For Sale 147**  
**LOWELL, 32,980-SF**  
Residential, commercial, or business. 65 ft. front, 600 ft + back. \$119,000. Call 508-851-7874. 147/

**STONEHAM 1/4 acre**  
buildable lot on cul de sac in exclusive sub-division. High & dry with beautiful view. \$129,900. 25% down. Owner will finance. 617 945-5500. 3/21/96

**STONEHAM 2 BR TH**  
style w/ w/d, no pets. \$950 incl. utls. The Montvale, 1 BR w/ w/d, no pets. \$750 incl. utls. Fee. 617-446-2728.

**STONEHAM New Townhouse**  
2 bdrm w/ finished loft, 1.5 bath, lg kit, garage \$1275. Fee. Lg Mod. 1 & 2 bdrm, balc. pkg, quiet resid. area. \$725-\$850 Fee. Kathy 617-438-4367

**WAKEFIELD, small**  
basement apt. Full bath. Very desirable nhd. Very pvt. Near T. \$125 wk, all utls. incl. 1 mo. sec. plus 1. Call 224-1113.

**WAKEFIELD & Melrose**  
2 bdrm. apts. Beautiful lge. kits. w/laund. areas. Located in 3 family home. Conv. location. No pets. \$790 mo. + utls. 617-246-2818.

**WILMINGTON 2 bdrm.**  
basement apt. Fireplace, parking, clean, charming. \$725 heated. Harvey R.E. 508-658-4324. tft

**WILMINGTON: Cozy**  
basement 1 bdrm. apt. W/w carpet. Easy access to 93. \$450 mo. + elec. Call 508-658-9088.

**WINCHESTER near**  
Center in house. 3rd floor. Modern 1 bedroom. \$675 all incl. 721-4864 or 625-2100

**Web/Lex/Ste/Win/Area**  
Greater Boston Properties. Houses & apts. \$600-\$3200. Over 20 listings. Chris D'Errico, M-Sat. 9-7. 729-8989. Listings Welcome

**Woburn - Townhouses**  
2 bdrm, 2 1/2 bath Townhouses, and 1 & 2 bdrm Garden Apts. w/w, pool, patio, ac. No pets. From \$690. 617-935-3479.

**WOBURN**  
Just off 128, on Rt. 3. Remod. lux. studios 1 & 2 bdrms. from \$620. Incl. h & w. All concrete fire proof const., bus stop, pool, no pets. M-F. 9-5. Phasant Ridge 42 Cambridge Rd., 617-935-1232

**WOBURN Lux 2 BR 2 bth**  
condo, cor unit, club hse, pool, sec. ent., cust. wd wrk, \$1300/mo. Serious inq. only. 933-4079

**WOBURN 2 1/2 bdrms.**  
New bath, w/d, inc. yard \$800 + utls. Avail 4/1. On Main St 729-8989. Greater Boston Prop.

**READING Studio \$550**  
and 2 bdrm apts \$750. Heat & hot water incl. No pets. Fee. Larkin & Larkin R.E. 617-942-2060

**READING Studio apt.**  
avail. 4/1, all util., pvt. encl., garage, cent. air, mins. 93/128, exc. nhd. \$700 mo. 944-8105.

**WOBURN: 1 bedroom**  
available now in complex. \$625 + utls. For details call 617-932-3699.

**WOBURN 3 room apt.**  
Conv. location, nice nhd, no pets, refs & sec. dep. req. Avail 4/1. \$800 incl. ht. 933-7354

**WOBURN: 1st fl., 5**  
rooms, 2 bedrms. Avail. April 15th. Ht. & utls not incl. \$750 mo. No pets. Call 935-5360.

**Commercial 159**  
**NO. READING** Retail space. High visibility. On Rte 62. Free standing building. \$995 + utls. 508-664-3826

**NO READING Office**  
12x14 room in prof. suite, available 3/1. \$400/mo. Inclds utls & fax. For details. 508-664-4007

**READING Commercial &**  
Office 2000 sq' commercial or 2000 - 6000 sq' office. Will divide. New set up. Only \$8.00 - \$9.00 sq' tax included. 937-3979 or 942-2728.

**SHARE small modern**  
office on Middlesex Turnpike, Burlington. \$175 per month includes utilities. 617-229-8123.

**STONEHAM Office /**  
Retail space 550 sq ft. \$450/mo. & 3,350 sq ft. \$1,200/mo. Harvey R.E. 508-658-4324 tft

**WAKEFIELD Office**  
Space. 120 sq. ft. Separate entrance and thermostat. AC and carpeting included. 617 246-3334 for details.

**WINCHESTER Brand**  
new modern 1300 sq ft office space. Avail immed. Suitable for prof & businesses. Ample pkg in rear. Call Enzo 729-6372

**Houses 161**  
**STONEHAM** Single family 4 BR, new kitchen & bath, lge yrd, off st pkg. On Melrose/Stoneham line. Close to train & bus. \$1300 + utls. 942-1763. Please no calls after 9pm

**WILMINGTON: 7 room**  
ranch, 3 bedrooms, 2 car garage. With privacy. \$1,195 month. Mack R.E. 508-682-4243.

**Miscellaneous 163**  
**FUNCTION HALL**  
BEAR Hill Golf Club, 2 North St., Stoneham. Mins. from Rte. 128/93. 15 minutes to Boston. Weddings, showers, parties. 75 to 175 people. Oversized dance floor, veranda & patio for photos & cocktail settings. For info call 617-245-8491. 3/28/96

**Rental Services 165**  
**ATTN: LANDLORDS**  
Do you have a house, apartment, duplex or condo for rent? Here are 5 reasons to let us help you rent your property. 1. Full time rental service. 2. Experience at your service 30+ years. 3. Knowledgeable of the current residential landlord-tenant laws. 4. Property Management available. 5. 24 hr. electronic answering service. Call ELPFMAN REAL ESTATE, Wilmington, MA 508-658-4324. tft

**Rentals To Share 167**  
**WILMINGTON - Modern**  
split ranch, phone & cable, private area. Minutes from 93 & 128, shopping. \$400 / mo. Util. incl. 508-658-6574.

**FURNISHED room.**  
Clean, quiet home. Nr rte 93. Use of w/d & kitchen. \$325/mo. Utls incl. Call 508-658-4937 ask for Gwen

**MALE preferred for 2 adj.**  
rooms, partially furn. Pleasant resid area, quiet home, parking. 508 664-3593. 3/13/96

**NO. READING** Furnished room, quiet home, sep. entrance, non smoker, 30 yrs +. Cable hookup \$85/wk. 508-664-5883 3/27/96

**STONEHAM Large**  
furnished room. Share cabinet kitchen & tile bath. \$95/wk. Call 617-279-0373 or 944-6010

**WAKEFIELD 398 Main St.**  
Clean furnished room, kit & laun. priv. \$80 week. 617 245-2045 or 617 942-7113.

## WANTED: REAL ESTATE TRAINEES

We are seeking career minded individuals, newly licensed. Flexible hours, unlimited income, in-house training, Prime Location! MOMS, COLLEGE GRADUATES, INDUSTRY CASUALTIES, RETIREES, TAKE CONTROL OF YOUR FUTURE. Call Victoria TODAY for INTERVIEW! (508) 664-4709 ME228,36,313

**READING, spacious 6 rm.**  
apt. Large deck, back yard, washer/dryer hkup. \$1050 mo. + utls. Call 617-942-1747.

**READING**  
625 Main St. Newly deco studio & 1 bdrm. apt. Rent incl. hthw. Short walk to T, shops/rest. Conv. to Rtes. 93 & 128. Open House Sat. 10-2. Ccn. Washington Apts. 508-369-7282 Managed by Capital Properties

**READING - 352 Main St.,**  
2 BR, w/w, L.R., kitc. w/ refrig., self-cleaning oven, dishwhsr., dng. area, a/c. \$775 incl. ht & hw. 617-944-3886.

**READING: Semi-furnished**  
3 room in-law apartment. Single occupancy, utls. included. Quiet St., \$650 mo. Call 944-7127.

**STONEHAM-Modern 1**  
BR apt., cozy, clean, pkg. \$695/mo. all utls. Harvey R.E. 508-658-4324 tft

**STONEHAM 3 rm. apt.**  
All utilities. Non smoker preferred. \$650 mo. Avail. immediately. Call 438-5799. 3/14/96

**STONEHAM 1 bdrm. apt.**  
fully appl. kitchen, central air, pool, tennis, plenty of pkg., on T line, ht. & hot water incl. \$750. 617-665-7137. 3/28/96

**STONEHAM Spacious 4**  
room apt. with garage. \$700 + utilities. 617-438-8779 or 721-6148

**STONEHAM 2 BR TH**  
style w/ w/d, no pets. \$950 incl. utls. The Montvale, 1 BR w/ w/d, no pets. \$750 incl. utls. Fee. 617-446-2728.

**STONEHAM New Townhouse**  
2 bdrm w/ finished loft, 1.5 bath, lge kit, garage \$1275. Fee. Lg Mod. 1 & 2 bdrm, balc. pkg, quiet resid. area. \$725-\$850 Fee. Kathy 617-438-4367

**WAKEFIELD, small**  
basement apt. Full bath. Very desirable nhd. Very pvt. Near T. \$125 wk, all utls. incl. 1 mo. sec. plus 1. Call 224-1113.

**WAKEFIELD & Mel**



# Job Mart

13 CITIES AND TOWNS EVERY WEEK  
Burlington, Woburn, Winchester, Reading, Wakefield, No. Reading, Wilmington, Tewksbury, Lynnfield, Stoneham, Malden, Medford, Melrose  
OVER 160,000 READERS

## JOBS FROM S-8

### EMPLOYMENT

#### Child Care Wanted 209

BABYSITTER M-F, 10-3 or more if desired in my home while I work at home for 5 mo. old. Ref. Req., nonsmkr. Call 438-3971. 3/21s

**Mother's Helper Wanted**  
Person to help care for 2 infants and 2 five year old girls in North Reading. Also includes light household duties. Mothers hours, 3 days a week, 4-6 hours a day. References preferred. Call 508-664-5353. 3/13n

**SEEKING energetic babysitter** for 2 small children in my home. Mrs. Mon thru Thurs. 8 am - 4 pm. Fri. until noon. Call be somewhat flex. Sue 942-8709.

**Wanted for the Summer**  
Responsible sitter for our 6 yr old daughter and 3 yr old son. Tues. & Thur. Non-smoker. Must have reliable trans. Salary negotiable. Call 508-658-3740 after 4:30 pm. Ref. req. 3/13t

#### Employment Wanted 211

**BABYSITTER**  
Experienced high school senior, female, seeks after school & weekend babysitting job. Avail. after 3pm. Please call Kim 617-279-4591 3/20s

#### General Help Wanted 213

**ARTFUL Cleaning** needs an honest dependable team member part time days to clean houses. Will train. Mothers hours, avail. Exc. pay. 438-3684

**ATTENTION Artist/Crafters!**  
PT work at home. Earn \$\$ painting needle work designs. 935-1890

**AVON**  
To buy Avon products or sell to family, friends, co-workers. Earn up to 50%. Call Peg 617-933-6254. Ind. Rep.

**AVON \$8-15/hr.** No door to door. No minimum order. Bonuses 1-800-827-4640 Ind/sis/rep

**AVON CALLING**  
10 immediate openings. Easy way to make extra money. For information call 1-800-288-7720.

**CASHIER/DELI**  
Part time 20 - 30 hours per week, Monday - Friday. Paid vacations, holidays, uniforms. Must be energetic & enthusiastic. Call Chef 617-272-8209.

**CEILING PERSON**  
Experience needed. Good starting pay. Please fax or mail resume to: 11 State St., Suite 101 Woburn MA 01801. (Fax) 617-938-8858

## WANTED!

We are looking for cheerful, hard working employees to staff our Wilmington Burger King Restaurant.

**\$500 - \$700/hr.**

**POSITIONS AVAILABLE:**  
• Full & Part time Shift Supervisors  
• Mother's Hours  
• Breakfast & Late Night Hours

**BURGER KING**  
280 Lowell St.  
Rte. 129  
Wilmington

See how working here can provide you with a real....

**REWARD**

**CLEANING Person** needed for Apt complex. Full or part time. \$6-\$8/hr. Need car. Call 617-933-1414

**CLERICAL-MOMS HRS**  
Wakefield-Lakeside Ins. Agency. Gen. clerical duties. Hrs flex, 9-3:30. 20-30 hrs. \$9/hr. 40wpm. Mike 617-245-2292

**COOK**  
Seeking exp. F/T or P/T Fry Cook. Cooking incl. frying clams, scallops, onion rings, etc. Pay negot. Good boss to work for. Kitchen is a/c. Wilmington. Call 508-657-8700. 3/13t

**CUSTOMER SERVICE, F.T.**  
Answer phones and key orders. Will train. Small friendly office. \$7 hour plus benefits. Call Jack 617-932-9500.

**DANDI-LYONS** in Tewksbury now hiring part time. Great for after school. Call 508-658-4232. 3/13t

**DENTAL HYGIENIST**  
Needed part time hours in Modern Office. Call 617-932-6660

**DENTAL HYGIENIST F/T**  
High quality, friendly, general practice, excellent benefits. Tewksbury. Call 508-651-2621. 3/13t

**DOCTOR'S OFFICE** is in need of a part time file clerk. Flexible hours. Call 617-935-7581

**DRIVER**  
CareLine New England a major Amb. company seeking a driver for our passenger mini bus. Must have CDL, clean driving record & be able to work flexible hrs. Call Jean Brown at 246-3364 for more details.

**EARN \$10 - \$15 per hour.**  
Busy Woburn Restaurant needs afternoon and evening waitstaff. Call Roger or Peter. 935-0576.

**EXP SALES PERSON**  
Needed to operate push cart at North Shore Mall. Full & part time avail. Days, eves, wknds. Please call 508-664-5804

**FULL Time Landscape** Help for Winchester area company. Start mid-March. Some exp. nec. Call Chris 508-658-9996.

**FULL time mechanics** helper wanted. Some exp. helpful but not req. Good pay & health. Call 508-657-7719.

**FULL Time Stock person** needed to load and unload major appliances along with other various store duties. Apply in person at The Appliance Outlet, 160 Cambridge St., Burlington, MA to the left of Building 19.

**GINGLES HAIR SALON**  
In Wilmington is looking for exp. hairstylist preferably with following. Call Eddie 508-658-2525 or 617-599-9499

**GREENHOUSE** Gardening help. Digging & potting plants. Seasonal work. Flex hrs. Perfect for students in No. Reading. Call Alan 508-664-6397

**HAIRDRESSER**  
Full time position. Great opportunity. Existing hairdresser is leaving lge. clientele waiting to be picked up by new hairdresser. Health ins. avail. 617-933-9722.

**HAIRDRESSER**  
Busy Stoneham Salon. Seeking full/part time stylist to join our staff of 10, with or without following. Call Karen 617-438-2972

**HAIRDRESSER WANTED**  
Seeking qualified individual for busy Stoneham salon. Some following a plus. If interested please call 617-279-2292 4/4s

**HELP WANTED:** Earn up to \$500 per week assembling products at home. No experience. In 1-504-646-1700 DEPT. MA-3528. 3/13t

**HYAC**  
Experienced air conditioning service & installation technicians. Carrier Inc., 50 Winter St., N. Reading. 508-664-5596.

## METRO MEDICAL ANSWERING SERVICE

Busy medically-based answering service in Burlington is seeking  
**PAGE OPERATORS**  
Typing a must.

Hours available are: 8 am-4 pm, 3 pm-11 pm  
3 pm-8 pm and various weekend shifts.  
Paid training provided. Starting salary \$7.00/hr.  
Please call 617-238-3755

## HELP WANTED: TODDLER TEACHER ASSISTANT

Full time position.....Excellent benefits and working conditions.

Qualifications.....O.E.C. Teacher Qualified  
Send resume to Kathy Evans,

**SEEM Child Care**  
525 Salem Street, Lynnfield, MA 01940

### HELP WANTED

**Secretary / Receptionist** for busy real estate office. F/T & P/T positions available days and evenings. Outstanding communication and organizational skills required. For further information call Donna Sullivan at 508-988-5800. 3/13t

**HOME Health Aide** for evenings. Exp'd., ref's. Nursing home background pref., but not nec. 617-438-2170.

**Ice Cream Coming Soon**  
Dandi-Lyons now hiring all shifts, perm. P.T. Apply within or call. 1331 Main St., Reading, 944-9226.

**IMMEDIATE FT Opening** for Human Resources Manager. You will run ads, interview, hire, train/re-train, to keep busy Dept. Stuffed with over 100 PT people. Short sleeve mentality, hard working, organized & strong time mgmt skills. Ability to spot potential a must. Call Nancy for interview. 617-233-9100

**Kitchen Cabinet Sales**  
People with layout experience needed right away! We have leads, we pay top commissions. Full benefits, salary plus commission. Call Carole 617-933-3339.

**LANDSCAPE HELP**  
Laborers with 2-3 yrs. exp. Must have drivers license. 1-617-729-8325 leave message. 3/7s

**Landscape/Laborer**  
Wanted. Full time position. Experience preferred but not necessary. Please call 617-245-6399.

**LAUNDRY FULL/TIME**  
Presser needed for specialty linen company. Person must be flexible and dependable. Apply within. Carol's Cloth, 911 Main St, Woburn

**LAWN FOREPERSON**  
LANDSCAPE LABORERS Full time plus overtime. Experience pref. Refs. nec. Call 617-272-6104.

**LAWN Service Tech** - You must be responsible, ambitious, outgoing, mechanically inclined, take pride in your work, have valid Mass license. We provide you with starting salary to \$360 wk plus benefits for a 5 day/40 hr. work week. Full training, excellent opportunity for advancement. Call Lawn Doctor 1-800-286-7801.

**LIGHT DELIVERY** part or full time. Must have economical auto. Call Mr. Smith. 617-932-5300.

**LOSE & EARN \$\$**  
Lose weight while earning an income. Work from home. Full time and part time. Please call 393-8509

**LOSING A JOB IS...**  
not a personal failure. A poorly written resume is. You need:  
**The Competitive Edge**  
617-932-3232

**LPN or RN** needed for full time position for Pediatric Office in Melrose. Full benefits. Monday - Thursday, occasional Saturday hours. For interview call 508-664-8868.

**MAIL Order Companies** - Needs buyer name compilers & verifiers. New hot program. No experience but organized & reliable please. Heavy phones. Boring work but makes \$\$ Your home or our office. Hurry! 617-499-8658.

**MANAGEMENT TRAINEE**  
Person wanted to assist manager. Opportunity for \$300 per week to start and benefits. Call 617-272-6081.

**MEDICAL Help.** Part time positions in Transcription (Word Perfect) and Insurance Referral processing needed at Woburn Medical. Experience required. 617-933-1198.

**MERCHANTS RENT A CAR** is looking for part time Drivers for local trips on Call Basis. Perfect for retirees. Call for details. 617-932-1145

## IMMEDIATE OPENINGS

Full and part time positions available for  
**RNs and LPNs**  
on our 11-7 shift.

Must have current long term care experience.  
Full and part time openings on all shifts for  
**CNAs**  
Must be certified or certifiable.

Full and part time  
**HOUSEKEEPING POSITIONS**  
Available on our day shift. Experience preferred, but will train qualified individuals.

For nursing positions please apply in person to Peg Archidiacono, RN, DNS.  
For housekeeping positions please apply in person to Bob Shepard, Housekeeping Supervisor.

Bear Hill Nursing Center  
11 North Street  
Stoneham, MA 02180  
617-438-8515  
M13-22

**MERCHANTS Rent-a-Car** is looking for F/T Asst. Manager. Must be a hard working, hands on person to assist our Rental Manager in our day to day operation. Exp. helpful. 40 hrs wk. Call for app. 617-932-1145.

**MKT ASSISTANTS**  
FT/PT for ambitious people. Duties incl: Tele-marketing, & WP. Needed for growing Environmental Training Provider. Spanish a plus. 935-7370

**MONEY \$250-\$500**  
Attractive position for men & women of neat appearance and good character for pleasant work. Earnings opportunity of \$250-\$500 per wk to start. Advancement. Benefits. Education or experience not important. Call 617-272-6081.

**Mothers Students Others**  
Part time cleaning in well maintained residential homes. Flex. hrs. Towns you choose. 5-20 hrs per wk. Car nec. \$8 + /hr. Call Claire today! 3/20t

**Minute Women Inc.**  
617-862-3561

**NANNIES WANTED** to live out full or part time. Must have experience. Refs. & Car. Call Mon-Fri. 9-4pm. Nannies For Rent. 508-535-0127

**OFFICE ASSISTANT**  
Part-time 3 pm to 8 pm, Monday thru Friday. \$7.00 per hour. For more information please call 942-2215.

**P/T RECEPTIONIST FILE CLERK**  
8:30 AM to 1:00 PM. Must be a well organized, detail oriented individual. Send resume in conf. to: Datapaq Inc., 187 Ballardvale Street, Wilmington, MA 01887 Attn: Personnel. 3/27t

**PACINI & SONS**  
Painting. Must have 5 years exp. & own transportation. Call 508-851-9865.

**PART Time flex. hrs.**  
Great job for students & moonlighters. Work at home or office. Call Mr. Green 617-221-4880.

**PART TIME FILE CLERK**  
Home health care company in Woburn has position in Patient Medical Records. Experience required. Candidate should have good organizational skills. Mail resume to: Advanced Home Health Care, Attn: Documentation Department, 508 Main St., Woburn MA 01801.

**Pelham Professional Group** is looking for exp. Industrial Cooks for Stoneham area. \$7-\$7.50. Temp. to Perm. 1st shift, 5 am - 3 pm. Call 508-458-4470 or 603-882-6433 ext. 027 for more info

**PIZZA MAKER**  
Seeking P/T or possible F/T Italian style brickoven pizza maker. Pay neg. Kitchen is AC. Good boss to work for. Wilmington, MA Call 508-657-8700. 3/20t

**PIZZERIA UNO Servers/Bus People Prep/Dishwashers**

We seek motivated people who enjoy working in a fun, fast paced exciting atmosphere. If you're ready to work for a company that will appreciate you, then stop by and see us. Full and part time positions are available. We offer excellent pay & benefits. Interested? Apply in person anytime between 2pm-5pm at Pizzeria Uno, Woburn Mall, 300 Mishawum Rd., Woburn, 1150 Middlesex Turnpike, Burlington Mall, Burlington or 215 Broadway, Rte. 1 North, Lynnfield

**Private Housecleaning Business**  
Cleaning Business For Sale. Can make 40,000 dollars a year. Person needs to be organized with good cleaning skills. Comes with 35 clients, plus equipment. Call 508-664-5804

## Secretary 20 Hours Per Week - Public Relations and Fund Raising

Challenging opportunity for individual with strong computer skills, including previous work experience on Word Perfect and Lotus, and excellent interpersonal and organizational skills to provide support for the fundraising and marketing activities of the hospital.

Responsibilities include secretarial work for various special projects, development of marketing mailing lists, data entry for market research projects, and administrative support for special events and targeted fundraising campaigns. Additional responsibilities include general department correspondence and reception/telephone coverage.

Hours are Monday and Tuesday, 8:30 - 5:00 and an additional 4 hours flexible.

LMH is a fiscally strong community hospital located 8 miles north of Boston just off Route 93 before the traffic crunch. Please send resume or call Johna Wasdyke, Human Resources Department, Lawrence Memorial Hospital, 170 Governors Avenue, Medford, MA 02155. Phone: (617) 396-9250, ext. 1703.

**LAWRENCE MEMORIAL HOSPITAL OF MEDFORD**  
3/13-15

We are a teaching affiliate of Tufts University School of Medicine committed to equal opportunity employment.

**POSTAL Jobs**, start \$12.68 hr. plus benefits. For application & exam info call 1-800-299-2470 Ext. MA 110, 8 am to 9 pm, 7 days.

**RECEPTIONIST**  
For Woburn Beauty Salon. Thursday, Friday, & Saturday. 9am-6pm. 617-933-9722.

**ROUTE COORDINATOR CUSTOMER SERVICE**  
Seeking a highly organized and friendly professional to join our team. You will answer phones, work on the PC, handle various office duties. Heavy phone con-ing cleaning Co. is hiring team members. No interpersonal skills. Weights / weekends. offer a competitive salary. Bonuses & incentives, friendly environment. Call Personnel Dept. for an interview and appt. 617-935-4556

**TERMINIX EOE/M/F/D/V**

**SECRETARY**  
Law firm has immediate opening for full time secretary. Excellent telephone, interpersonal and writing skills required. Word for Windows 6.0 or similar software. Please call 617-246-4280.

**SICK of working 9-5?**  
Make your own hours. We're seeking highly motivated individuals for 4 yr. company. No exp. needed. Call Tracie for interview. 617-958-5033.

**TEACHERS NEEDED**  
Bedford child care center seeking experienced full time toddler teachers. Good pay. Excellent benefits. Call 271-0800.

**TEACHERS AIDE**  
Burlington Daycare seeks afternoon aide 2pm-6pm. Mon-Fri. For more info call 617-272-5845

**TEACHER**  
Burlington Daycare seeks Teacher or teacher assistant. Full time. M-F. Good pay & benefits. Quality School. For more info call 617-272-5845

**TELEPHONE Sale, Police**  
publication. Good pay. Call Mike at 617-932-5300.

## Doll Shop

Seeks responsible, outgoing person. Knowledge of Dolls helpful but not necessary. MANAGEMENT POTENTIAL. Involves Weekends. Smoke Free Environment. 508-667-1187

**THE MAIDS**  
America's fastest growing cleaning Co. is hiring team members. No interpersonal skills. Weights / weekends. offer a competitive salary. Bonuses & incentives, friendly environment. Call training. 508-664-8448.

**TIRE CHANGER**  
Full time tire changer wanted. Benefits include: Healthcare, 401K, life & disability ins. Apply to Hogan Tire, 4.08 Washington St, Woburn, MA 617-933-4000

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assembling products from home. Call 541-942-6951 for amazing recorded message 3/13n

**UP TO \$339.84/week**  
assembling products from home. Call 541-942-6951 for amazing recorded message 4/17n

**WAITSTAFF** wanted. Experienced preferred. Full time / part time, all shifts. Apply in person, Stelio's Restaurant, 144 Lowell St., Wilmington.

**Wanted 44 people** to lose up to 30 lbs in 30 days. Min. \$34 to get started. Natural Herbal Products. P. T. help needed. 1-800-695-7662, 617-499-7704.

**WANTED!** 3 Sharp people! Only highly motivated people with big expectations need apply. We need help expanding our Marketing business worldwide. Please call 617-283-5987. Lv. msg.

**WAREHOUSE Clerk**  
Fast growing co. in need of a hard working individual to perform shipping & receiving duties; resp. for mailings, IT, computer work, etc. \$8 per hr. Send resume to: Watson Marlow, 220 Ballardvale St., Wilmington, MA 01887, Attn: Human Resource Dept. A

**WAVE SOLDERS/ QC INSPECTOR**  
Pelham Professional Group has long term opportunity in Woburn area. 3-5 yrs PCB exp. nec. \$8-\$10. Call Kathy 800-691-8367 or 603-882-6433

## Movies From S-6

do with those words, culling several memorable performances from his cast.

Williams, known for being outrageous, is much more restrained than usual, reacting to Nathan Lane's theatrics rather than causing his own. His performance is most heartfelt, as he knows that Val is wrong to ask what he did, but as a loving father he wants his son to be happy. Lane, all high-strung emotion and artistic temperament, gives us a performance much more dependent on physical humor. This is especially true when he tries to prove he can be as butch as the next guy.

Hackman and Wiest are never just stereotypical right-wingers, as she is quicker and

stronger than her husband, who runs for liquor and chocolates when things fall apart. The real surprise is supporting player Hank Azaria, who nearly steals every scene he's in. He plays a houseboy who can't cook and barely cleans, but supplies just the right touch of emotional support. That he is screamingly funny while he does so earns this flick extra points.

*Up Close and Personal* is a moving, but ultimately predictable love story that is greatly enhanced by the performances of Robert Redford and Michelle Pfeiffer. He's just gritty enough to make his charming news director interesting, she's savvy enough so that her edgy nervousness is a plus. The script, however, is nothing new,

especially in the third act, when it turns into "A Star is Born." Rated PG-13 \*\*\*

If *Lucy Fell* is a disappointing second effort by writer/director/actor Eric Schaeffer, whose small first film, "My Life's in Turnaround," showed great promise. In fact, this romantic comedy feels more like the freshman production, as it tries much too hard. Still, Schaeffer and Sarah Jessica Parker have their moments as platonic room mates trying to find true love before their thirtieth birthdays. Rated R. \*\*

*Before and After* is a compelling study of family dynamics, the American judicial system and personal responsibility. A softening of the Rosellen Brown novel undermines some of the focus concerning the murder of a teenage girl in a small New England town. Still, this meaty drama takes a close look at familial ties and is enhanced by Edward Furlong's sadly believable performance as the teenager accused of murder. As his parents, Meryl Streep and Liam Neeson bring opposing emotional textures to the story, though Neeson tends to overpower Streep's more controlled performance. Rated PG - 13.\*\*\*

## School Notes From S-6

Memorial High School gymnasium at 62 Oakland Road.

The organizations represented provide a wide range of services to individuals with special needs - whether those needs be learning, physical, developmental, emotional or behavioral.

"Don't miss this opportunity to obtain the information you've been looking for to help your child or friend with special needs," note representatives of the Reading Chapter 766 Parent

Advisory Council, which is sponsoring the fair.  
Books, therapeutic supplies, and toys will be available for purchase. Admission is free but donations are appreciated.

If you'd like to read about your favorite school, student or teacher in "School Notes," please send school newsletters and other relevant information to Phyllis Nissen, "School Notes," Middlesex East Supplement, Box 240, Reading, MA 01867. We welcome student writing.

### The Shamrock


By Anthony O'Mahon

In the Emerald Hills of Ireland  
On the river banks so grand,  
St. Patrick spread the Christian Faith  
And sowed the seed of love not hate.

From fields he picked a wee Shamrock,  
Then held it high above his flock.  
"Three leaves - one stem - a mystery  
But from it learn the Trinity."

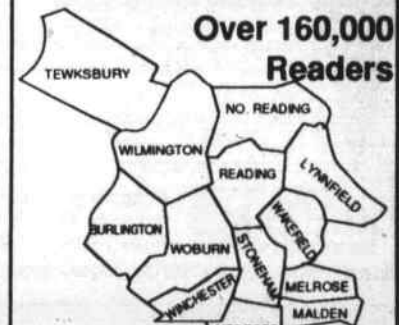
A clover in a field of green  
Tells more to me than any theme.  
They grow and thrive near Galway Bay  
Where a bit of Heaven fell one day  
"Erin Go Bragh"

Happy St. Patrick's Day



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## PROFESSIONAL

## PROFESSIONAL

## PROFESSIONAL

**Papa Gino's**

See First Hand the Primo  
Opportunities Waiting For You  
At Papa Gino's!

## MANAGEMENT OPEN HOUSE

Opportunities Available for • Restaurant Managers • Assistant Managers

Interviews being conducted:

Wednesday  
March 20  
9:30 - 11 AM  
and 2 - 7 PM

Papa Gino's Restaurant  
Woburn Mall

Interested but unable to attend?  
Call 1-800-PAPA-GINO for career  
opportunity information!

P13-19

## RECRUITER

BOSTON COMMUNICATIONS GROUP is a rapidly growing, ENTREPRENEURIAL COMPANY providing a portfolio of services to the cellular and wireless telecommunications industry. The following key position is currently available in our new Woburn Customer Center.

We seek a motivated individual to meet recruitment quotas for two call centers. Duties include internal and external job posting and coordinating, creating, and placing recruitment ads with agencies.

Qualified candidates will possess a Bachelor's degree or equivalent business experience, 3-4 years recruiting experience, strong communication and organizational skills, ability to work in a fast-paced environment with minimal supervision, and willingness to work flexible hours when necessary.

We offer a salary range commensurate with experience. If you are interested in joining an exciting industry and a rapidly growing company with multiple career opportunities, please fax your resume to (617) 476-3058. No phone calls, please. EOE



**BOSTON COMMUNICATIONS GROUP**

P11-13

## Substitutes Needed

FOR  
HIGH SCHOOL  
LEVEL

Please call Joanne  
(617)  
245-5210

P8-14

## MEDICAL

- Homemakers
- Home Health Aides
- Nurses Aides

Many home care opportunities available in Arlington, Belmont, Burlington, Cambridge, Medford, Stoneham, Somerville, Wakefield, Waltham, Watertown, Winchester, and Woburn. Choose where you and when you work. For immediate consideration please apply in person Mon.-Fri. 9 am-3 pm at HealthForce, 60 Lowell St., Arlington, MA; Thurs. only. 9 a.m. - 3 p.m., 31 Pleasant St., 2nd Floor, Malden, MA or call: (800) 641-2602. EOE

M11-13

## The Right Place.

Never before has success been so close. Join NBG Services, a fast growing, highly regarded leader in the Call Center Industry at our new state-of-the-art facility in Burlington.

## Burlington.

You can be part of our tremendous growth and help us meet the needs and challenges of our ever increasing number of Fortune 500 Clients. Our flexible scheduling will help you fit a professional opportunity into your busy life. Whether you are a student, retiree, professional in transition or looking to re-enter the workforce, there's no better time than now to join NBG.

## Call Center Representatives Part-Time/Full-Time

- Flexible Scheduling To Meet Your Needs
- Exceptional Earning Potential
- Part-time \$10-16,000/yr
- Full-time \$20-42,000/yr
- Company-Contributed Medical and Dental Insurance
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Call now for more information about opportunities in our Andover, Burlington, Westborough and Cambridge locations: 1-800-491-4NBG. We encourage you to visit our Web Site at: <http://www.nbg.com>. We offer a smoke-free environment. We believe in the value of diversity. AAEOE. M/F/D/V.

1-800-491-4NBG (4624)

P13-15

**NBG Services**

Leadership in Call Center Services

AS AN INTERNATIONAL FOOTWEAR, CONVERSE OF STREET-SMARTS AND TO ACHIEVE OUR CORPORATE GOALS. Today, WE'RE PLAYING HARD AND FAST TO GAIN AN EVER-SHARPER EDGE IN OUR HIGHLY COMPETITIVE INDUSTRY. JOIN A WORLD LEADER - JOIN CONVERSE.

WORLD-WIDE

LEADER IN ATHLETIC RELIES ON A BLEND OF INNOVATIVE IDEAS TO ACHIEVE OUR CORPORATE GOALS. Today, WE'RE PLAYING HARD AND FAST TO GAIN AN EVER-SHARPER EDGE IN OUR HIGHLY COMPETITIVE INDUSTRY. JOIN A WORLD LEADER - JOIN CONVERSE.

## Administrative Assistant

Working in our fast-paced Marketing Communications department, you will provide administrative support to members of the Public Relations, Advertising and Marketing Services groups. Responsibilities will include word processing, reports, correspondence, telephone coverage, travel and meeting scheduling, filing and maintaining department budget.

Secretarial school graduate with three years minimum experience in a similar environment is preferred. Strong computer skills with proficiency in Microsoft Word for Windows, Excel and PowerPoint are required. Demonstrated flexibility, willingness to operate in a fast-paced environment, and positive attitude under pressure are major requirements.

We offer a competitive compensation and benefits package and a non-smoking environment.

Qualified candidates are encouraged to send a resume and current salary information by Monday, March 18<sup>th</sup>, Human Resources, Job #508, Converse Inc., One Fordham Road, North Reading, MA 01864-2680. Converse is an equal opportunity employer, M/F/D/V.

P13-15

**CONVERSE**

## VET TECH

An exciting opportunity for an experienced technician who wants to be part of our progressive practice. Part time 25-35 hours per week.

For more details  
call M. Emerson at  
(617)  
933-0170

P8-14

## MEDICAL

## Live-in Wanted

Free room and board plus salary for the right person to care for an elderly gentleman. Your own bedroom/bathroom. Care includes all ADL, plus companionship. Perfect for retired/retiree, RN, LPN or CNA. Send resume or qualifications to: Rick Festa, 31 Captain Circle, Tewksbury, MA 01876.

508-851-8614

M11-15

## MEDICAL SECRETARY PART TIME

Early evenings and Saturdays. Good pay.

Call:  
944-8950

M13-19

## Part-Time Medical Assistant

For Pediatric Office. Knowledge of immunization is important; previous experience helpful. Must be comfortable with children.

Please call Gail at (617) 665-4364. Ellipond Medical Associates, P.O. Box 880, Melrose, MA 02176.

M13-15

## Dental Receptionist

Opening for personable motivated individual for 2 to 2 1/2 days a week. Computer and organizational skills a plus. Experience helpful.

Call Suzanne  
(617)  
395-5035

M13-19

## BUSINESS

## OFFICE HELP Monday-Friday Part Time

Light typing, filing answering phones & accounts receivable. Will train the right person.

Call

508-774-8835 or  
617-944-0934

B11-15

We are an aggressive mortgage lender with exciting growth opportunities, and we invite you to join our team of talented professionals.

## MORTGAGE LOAN PROCESSOR/UNDERWRITER

Ideal candidate will have a minimum of 2 years underwriting experience; strong knowledge of secondary market guidelines; and excellent written and oral communications skills. Familiarity with CSM loan tracking software and computer knowledge a plus.

Please Mail or Fax Your Resume to: Laurence Gold, Winter Hill Federal Savings Bank, P.O. Box 977 Somerville, MA 02145, Fax 617-666-9647

**winter hill federal savings bank**

Equal Opportunity Employer

P11-13

## Not Your Typical TELEMARKETING Opportunity.

- Appointment setting only
- Quality leads provided
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- No product sales

- Flexible hours
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Call Ron Anthony 800-733-5523 X141 or 153  
"Long-term Care Insurance" General Agent  
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NET Plus® is a national agency

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P13-15

## MEDICAL

## OFFICE MANAGER

Experienced Office Manager needed for very busy cardiology/internal medicine. Multi-site practice. Challenging job with enormous potential.

Send resume to:

**NORTH SUBURBAN CARDIOLOGY**  
3 Woodland Road  
Suite 421  
Stoneham, MA 02180

M13-19

## BUSINESS

## Sipex

Sipex Corporation is a leading designer and manufacturer of products for high-end signal processing applications, including Monolithic or hybrid, custom or standard products for use in commercial and military markets. We currently have the following position available.

## Inside Sales Coordinator - International

In this key position, you will have responsibility for coordinating a variety of international inside sales activities. You will review order entry for accuracy, distribute invoices, file order correspondence and distribute leads. Qualified candidates will have 2-5 years related office experience, preferably in a sales support position, along with proven expertise with MS WORD and EXCEL.

Sipex offers a competitive compensation and fringe benefit package, including a 401(k) plan. To apply, please mail or fax resume to Manager, Human Resources, or drop by our facility and fill out an application: Sipex Corporation, 22 Unnell Circle, Billerica, MA 01821, FAX (508) 667-8310.

An Equal Opportunity Employer M/F  
We're dedicated to the value of maintaining a strictly smoke-free environment.

SIGNAL PROCESSING EXCELLENCE

B13-15

## MARCH TO MERIT

SPRING INTO NEW POSITIONS  
OPEN REGISTRATION ALL MONTH!!!

## RN's - LPN's - CNA's

IF YOU ARE A MEDICAL PROFESSIONAL WHO ENJOYS FLEXIBILITY IN YOUR WORK WEEK, GREAT PAY RATES, HEALTH BENEFITS, VACATION TIME, BONUS REFERRALS, AND MANY, MANY EXTRAS!!!!

## CALL TODAY

## MERIT STAFFING RESOURCES

508-538-0016 OR 800-974-0550

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PEABODY, MA 01960  
(RIGHT NEXT TO THE N. SHORE MALL)

REGISTER THRU THE END OF THE MONTH  
AND QUALIFY TO WIN OUR  
VACATION GETAWAY!!!!  
CALL FOR DETAILS

M13-15-18

## MEDICAL SECRETARY

Full time position available in busy pediatric office. Medical office experience required.

Interested applicants send resume to:

**Woburn Pediatric Associates**  
Attention: Peggy  
7 Alfred Street  
Woburn, MA 01801

M5-1

## RN-LPN

Make a change for the better to Woodbriar of Wilmington, Rehabilitation and Skilled Nursing Center

The following positions are available:

FULL TIME 7-3 RN for Sub-Acute Unit  
Two years experience preferred  
PART TIME Licensed Nurses 7-3 & 3-11  
Every other weekend

Interested applicants should call or send resume to:

**WOODBRIAR OF WILMINGTON**  
90 West St., Wilmington, MA 01887  
Attn: Barbara Sousa A.D.O.N.  
Tel: 508-658-2700 Fax: 508-657-0015  
Or stop by and fill out an application

M12-14

## BUSINESS

## License/Title Clerk

Woburn based company seeks an organized, detail-oriented individual to assist our rental and retail car sales businesses in the registration and titling of vehicles. Qualified candidate must be responsible, personable and have the ability to juggle multiple tasks.

If you are interested in this position, please send your resume to Enterprise Rent-A-Car, Attn: Jeff Carter, 248 Mishawum Road, Woburn, MA 01801.

We offer a competitive compensation package including benefits.

**ENTERPRISE RENT-A-CAR**

The Special Delivery Company

An Equal Opportunity Employer

B13-19

If it's not in the bag, it's out the door.

## STORE DETECTIVES

The Stop & Shop Supermarket Company has openings for Full-Time and Part-Time Store Detectives. These positions are needed for stores in your local area. An education in Criminal Justice and/or previous Store Detective experience is preferred. Detectives will be required to rotate to different stores on an as needed basis, therefore a reliable means of transportation is required. Offers of employment will be contingent on the successful completion of a background check and drug test.

Please forward resumes to:

Jim Hall  
The Stop & Shop  
Supermarket Company  
P. O. Box 1942  
Boston, MA 02105

Our leadership, advanced technology, and customer service are the results of our continuing efforts to provide a diverse and equal employment opportunity working environment.

P13-15

**STOP & SHOP**

## Testing, Inc.

## Component Test Engineer

Engineer with 5+ years of semiconductor electrical test experience. For consideration please send resume and salary history to:

**SOLID STATE TESTING, INC.**  
56 Middlesex Turnpike  
Burlington, MA 01803  
Attn: Robert Bishop

P13-15

## BUSINESS

## ADMINISTRATIVE SUPPORT - PART-TIME

Technically-oriented business seeks an individual with strong attention to detail to support their testing services division. Work 20-25 hours per week in a friendly, small company atmosphere. Responsibilities include report preparation, tracking and responding to sales leads, production and maintenance of marketing materials, order entry, and telephone support.

Ability to perform and efficiently organize a variety of assignments simultaneously, knowledge of Word for Windows and personal computers, as well as strong keyboarding and communication skills required. Proofreading skills a plus.

Please mail or fax resume to: Dept. 5.

Holometrix, 25 Wiggins Avenue  
Bedford, MA 01730-2323  
Fax: 617.275.3705

**Holometrix**

B13-15

## Body Shop Administrative Assistant

FULL TIME

Position requires extensive customer interaction and telephone work. Therefore, individual should have an outgoing and pleasant personality with the ability to use computers and multi-line telephones.

For more information  
please call Karen at 617-935-2000

**LANNAN**

Chevrolet • Oldsmobile • GEO  
40 Winn St., Woburn, MA 01801  
We offer a drug-free environment

B8-14

## Check Processing Center

Full Time 11:00 p.m. to 7:30 a.m.

We are a financial institution with an immediate opening in our expanding statement rendering department. Primary responsibilities will be processing our checking account statements. This will involve operating equipment and verifying checks to the statements. Some lifting is required. Applicants should have good organizational skills, good concentration and an interest in detail work. Check processing/banking experience is required. Qualified applicants should call Diane Johnson between 9:00 a.m. and 11:00 a.m. at (617) 933-9950 ext. 142.

**EasCorp**  
Woburn, Massachusetts

B8-14



**WOBURN AREA**  
(617) 933-3700

**FAX**  
(617) 932-3321

# JOB MART

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NO. READING • LYNNFIELD • MALDEN • MEDFORD • MELROSE • PLUS SURROUNDING COMMUNITIES



## MEDICAL

## BUSINESS

## BUSINESS

## BUSINESS

**WINCHESTER HOME CARE**  
A SERVICE OF WINCHESTER HOSPITAL

We currently have the following positions available in our growing department:

**HOME HEALTH AIDES/ NURSING STUDENTS**  
Part-time benefitted and per diem positions with paid time off. Mileage reimbursement and weekend differential offered. Day, evening and weekend shifts. Ask us about our bonus plans. Call (617) 756-4700 for info on our Home Health Aide Certification Program.

**OCCUPATIONAL THERAPISTS**  
15% quarterly bonus program for the first year! Full and part-time benefitted and per diem positions. 1 year experience in both home care and rehab or 3 years in rehab required.

**PT ASSISTANTS**  
Full and part-time benefitted and per diem positions. 1 year experience in both home care and rehab or 3 years in rehab required.

**REGISTERED NURSES**  
Per diem positions, evenings and weekends. Recent acute care experience preferred. Community health experience required.

**EVENING NURSE**  
On-call, Mon.-Thurs. Home care experience, strong communication and organizational skills required. Supervisory experience preferred.

**MATERNAL CHILD HEALTH NURSE**  
Immediate per diem positions available for RN's with maternity and newborn care experience to do mother/baby visits. Day and weekend hours available. Home care experience preferred.

Please call or send/fax resume to: Shannon Chan, Winchester Home Care, 7 McKay Avenue, 2nd Floor, Winchester, MA 01890; Phone: (617) 756-2497; Fax: (617) 756-2489. We are an Equal Opportunity Employer.

**BULLETIN**  
**We're Hiring NOW!**

**Administrative Assistant, Wilmington**  
Word & Excel for Windows req'd. 3 years exp. supporting at least 3 ppl. Maintain calendars, screen calls. Long term temp, possibility of full time.

**Receptionist, Burlington**  
Answer 6 line telephone, meet/greet visitors, maintain reception area. Light typing helpful. 2 month temporary, to \$8.00/hour.

**3 Data Entry Operators, Woburn**  
Familiar with using mouse, input names and addresses to database. Speed and accuracy imp't. To \$9/hour.

**Reardon Associates**  
27 Cambridge St., Burlington  
617-270-4400 • FAX 229-6814

BOSTON COMMUNICATIONS GROUP HAS AN IMMEDIATE NEED FOR A RECEPTIONIST/ADMINISTRATIVE ASSISTANT IN OUR WOBURN CALL CENTER.

**RECEPTIONIST/ ADMINISTRATIVE ASSISTANT**

Responsibilities include: answering phones; meeting and greeting customers and vendors; general office management; ordering and stocking supplies; mail pick up and distribution; Administrative Assistant for Management team; and word processing and documentation. Qualified candidates will possess: a college degree or equivalent business experience; be proficient with Macintosh (Microsoft Word and Excel programs); have strong organizational, communications, and telephone skills.

Please fax resume to (617) 476-3058.  
No phone calls, please.

**BOSTON COMMUNICATIONS GROUP**

**CORDAGE MARKETING MANAGER**

We are a dynamic, merchandising oriented company seeking a take charge manager to assume responsibility for this key segment of our business. To join our team, applicants should have a minimum of five years' experience in the cordage industry developing programs and making presentations on a national basis. A college degree in marketing is preferred.

We offer a comprehensive compensation and benefits package to the candidate who thrives on challenge in today's global marketplace. Our successful company has been in business for more than 75 years and is a recognized leader in our industry.

For confidential consideration for this key position, please submit your detailed resume to:

**NAS REPLY SERVICE**  
Dept. 3 MP 374  
Riverview Office Tower  
8009 34th Ave. So.  
Bloomington, MN 55425-1619

Equal Opportunity Employer

**MOTHERS • STUDENTS**  
**AND ANYONE LOOKING FOR PART-TIME HOURS 10am-3pm**

We currently have 80 immediate customer service positions available. Must have strong communication skills, type 20+ wpm and familiar w/PC. \$9-10hr., paid training and all are temp to direct hire. Don't miss out on this exciting opportunity.

**TAC/TEMPS**  
265 Winn Street  
Burlington, MA 01803  
617-273-2500

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- Telemarketing
- Receptionist
- Secretaries
- Customer Service
- Data Entry
- Word Processing

Short and long term, part and F/T positions available. We offer excellent pay, bonuses and health benefits. Don't delay, call for an appointment today!

**Remedy**  
INTELLIGENT STAFFING  
25 Corporate Drive, Ste. 140  
Burlington, MA 01803-4230  
617-270-4444  
Fax: 617-270-4445

**Accounting Clerk**

Wakefield Company looking for a take-charge, self motivated individual for a full-time position doing various accounting functions including reconciliations. Prior experience necessary.

We offer a competitive wage and benefit package in a friendly working environment. Qualified candidates should forward resumes to:

**Box 1679, c/o Daily Times Chronicle**  
**One Arrow Drive, Woburn, MA 01801**

**CUSTOMER SERVICE**

Woburn shoe distributor seeks full time, energetic person to supplement a busy customer service team in a fast-paced environment. This person must be detail oriented, like people and have good communication skills. Hours are 9 a.m. to 5:30 p.m., M-F.

Responsibilities include processing phone orders, mail orders and solving customer problems. We utilize an easy-to-use computer system to assist in all phases of processing. Previous experience is helpful, but will train the right person.

We offer a comfortable, small company atmosphere and competitive salary and benefits.

Call Dee at:  
**933-8490 ext. 515**

Richey/Deanco is a leader in the electronics distributor industry...and we are looking for a few outstanding folks to join our team in the following positions:

**Product Manager Assistant**  
Related activities include, but are not limited to, price and delivery inquiries, expediting, cross referencing, sample requests.

**Customer Service Representative**  
Primary responsibilities include general support activities to achieve sales and profit goals in conjunction with inside sales.

We offer the selected candidates a competitive compensation and benefits package.

Send resume and salary history to:  
**Lorraine Dickinson**  
**Richey/Deanco**  
87 Concord St., No. Reading, MA 01864

**In Search of Benefits? Customer Service Reps 80 Openings \$9-10/Hour**

**Local Burlington/Boston Communications Company**

- Temp to Hire Candidates
- Full Time, Part Time Shifts Available
- Benefits

We have been asked to help provide 80 customer service reps to a Local Burlington/Boston Communications Company that seeks temp to hire candidates.

Call Today!  
(617) 273-2500  
265 Winn Street  
Burlington, MA 01803  
or FAX Resume: (617) 273-2365

**TAC/TEMPS**  
A Division of T.A.I.

**ACCOUNTANTS WHEN CAN YOU START?**

Whether you're looking for long-term, short-term or temp-to-perm - Source Temps can put you to work.

- ACCOUNTS PAYABLE/ ACCOUNTS RECEIVABLE
- STAFF ACCOUNTANTS
- BOOKKEEPERS
- COST ACCOUNTANTS
- ACCOUNTING MANAGERS

Source Temps is your key to opening the doors of dynamic opportunities throughout the 128/495 area. Give us a call and LET US PUT YOU TO WORK!

**Source Services Corporation**  
20 Mall Road, Suite 305, Burlington, MA 01803  
617-270-4800 • Fax: 617-272-0818

**PRODUCTION WORKING SUPERVISOR**  
Evening Shift 4:15-11:30 p.m.  
Monday thru Friday

Minimum 3 years supervisory experience in electronics manufacturing required. General knowledge of computerized test equipment, device burn-in, solder dip, hermetic seal and branding a plus. Will train for specifics. Salary commensurate with experience.

Mail or fax resume to - Attn: Lorraine  
**COMPENSATED DEVICES, INC.**  
174 Green St., Melrose, MA 02176  
Fax (617) 662-4392  
Equal opportunity employer

**Accounts Receivable Clerk**

Metro is a leading distributor of building products. We require a bright, motivated individual to assist full-time in our busy office. Duties include: data entry, typing, filing, cash receipts, credit and other misc. clerical duties. Prior office and computer experience is required. Salary commensurate with experience. We offer an excellent benefits package.

Send resume with salary history to:  
**Metro Siding & Roofing Distributors**  
480 Wildwood Ave., Woburn, MA  
No Agencies Please

**OFFICE MANAGER**

Office Manager for health orientated business. Part time, Mon.-Thurs. 12:00-6:00. Opportunity for full time and sales commissions. Must be athletic, organized, and have a positive attitude!

Call for an interview:  
**617-944-2372**

**Mailroom/Secretary**  
**\$8.75 per hour**

No experience necessary

**1-800-472-3057**

**FORGET THE REST...WORK WITH THE BEST**

New Boston Temps has immediate short/long term and temp to perm assignments. We have challenging opportunities if you are looking for work in:

- Reception (FT/PT)
- Word processing (FT/PT)
- Day/Evening Data Entry
- Customer Service
- Executive-level Asst. (w/computer)

Call today and we can put you to work tomorrow!

**WOBURN 938-4500**  
**NEW BOSTON**  
Temps  
16 Wheeling Ave., Woburn

**SALES POSITIONS**

The nation's largest lawn-care co. TruGreen/Chem-Lawn, seeks self-motivated, aggressive, career oriented individuals to fill several full-time sales positions. Excellent starting salary plus commission, and comprehensive benefit package. Excellent long-term growth opportunities.

For further information call Len Vining at  
**932-3680**

**TELEMARKETING**

- Cummings Park Woburn
- Immediate Openings
- \$8.00 per hour
- Part time - flexible hours
- Business to Business
- Call 24 Hours Info Line

(617)  
**937-8338**

**INSURANCE CSR**

Detail oriented, organized, responsible person for telephone/people contact. Data entry, typing, general office responsibilities in multi-faceted environment. Prior office experience preferred. 35-hour work week.

**617-944-8700**

**OUTSIDE SALES**

If you are aggressive, enthusiastic, and want to learn a profession that will enhance your financial growth, you need to join our sales team. We are looking for talented people to work in the sign advertising and screenprinting field in N.H. and Mass. Experience in graphics industry a plus, but will train. Minimum 5 yrs. exp. required in OEM or industrial sales. Call Arthur Bartlett for an appointment.

**Bartlett Signs**  
**1-800-277-5674**

**Check Processing Center**  
Part-time 12:00 noon to 4:00 p.m.  
Monday through Friday

We have an opening in our check imaging department. Responsibilities include sorting checks and data entry. Applicants should have good concentration and an interest to detail work. Data entry experience is required. Qualified applicants should call Diane Johnstone between 9:00 a.m. and 11:00 a.m. at (617) 933-9950 ext. 142.

**EasCorp**  
Woburn, Massachusetts

**Direct Hire**  
**EXECUTIVE ADMINISTRATOR \$45K+**  
Right hand Superstar to CEO in exceptional startup - superior computer skills needed.

**HUMAN RESOURCES ADMINISTRATOR \$35-40K**  
MS Office required. Human Resource background helpful.

**Temporary to Hire**  
**SALES ADMINISTRATOR \$27K**  
Support high energy sales team, working in publishing company.

**Temporary**  
**CLIENT COORDINATOR**  
Long term requirement at dynamic consulting firm. Will be involved with survey & project work. RC knowledge helpful.

**617-863-8407**  
One Cranberry Hill, Lexington, MA 02173

**Kleven Staffing Solutions, Inc.**  
The Kleven Group, Inc.

**EXCELLENT OPPORTUNITY WITH TUITION REMISSION!**

Waltham College looking for an experienced Administrative Assistant with a keen sense of humor. Must be proficient in WordPerfect and Graphic Packages. This is a temp to direct position available immediately.

For interviews call:  
**44 Mall Road**  
Burlington, MA 01803  
617-229-0088  
Fax: 617-273-9058

**AVIS TEMPS, INC.**

**OFFICE HELP**  
**NO EXPERIENCE NECESSARY**

Kirby of Woburn is hiring for part time and full time office help. \$6 per hour plus weekly bonuses to start. Hours: 9 a.m.-1 p.m. or 4:30-8:30 p.m., Monday thru Friday. Weekend hours also available.

For immediate interview call Miss Basil at:  
**617-932-8666**

**CASHIER**  
PART TIME

We are seeking an individual to fill position of telephone operator and cashier in our busy Service Department. Applicant needs an outgoing and pleasant personality with the ability to use computers and multi-line switchboard. Hours: Sat. 8:00 am-1:00 pm, alternate Sundays, 12:00 noon-4:00 pm and Mondays 2:00-8:30 pm.

For more information please call Karen at 617-935-2000

**LANNAN**  
Chevrolet • Oldsmobile • GEO  
40 Winn St., Woburn, MA 01801  
We offer a drug-free environment

**ADMINISTRATIVE ASSISTANTS**

Temp and temp to direct assignments for experienced professionals. Microsoft word, Excel and Powerpoint a real plus.

**44 Mall Road**  
Burlington, MA 01803  
617-229-0088  
Fax: 617-273-9058

**AVIS TEMPS, INC.**

**IMMEDIATE OPENINGS**

- Secretaries
- IBM/MAC
- Proficient in MSWord and Excel
- Human Resource experience
- Administrative (entry level to executive)
- Receptionists
- Telemarketers
- Customer Service Reps
- Data Entry

Call today for more information

**THE HIGH ENERGY PEOPLE**  
**VOLT**

**VOLT TEMPORARY SERVICES**  
400 WEST CUMMINGS PARK, WOBURN  
(617) 938-6969  
E.O.E. Bring proof of right to work in U.S. Never a Fee.

**Opportunities await!**

**Customer Service Administrator**

Do you want to work for a great company located in Woburn? Do you have Strong Customer Service skills, and a pleasant phone voice? If you said yes to the above questions, give us a call at 617-937-0111. MS Word a must, Excel a plus, but will train.

Positions only available through  
**Pro Staff Personnel Services**  
Call:  
**617-937-0111**  
7 Alfred St.  
Woburn, MA 01801

**PRO STAFF**  
PERSONNEL SERVICES

**Receptionist**

We are looking for a receptionist for full-time, who will be able to greet patients, be familiar with managed care, billing systems, computer booking, referrals.

We would like a person who has previous work experience and good references. However, the individual with exceptional ability and no prior experience will be considered.

Please send your resume:  
ATTN: Jean Thompson  
**EYE ASSOCIATES, P.C.**  
172 Cambridge St., Burlington, MA 01803

**NIGHT OWLS 80 OPENINGS!**

Burlington Cellular Telecommunications co. seeks Customer Service Reps. to answer calls on phone services. Paid training provided. \$9-\$10 hr., temp to direct hire. Must have excellent telephone skills, type 20+ wpm and familiar w/PC.

**CALL NOW!**

**TAC/TEMPS**  
265 Winn Street  
Burlington, MA 01803  
617-273-2500

**EXPERIENCED RECEPTIONISTS!**

Needed right away for long and short term temp and temp to direct assignments.

Computer experience a plus, but not needed!

**44 Mall Road**  
Burlington, MA 01803  
617-229-0088  
Fax: 617-273-9058

**AVIS TEMPS, INC.**



**WOBBURN  
AREA**  
(617) 933-3700

**FAX**  
(617) 932-3321

# JOB MART

WOBBURN • WINCHESTER • BURLINGTON • READING • WAKEFIELD • STONEHAM • WILMINGTON • TEWKSBURY  
NO. READING • LYNNFIELD • MALDEN • MEDFORD • MELROSE • PLUS SURROUNDING COMMUNITIES



## GENERAL HELP



**StarStaff, Inc.**

is now taking applications for:

## Sales Associates

to work 1st, 2nd and 3rd shifts at Texaco Food Marts. StarStaff, Inc. offers competitive wages as well as a competitive benefits program which includes medical insurance, life insurance and paid vacation.

To fill out an application, come by the:

**Texaco  
Food Mart**

87 Walkers Brook Drive, Reading, MA

or for more information please call us at:

**(617) 944-4504**

All applicants must be at least 18 years old and must be able to pass a drug screen if offered a job.

StarStaff, Inc. is an equal opportunity employer

## GENERAL HELP

### HVAC SERVICE MECHANIC

Minimum 5 years experience. Good pay and benefits. Company vehicle provided. Must have own tools.

### HVAC SHEET METAL MECHANIC

Minimum 5 years experience. Good pay and benefits.

Call:  
**508-663-8875**

G13-19

### WAREHOUSE POSITION

FULL TIME  
Electrical manufacturer's Rep seeks hard-working person for our warehouse. Willing to train. Fully paid health ins., pension plan and more.

Please contact  
Mr. George at:  
**617-932-8810**

G13-19

## GENERAL HELP



Driven By People And Their Ideas

The Metographics Division of Dynamics Research is currently looking to fill the following opening:

### ENGINEERING TECHNICIAN

The successful applicant will assist engineers in equipment, process and product development, testing and evaluation. Will perform routine maintenance and repairs with little engineering supervision. Should have experience in at least one of the following technologies: vacuum deposition, photolithography or electroplating. One to three years' experience. An Associate's degree a plus.

Please send your resume to: Margaret Bainbridge, Dynamics Research Corporation, 60 Concord Street, Wilmington, MA 01887, or call 508-658-6100, ext. 2273. EOE/AA.

G12-14

## TOWN OF READING

## NOTICE OF VACANCIES



### Recreation Division Summer Openings 1996

Red Cross Swim Instructor/Weekend Pool Manager. One Instruction/Pool Manager for 30 hours a week. Swim Instructor, 10 hours, every other weekend Pool Manager. Minimum \$7.50 per hour for Swim Instructor, minimum \$10.52 per hour weekend Pool Manager.

Note: All pool personnel must include copies of appropriate Red Cross or equivalent certificates with their application (Lifeguard, First Aid, W.S.I., C.P.R.)

Applications are available at the Human Services Department. Apply to Personnel Division, Town Hall, 16 Lowell Street, Reading, MA 01867. Please no phone calls. Application deadline - April 1, 1996. Reading is an equal opportunity employer M/F. Reading Residents preferred.

G11-13

## JEANS JOBS

We are looking for short/long term and temp to hire candidates for immediate opportunities in:

★ PRODUCTION LINE ★ WAREHOUSE  
★ INVENTORY ★ STOCKING ★ COLLATING

If you are responsible and motivated to make more money, call us today for an appointment.

WOBBURN 938-4500

### NEW BOSTON

16 Wheeling Ave., Woburn

G11-15

## PRODUCTION MACHINIST

Must be able to set up and operate hand screw machines, millers, chucks and misc. machine shop equipment. Full time days.

## CNC LATHE OPERATOR

Must be able to set up and operate using FANUC controls. Requires ability to work with small close tolerance parts with minimal supervision. Full time days, full time or part time evenings.

For appointment call:

**(617) 245-5630**

D. F. CARTER CO., INC.

G13-19

## GENERAL HELP

## K&amp;G Mensmart

at FRUGAL FANNIES READING

has the following employment opportunities:

### Front-End Supervisor

Work full time  
Fri.-Mon., off 3 days!

### Cashiers/ Merchandisers

Must be available all day  
Friday and Sunday

Competitive pay.

Phone: 617-942-1339

Fax: 944-1706

K&G Mensmart

P.O. Box 360

Reading, MA 01867

G13-15

### Mother's Hours

Person to assist in

Catering Functions.

• Some Prep Work •

Possible Light

Deliveries.

ALSO

"On-Call" Drivers

Could lead to possible

permanent position

APPLY IN PERSON

**Kenney's Deli/Catering**

487 Main St., Woburn

G11-15

## TEWKSBURY

## MASONRY &amp; LANDSCAPING

## SUPPLY CO.

Truck Drivers

Brick Yard Workers

Excellent pay.

**508-640-1007**

Days

**617-935-8455**

Evenings

G13-19

## MECHANICAL

## FIELD SERVICE

## TECHNICIAN

Challenging job in exercise

equipment repairs. Must

have good mechanical apti-

tude plus some

electrical/electronics. Good

driving record. Will train.

Mail or fax resume:

**Atlas Service**

P.O. Box 281

Woburn, MA 01801

Fax: 617-933-9550

G13-19

## READING/

## WAKEFIELD

## YMCA

School Age

Child Care

Group Leader

5 Afternoons

22 Hours

Call:

**617-272-6002**

G13-14

## PEST

## CONTROL

## TECH

Residential day work.

Experienced and licen-

sed preferred. \$700+

per week.

Call:

**617-272-6002**

G13-14

## LANDSCAPE

## HELP

## WANTED

Well-established landsc-

cape contractor has the

following positions

available:

• LAWN MAINTENANCE

FOREMAN

• LAWN MAINTENANCE

& CONSTRUCTION

LABORERS

• EQUIPMENT OPERATOR

& TRUCK DRIVER

Call:

**ECO Inc.**

Landscaping Contractors

**508-657-6350**

**508-657-5568**

G13-15

## GENERAL HELP

## ELECTRONICS

## ASSEMBLERS

Small company in

Wilmington seeks energetic,

detail-oriented people with

proven experience ranging

from pc board assembly

through cable preparation

and inspection of finished

goods. Surface mount

assembly or rework is a

plus. Starting pay is \$7.50/hr.

We offer a pleasant,

non-smoking workplace

plus benefits.

Please call

**Fishman Transducers**

at (508) 988-9625. EOE

**FISHMAN**

TRANSDUCERS

G11-13

## COOKS/FULL TIME

Mon.-Fri. Early AM Shift

Seeking professional cooks for

high volume commissary. Must

have solid culinary skills and

high standards in sanitation.

Excellent benefits.

Send resume to:

Production Mgr.

Republic Management

Corp.

100 Fallon Road

Stoneham, MA 02180

G13-26

### Assistant Toddler Teacher

For Burlington

Day Care Center

Call Director:

**617-273-0160**

G13-19

### HVAC SERVICE MECHANIC

Join our well respected team of professionals. We offer competitive wages with a complete benefits package. This is a great opportunity for a self-motivated individual. 5 years minimum experience and license required. Call for confidential interview.

### AccuAire, Inc.

Accurately Controlling the Comfort of Your Air

**(617) 944-2211**

G13-15

## COOKS/FULL TIME

Mon.-Fri. Early AM Shift

Seeking professional cooks for

high volume commissary. Must

have solid culinary skills and

high standards in sanitation.

Excellent benefits.

Send resume to:

Production Mgr.

Republic Management

Corp.

100 Fallon Road

Stoneham, MA 02180

G13-26

## LANDSCAPE

## HELP

## WANTED

Well-established landsc-

cape contractor has the

following positions

available:

• LAWN MAINTENANCE

FOREMAN

• LAWN MAINTENANCE

& CONSTRUCTION

LABORERS

• EQUIPMENT OPERATOR

& TRUCK DRIVER

Call:

**ECO Inc.**

Landscaping Contractors

**508-657-6350**

**508-657-5568**

G13-15

### Bicycle Mechanic

Bicycle store seeks a motivated, friendly person to fill a full time or part time position. Previous bicycle shop experience necessary.

Call

**438-0358**

and ask for Eric

G13-19

### Chef/ Kitchen Help

Waitress, Counter Help

& Delivery Boys

needed for restaurant

in North Reading

**Mario's Pizza**

**Restaurant**

**508-664-8533**

Ask for Alfina

G13-15

## BUSINESS

### To Place a Job Mart Ad Here

Call

**933-3700**

Daily Times

Chronicle

### Admin. Assts. Earn Top \$\$\$

Do you know

WORD • EXCEL

POWERPOINT?

We need you NOW for

immed. openings! Enhance

your skills with FREE com-

puter training!

Office Specialists

Fax your resume

24 Hrs. 229-9189

Or call 273-1472

G13-15



**WOBURN AREA**  
(617) 933-3700  
FAX (617) 932-3321

**MALDEN AREA**  
(617) 321-8000  
FAX (617) 321-0008

# JOB MART

WOBURN • WINCHESTER • BURLINGTON • READING • WAKEFIELD • STONEHAM • WILMINGTON • TEWKSBURY  
NO. READING • LYNNFIELD • MALDEN • MEDFORD • MELROSE • PLUS SURROUNDING COMMUNITIES



## GENERAL HELP

**Help us build a healthy community**  
We're reaching out to the communities we serve with more wellness programs, more neighborhood health centers and more home care.

As a respected leader in the healthcare field, Winchester Hospital is recognized for adhering to the highest standards in our health-care network.

### PATIENT SERVICE ASSOCIATES

Full-time, 3pm-11pm, Mon-Fri and per diem, days/eves/nights positions. 1-3 years' registration experience, medical terminology and strong interpersonal skills preferred.

### MEDICAL RECORDS CLERK

Full-time, 3pm-11pm, Mon-Fri and part-time, Mon-Tue, 3pm-11pm and Sat, 8am-4pm positions. Clerical duties include filing, processing records and answering phone requests. Must have excellent customer service skills.

### SUPPORT ASSOCIATES

Full-time and part-time positions. Responsible for housekeeping duties, inventory and patient transport.

### TELEPHONE OPERATORS

Per diem positions. Switchboard experience preferred. Must have excellent customer service and typing skills.

### FLOAT SECRETARIES

Per Diem positions, days/eves/weekends. Must have excellent knowledge of WordPerfect and Lotus 1-2-3. Will perform secretarial, clerical or reception duties at any of the Winchester Hospital locations.

### MEDICAL RECEPTIONIST

Part-time position, Mon, Tue, Wed, 6pm-10pm, Fri, 2pm-6pm and Sat 8:30am-1:30pm. Located in Winchester Center at our Winchester Physician Associates office, this position requires excellent phone and interpersonal skills. Medical office experience preferred. Experience as medical receptionist and excellent interpersonal skills required.

Please send resume to Job Code: JAD at Human Resources, Winchester Hospital, 41 Highland Avenue, Winchester, MA 01890; or Fax: (617) 756-2908. We are an Equal Opportunity Employer.

G12-14

## GENERAL HELP

### SPECIAL RECRUIT VOLT SERVICES GROUP

Wednesday, March 13, 1996

VOLT SERVICES GROUP, a national temporary staffing service, will be conducting interviews at the Woburn Department of Employment and Training on Wednesday, March 13, 1996 between 9:30 am and 11:30 am. We are looking for experienced people in the following areas:

#### SECRETARIES/ADMIN. ASSISTANTS

#### RECEPTIONISTS

#### DATA ENTRY OPERATORS

#### CUSTOMER SERVICE REPRESENTATIVES

#### TELEMARKETERS

Interested candidates, please report to WOBURN D.E.T., 210 W. Cummings Park WOBURN, MA 01801

or contact:

**VOLT SERVICES GROUP**  
400 W. CUMMINGS PARK  
WOBURN, MA 01801  
(617) 938-6969

E.O.E. Bring Proof of Right to Work in U.S. - Never a Fee.



B7-13

## ALL POSITIONS AVAILABLE

**We're Stocked  
With Opportunities!**

### WAREHOUSE

### PICKERS, PACKERS & STOCKERS

Full-time 1st Shift

At New England Serum Company, we're growing strong. We're a leader in a dynamic industry - pet product wholesale distribution. Opportunities now exist for ambitious individuals to share our success. We seek individuals with a keen eye for detail.

In addition to good pay and benefits, we offer opportunities for you to move ahead with us.

Please apply in person to:

**NEW ENGLAND SERUM CO.**  
485 (rear) Wildwood Avenue, Woburn, MA  
No phone calls, please

**New England Serum Company**

G13-15

## GENERAL HELP

### RETAIL MANAGEMENT

*"It's nice to know  
we  
make a difference."*

TALBOTS is special! We encourage you to discover your full potential in an environment where individual challenges, ability and effort ensure personal success. It all starts with those people who have a flair for our business. Discover the exciting new things happening at Talbots more than 450 women's and children's specialty stores. Come make a difference at Talbots new Petites store to open in the Burlington Mall. Opportunities are also available in other area locations.

### SALES ASSOCIATES MANAGEMENT TRAINEES ASSISTANT MANAGERS

Become part of the Talbots team and discover the exciting challenges and exceptional rewards that Talbots has to offer. For immediate consideration please call 1-800-826-3485. An Equal Opportunity Employer M/F/D/V.

**Talbots**

We support cultural diversity in our workplace.

G12-14

## GENERAL HELP

**LENSCRAFTERS**  
VISION CARE SPECIALISTS

## JOB FAIR

DATE: Friday, March 22, 1996

TIME: 9:00 a.m.-7:00 p.m.

PLACE: Courtyard by Marriott  
240 Mishawum Road, Woburn  
(617) 932-3200

Part Time and Full Time positions available.  
Complete training programs provided.

Please direct all telephone inquiries to

Rick or Lori at:

**(603) 888-1012**

for additional dates and times.

**Come Join Our Team**



G13-15,  
18-20

**BOSTON Marriott**  
BURLINGTON

Is currently seeking the following positions

### FULL TIME

- COOK
- FRONT DESK CLERK
- RESTAURANT SERVER - PM

### PART TIME

- LIFEGUARD
- RESTAURANT SERVERS - AM/PM
- ROOM SERVICE OPERATOR

Please call the Human Resource Department at:

**617-229-6565**

or come in and see us:

1 Mall Road, Burlington, MA 01803

G11-13

## AUTOMOTIVE TECHNICIAN

Must be able to diagnose and repair drivability problems and perform from minor to major repairs. Capable of taking shop in next century. ASE preferred. Earnings limited by your abilities and desire to excel. Good references needed.

For interview appointment call Irving:

**617-438-4381**

**IRVING'S SHELL**

Stoneham

G13-19

## Waitstaff Line Cooks

We're busy and we've got real long-term opportunities for you to earn great money! All you need to succeed is a positive, upbeat attitude. Exp. will accelerate your potential for earning. Opportunity to move into management. We provide extensive, paid training. Apply in person daily to:

**J.C. HILLARY'S**

311 Mishawum Road

WOBURN

G11-15

## McDonald's of North Reading OPENERS, CLOSERS and LUNCH

Part time positions available. Flexible schedule and excellent training.



Apply in person to Store Manager

**42 Main Street**

**North Reading, MA 01864**

(one half mile south of  
Kitty's Restaurant)

G13-1

## Computer Sales and Service

IS SEEKING AN ENERGETIC

### SALES REPRESENTATIVE

Qualifying candidate must possess strong telemarketing skills, excellent customer relations and a minimum of 2 years sales experience. Salary and commission. Send resume to:

**D.C.C.**

288 Main Street, Reading, MA 01867

G8-14

## Painters

Full time year-round employment. Interior and exterior residential work. Must have experience.

Call between  
5:00-7:00 p.m.

**(617)**

**334-5558**



G6-24

## LABORATORY/ OFFICE ASSISTANT

Immediate opening in friendly working atmosphere at our rapidly growing biomedical research firm. Applicants must have high school diploma and good manual dexterity. Successful completion of military service a plus. Job consists of shipping/receiving (no heavy lifting), inventory management, cleaning lab equipment, weighing non-hazardous chemicals, general janitorial duties, and general office assistance (filing, photocopying, etc.). Company will provide all training. Starting pay range is \$7.00-\$8.50 per hour. Please send resume to:

**Procyon Pharmaceuticals, Inc.**

165 New Boston Street, Woburn, MA 01801

We regret that responses not meeting the above criteria cannot be answered.

G13

## PLUMBER

Licensed Plumber or 3rd year apprentice wanted full time.

Call ASAP

**508-774-8835**

or

**617-944-0934**

G11-18

## Grooming Managers

**\$\$\$**

PETCO has excellent career opportunities for Grooming Managers. Excellent compensation package including great benefits.

Call (800) 785-9878 x3164

or mail resume/apply in person at 290 Mishawum Rd., Woburn, MA 01801

G11-13

## Like Long Weekends?

- Work 10 Hour Days
- Monday thru Thursday
- General Labor
- Start Tomorrow

### REMEDY Intelligent

Staffing

25 Corporate Dr.

Ste. 140

Burlington, MA 01803

617-270-4444

G12-14

## GAS STATION ATTENDANT

PART TIME HELP  
WANTED

Apply in person,

**McSheffrey Sunoco**

306 Montvale Ave.

Woburn

G12-18

## KFC/ Taco Bell

are joining forces at the Woburn location and we are now hiring energetic people for all positions. Flexible hours. Competitive starting pay. Meal discounts and more. Stop in at:

**KFC Four Corners**

or call

**935-4430**

E.O.E.

G6-12

## Rapidly growing pharmaceu- tical manufacturer has immediate openings for:

### LIGHT MANUFACTURE & PACKAGING

Good opportunity for advancement. Openings for full time day and evening shifts. Must be high school graduate or equivalent. Competitive salary.

Call John Hamer 938-9996

**ROCAP, Inc.**

5 Constitution Way

Woburn, MA 01801

An equal opportunity employer

G13-15

## \*6-\$8 per hour

### COFFEE SHOP HELP NEEDED

Flexible schedule. Early morning hours.

**Cross Street Cafe**

107 Cross Street

Winchester

**617-729-0306**

G7-13

## DELIVERY DRIVER

Busy Pizza Shop needs lunch time drivers and counter help.

Call Tom at:

**(617)**

**272-0002**

G12-18

## EXCELLENT FULL TIME POSITIONS

- Shipping/Receiving
- Warehouse
- Inventory/Stockroom
- Material Handling
- General Labor

### REMEDY Intelligent

Staffing

25 Corporate Dr., Ste. 140

Burlington, MA 01803

617-270-4444

G12-14



# Well seasoned wood won't fizzle

Your fire won't fizzle if your wood is dry.

Fireplace fires that fizzle, according to an article by John H. Ingersoll in the current issue of Country Living, are set, 99 times out of 100, with improperly seasoned "wet" wood.

In its natural setting, a tree may be 60 percent moisture, 40 percent wood fiber. A properly seasoned log is made up of no more than 15 percent to 25 percent moisture.

It takes at least a year of air drying outdoors to season

hardwood logs, according to one woodsman, and three years to reduce the moisture in softwoods.

Fireplace fires that blaze up too high can be frightening. If flames fill the firebox and threaten to burst into the chim-

ney, they could ignite creosote crusted on the chimney lining and lead to a chimney fire.

Runaway fires usually are the result of piling up too many logs, especially if the logs contain a high concentration of flammable resins, oils and tannins. Three split logs are plenty to build an attractive, warming fire.

Equally important is an annual chimney cleaning by a professional "sweep" trained to rid the chimney of dangerous blockages, creosote and debris.

If only softwoods — pine, spruce, cedar, etc. — are available in your area, then burn softwood carefully. It is packed with more natural chemicals

than 95 percent of hardwoods. Among hardwoods, only cottonwood, tupelo and sycamore contain as much flammable oil as softwoods.

Softwoods make ideal kindling. Logs are easy to light if the wood is dry and they provide a quick burst of heat, ideal for a fire designed to last an hour or so before retiring or for a quick warm-up on a cold morning.

Resin-packed softwoods often contain pockets of creosote and water. In a fire this mixture can explode, emitting the sound of a pistol shot and sending a burning ember

spinning away from the log. A fire screen that completely

covers the hearth opening is your best protection.

Softwoods containing more than the ordinary reservoir of

creosote include juniper, hemlock, tamarack, spruce and cedar. The densest and longest-burning softwoods are Douglas fir and eastern larch. One cord of either species delivers about the same heat value as 150-200 gallons of fuel oil or 250 cubic feet of natural gas.

Nearly all hardwoods are more dense than softwoods. They burn longer and deliver more heat than softwoods. Hardwoods hickory, oak, ash, maple, beech, birch and apple are at the top of the heat-producing list. A cord produces the same heat as 200-250 gallons of fuel oil or 250-300 cubic feet of natural gas.

Firewood usually is sold by the cord, with split and stacked logs filling a space 4 feet high, 8 feet long and 4 feet deep. Fire logs usually are available in 16-inch or 24-inch lengths — sometimes in 12-inch lengths. A cord provides you with between 280 and 375 pieces of firewood.

Check the cut ends. If there are radial cracks, the wood is seasoning, if not completely seasoned. The cut ends of wet wood show either no cracks or very fine ones.

Prices follow the law of supply and demand. Where

forests are plentiful, \$80 to \$90 per cord is not unusual. In settled exurbs and suburbs, a cord ranges between \$100 and \$180. In our largest cities, firewood is often sold by the bundle. The price for a bundle of 10 split logs in New York City is as high as \$10 — which works out to about \$350 to \$400 a cord.

## Tips on picture framing and hanging

### Making the Frame

— If you make your own frame from molding or a kit, use twine and a spring clamp to hold frame joints together until the glue sets. Cut a piece of twine to fit around the frame's perimeter with a few inches extra. Tie one end of the twine to a jaw of the spring clamp. Run the twine around the frame. Then squeeze the clamp open and tie the other end of the twine to its other jaw. Release the clamp to pull the twine taut around the frame.

— An easy way to tint and protect raw wood picture frames is with a coat of brown-paste shoe polish. Give the paste a few minutes to soak into the wood. Wipe with a soft lint-free cloth.

### Wiring the Frame

— One way to hang the picture more securely is to clamp the ends of the hanging wire to keep them from unraveling. Besides a length of stranded wire and two screw eyes, you'll need two short pieces of thin copper tubing. Attach the screw eyes to the sides of the picture frame. Slip the pieces of tubing onto the wire. Thread the ends of the wire through the screw eyes and loop it back around the wire. Slide the pieces of tubing over the joined wires. Crimp the tubing down over the wire with pliers.

### Hanging the Picture

— Here's how to mount your picture in the exact spot you want: Cut a 12-inch piece of wire from a clothes hanger and file one end to a point. Use pliers to bend the pointed end of the wire at a 90-degree angle. Make a finger-size loop at the other end. Insert the pointed end under the frame wire or saw-tooth hanger with a point toward the wall. Position the picture on the wall, holding the loop-end of the tool. Gently push the point into the wall to mark the spot.

— To avoid damaging wallpaper or other coverings with picture-hanger holes, install the hanger underneath the wall covering. Slit a tab in the wall covering. Moisten the area and carefully peel down the tab. When you rearrange pictures, disguise the hole by gluing the tab back in place.

— Super-strong monofilament nylon fishing line is practically invisible and great to use when hanging pictures from moldings.

## INTERESTING SUNDAY AUCTION

SUN. MARCH 17, 10:30 A.M. HILLVIEW COUNTRY CLUB  
149 NORTH ST., NORTH READING, MA.

DIRECTIONS: FROM RTE. 93 TAKE RTE. 62 EAST & LEFT ON NORTH ST. FOOD & BEVERAGE AVAILABLE. STORM DATE MON., MARCH 18. CONTENTS & PARTIAL CONTENTS OF ESTATES, HOMES & PRIVATE COLLECTIONS FROM OVER 200 YEARS OLD TO NEW.

FURNITURE: BOSTON CHIPPENDALE BLOCKFRONT DESK w/dble, step & triple fan-carved interior ca. 1770, Federal Period Chests inc. sm. bowfront, cherry Chippendale of sm. size w/ogee bracket feet, Geo. III 6 drawer mah. tall chest w/bracket feet & others, 3 part Hepplewhite dining table ca. 1790, inlaid Pembroke, inlaid Hepplewhite card, Chippendale d.l. diner, work & night tables; chairs from the 18th C to current, period & other mirrors, massive curly maple cannonball bed, Windsor & colonial style chairs — some pcs. w/restoration & some w/restoration needed. VICTORIAN: very fine gent's tall chest w/mirror & gallery, quality burl walnut marble top chest w/carved pulls, 5 drawer walnut step-down chest & more. EMPIRE: columnar chest, d.l. work & card tables, mirrors & more, 1950's mahogany, centennial & reproductions, Paines mahog. inlaid dining set inc. sideboard, server, 6 chairs & table w/lvs., Paines Sheraton pineapple cvd. chest w/mirror, 2 pineapple dble beds, Q.A. bedside cabinets, bachelor chests, benchmade Phyfe dining table sans lvs. Contemporary furniture, late 19th C lge. Cont. cvd. gateleg dining table. VICTORIAN PEDESTAL BASE MIRRORING SHAVING STAND, mah. Sheraton style halltree & more.

ORIENTAL RUGS: Approximately 25 from antique to new inc. 12' x 18' Herez style, 12' x 18' Tabriz style, (2) older room size Persian Herezes, Persian Kirman 9'-8" x 14'-3", finely woven Isfahan 9'-4" x 12'-1", 9' x 12' Hamadan, scatters inc. Sarouk, Kazak type, Hamadan & others.

FINE SILVER: RARE SILVER CASTER BY JOHN COBURN W/STORER COAT OF ARMS HT. 6-1/2"-3rd Q. 18th C, BOSTON SILVER CANN B. BURT, ht. 5-3/4" 3rd Q. 18th C, SILVER PORRINGER B. BUSSEY, DEDHAM, MA. 4th Q. 18th C, BOSTON SILVER PORRINGER BY A & G WELLES CA. 1800, BOSTON SILVER PORRINGER BY R. EVANS, BOSTON, 4th Q. 18th C, SILVER BEAKER BY T.K. EMERY ca. 1800, other beakers, Boston coin silver pitcher w/eagle touch, other early N.E. hollow & flatware, several Georgian salvers, lge. silver tray 13-1/2" x 10", Queen Anne teapot by F. Crump, mug by H. Salisbury, NY, other mugs, salts & additional hollow & flatware, pr. Cont. dble. light candelabra, Tiffany lge. serving spoon w/strawberries & retic. bowl, lge. punch ladle "Les Cinq Fleurs," late 19th & early 20th C silver.

ACCESSORIES: Two fine needleworks inc. Memorial by Sarah Goodridge Age 14, fine family sampler w/house & floral border by Sarah Goodridge Age 13-both early 19th C-from Wakefield, Ma. or So. Lyndeboro, NH. POSTER "\$100,000 REWARD OF THE MURDERER OF PRES. A. LINCOLN," 2 Battersea boxes - 1 as is, marked American pewter coffee & teapots, pewter dolphin porringer, English, American & Chinese Export porcelain & ceramics, 18th through 20th C glassware; perfumes; JEWELRY IN LOTS, 3 fine tea caddies, 18th & early 19th C candlesticks, pr. fine Boston brass andirons attrib. to Davis, other andirons, hearth fenders, warming pans, Hummels & 2 plaques #126 & #140, Roller Organ by Celestia, 2 fine brassbound writing boxes, oriental & Cont. style table lamps. BRONZES: Lions by Barye & Valtron, Buffalo by E. Kemeys, figure w/dog J. Salmon, Rooster mkd. Tiffany, objects of vertu, quantities of smalls unlisted - group & table lots of bric-a-brac, 10 LGE. OIL PAINTINGS, VICT. ERA inc. Dixville Notch & Cohasset Rocks etc., TV, vacuums, etc. 10% buyer's premium.

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Sarah Lumsden  
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Roberta Nelson



Mike Piscatelli  
CRS, GRI



Jody Swanstrom  
GRI



Janice Wright  
GRI



Judy Bernard

### NORTH READING



To be built, Classic center entrance Colonial in new subdivision. Eight oversized rooms incl. 4 bedrooms, 2.5 baths. Family room opens to gourmet kitchen. Central air, 2 car garage are just a few of the many more details on this gem. \$349,900. Call Jan Triglione.

### READING



Dynamic floor plan from \$369,900. Last 2 lots remaining in this premiere location and Sanborn Village will be completely sold out. Mill to Sanborn to Roma to Lynn Village Way. Call Mike Piscatelli for details. Voicemail (508) 762-6120.

### NORTH READING



Antique Lovers. This one's for you... 6 rooms, 3 bedrooms, 2 baths with open floor plan. Modern kitchen with fireplace, newer heating system, security system, screened porch and more. Call Sarah today. \$229,900. Voicemail (508) 762-6047.

### READING



Affordable, Bright and Cozy describes this 2 bedroom, 1.5 bath bungalow with private yard. Conveniently located and a great starter home. Priced at \$149,900. Call Roberta Nelson for private showing. Voicemail (508) 762-6053.

### READING



Close to shopping and schools, 2-3 bedrm Colonial. Bright & sunny, hardwood flrs, natural woodwork, walk-up attic, garage, private yard. \$162,900. Call Jody Swanstrom. Voicemail (508) 762-6037.

### BILLERICA



Mint, tri-level on 1+ acre landscaped lot at end on beautiful street. Near routes 129 & 3A. 3 bedrooms, 2 full baths, possible handicapped accessible. Family rm w/kitchenette. Call Janice Wright to view this spectacular property. \$179,000. Voicemail (508) 762-6065

### WEST PEABODY

TOO NEW FOR PICTURE

2000+ s.f. rambling Ranch 8/4/2.5, central air, 2 car garage awaits your redecorating. \$209,900. Call Judy Bernard. Voicemail (508) 762-6061.

### REVERE



Sweet deal. This cheerful and sunny 5 rm, 2 bedrm Colonial features hardwood flrs, formal dining rm w/built-in china cabinet, eat-in kitchen w/pantry, walk-up dormered attic, glass enclosed porch, newer roof & garage. All for \$124,900. Call Sarah Lumsden today. Voicemail (508) 762-6047/

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## Realtor Names in the News



Jody Swanstrom

Re/Max All Stars is pleased to announce that Jody Swanstrom, GRI, has joined their team of top producing real estate associates. Jody is a consistent multi-million dollar broker whose name is familiar to many homeowners in the area. She has over 20 years of experience in real estate and was formerly associated with another local real estate firm.

Originating from Nebraska, Jody clearly understands the challenges of anyone relocating whether on a local basis or across the country. Her Midwest background combined with her family orientation and warm and friendly style has made her a favorite among both buyers and sellers. Her past experiences include that of being a Relocation Coordinator for a regional firm as well as working with several local developers with new construction.

Jody holds the GRI (Graduate Realtors Institute) designation. She is excited about joining the All Star team because Re/Max is a professional organization comprised of only full time, experienced, top producing sales associates. Jody can be reached at the office of Re/Max All Stars, 234 Park Street, North Reading or by phone at 508-664-9700 or direct line 617-944-9494.

## Your home: Q & A

### When do you need a grounded extension cord for power tools?

Using a power tool safely involves remaining alert, knowing how your tool will behave when operated and, more than anything else, using common sense.

Here are some basic safety tips that apply when you work with any power tool, whether it's large or small, stationary or portable:

- **Use a Tool Properly**  
— Read the directions in the owner's manual for the tool. Make sure that you understand them and follow them exactly.
- Use a power tool only for jobs for which it was designed.
- Disconnect a power tool

when you're not using it or when making an adjustment, cleaning it or changing blades, bits or attachments. Never leave a power tool running unattended.

— Keep children and pets away from your power tools at all times. Make sure that they can't disturb you when you are working. Lock up the tool when you put it away, or store it in a high spot out of reach.

— **More Tool Safety Basics**  
— Listen to the sound of the tool's motor as you work. If a tool makes an unfamiliar noise or vibration, turn it off and unplug it. Don't force a tool's

motor to overheat.

— When working with a power tool — even a small portable model — use only a heavy-duty, grounded (three-prong) extension cord that is 14-gauge or larger. Connect a tool with a three-prong plug to a grounded, three-hole outlet, preferably one with a ground-fault interrupter (GFI).

— Never carry a power tool by its cord. Don't pull on the cord to unplug the tool; pull the plug itself. Otherwise, you may break the wires inside the power cord.

— As you work, keep an extra cord out of the way. Throw

the slack over your shoulder or hook it on a long spring screwed into the ceiling over your workbench.

#### Where You Use a Tool

— Never operate a tool in a dark, damp or fume-filled setting. Keep your workplace well lighted and well ventilated.

— Clean away sawdust and clutter regularly. Sawdust accumulation is particularly dangerous because it can cause a tool to slip.

— Keep a fire extinguisher and first-aid kit in plain sight. Tell someone when you are working and never work where you cannot be heard if you call for help. Tool Operator Tips

— Dress safely. Don't wear jewelry or loose clothing. Roll your sleeves above the elbows. Tie long hair securely. Wear safety goggles, earplugs that reduce — but don't eliminate — sound, and a dust mask if necessary.

— Use clamps as much as possible so both hands are free. Be Mentally Prepared

— Don't operate a power

tool if you are out of sorts, tired, distracted, ill or taking a medication that could affect your alertness or judgment.

— Think before you act. Assemble all necessary tools and materials beforehand. Mentally rehearse a job before starting, looking for potentially dangerous situations as well as the most efficient procedure.

Know the consequences of every move you make. This may slow you down at first, but after a while knowing what's safe — and what's not — will become second nature.

— Don't talk to anyone while operating a power tool. Focus on what you're doing at the moment, not on the next step.

Take Time, Maintain Balance

— Take your time. Shortcuts are major causes of workshop accidents.

— Maintain your balance. Wear nonskid footwear and make sure your footing is secure. Grip tools firmly. Don't reach too far with a tool or work with it over your head.

WEDNESDAY/THURSDAY, MARCH 13, 14, 1996-PAGE S-15

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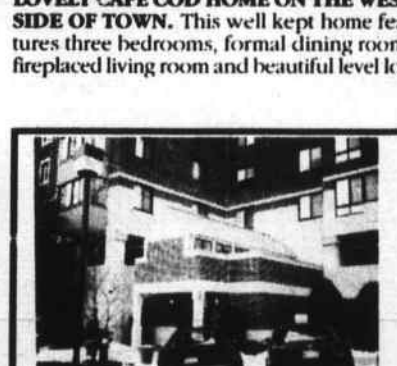
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## Realtor Names in the News



Edie Previdi

Rita Manuel, senior vice president and manager for Hunneman & Company-Coldwell Banker, has named Edie Previdi as "Broker of the Year for 1995" for the Stoneham-based regional office. Her outstanding real estate performance reflects the quality of service she provides both clients and customers and her extensive knowledge of the real estate field. She was awarded this same honor for 1994.

A Multi-Million Dollar Broker in each of her ten years of assisting North Shore residents with their real estate needs, she is also a member of Coldwell Banker's President's Club. Hunneman-Coldwell Banker is the largest home seller in Massachusetts with 60 offices and over 1,600 sales associates.

An active participant in community affairs, she has served as past chairperson of the Stoneham Chamber of Commerce Beautification Committee and a past president of the Stoneham Square Development Corp.

Professionally, she is a member of the National Association of Realtors and the Massachusetts Association of Realtors as well as the Eastern Middlesex Association of Realtors and the Bay State Multiple Listing Service.

She and her husband, Bill, reside in Stoneham and are the parents of Billy, Lisa and

Colonial Manor Realty, its owners, Bobbie Botticelli and Rick Nazzaro, and associates, wish to congratulate Sheila Johnsen on her fifth anniversary with the company.

A Realtor for ten years, Sheila has serviced her customers and clients with enthusiasm, insight and professionalism. Sheila's commitment to



Sheila Johnsen

excellence is evident in every transaction.

Colonial Manor Realty is one of the area's leading Real Estate companies, providing the public with some of the best Realtors in the business.

Sheila is an important member of the Colonial Manor Realty team and is anxious to provide her top-notch services to old and new friends alike.

A member of the Eastern Middlesex Association of Realtors, the Massachusetts Association of Realtors, the National Association of Realtors, and the Bay State Multiple Listing Service, Sheila resides in Reading with her husband, Dick.

For top-notch real estate services, give Sheila a call at 944-6300 or visit her at the offices of Colonial Manor Realty at 127 Franklin Street in Reading, (across from Marshall's.)

## GRI Course is offered for local realtors

The Massachusetts Association of Realtors (MAR) and the Greater Lawrence Board of Realtors will co sponsor Course 302 of the Realtor Institute (GRI) program on March 26 & 27 at the Ramada Inn, Andover, MA.

The two day course, which is open only to association members, consists of 15 hours of classroom instruction on several industry topics, including commercial leasing, financing and cash flow aspects of investment real estate, how to manage brokerage operations, and site selection procedures and environmental issues associated with industrial real estate.

The comprehensive course curriculum is designed primarily for Realtors licensed for less than five years, however, recent revisions to the course content make the program ideal for experienced real estate professionals who wish to learn more about current issues and trends as well.

The GRI 302 course is one of six modules which comprise the 90 hour Realtor Institute program. Students may register for courses in any sequence, however individuals must complete the six module program and pass each course exam within a five year time frame in order to earn the nationally recognized Graduate, Realtor Institute (GRI) Designation.

Tuition for the GRI 302 program is \$175 if registered by March 19, and \$195 after that date. For a course application or to register by VISA or MasterCard, contact the MAR education department at 617-890-3700.

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### NORTH READING - NEW LISTING



Beau 5-year-old Eisenhower Farm 9RM, 4BR, 2 1/2BA, 2800 SF Colonial. Huge kitchen opens to 1st fl. C/A, C/U, acmd prch. \$319,900.

### NORTH READING - NEWLY LISTED



Dramatic flar makes this 8RM, 4BR, 2 1/2BA Contemp Col special. Vaulted ceilings, 11W flrs, mantled FP, C/A, 5+ acre private lot. \$334,900.

### READING - NEW LISTING



The westside Victorian you've waited for. 7RM, 3BR, 2BA, wood floors, french doors, newer kit, grand front porch. Won't last. \$234,900.

### READING - JUST REDUCED



A rare find. 3/5 Duplex, convenient downtown location. 3BR's each side. Generous excellent income. Come call it home. Now \$199,900.

### READING - NEW LISTING



In a great westside area, this 7RM, 3BR, 1 1/2BA split offers 2 car gar. A moment's walk to Joshua Eaton, a moment's drive to I28. \$249,900.

### READING - JUST REDUCED



Most charming, rambling 7RM, 3-4BR Cape on a great street in the westside. 11W flrs, FP, 2 car garage complete the package. Now \$229,900.

### NORTH READING - NEWLY LISTED



Lovingly maintained 8RM, 4BR, 2 1/2BA Colonial on magnificent acre lot in private neighbor'd. Each room is warm and inviting. See it today. \$314,900.

### READING - NEWLY LISTED



Finally, the 9RM, 4BR, 2 1/2BA, westside Colonial you asked for. All 11W flrs, 3 FP's, wainscoting, 1/2 acre. Hurry on this one. \$309,900.



Pat DeWolfe, GRI



Sheila Di Leo



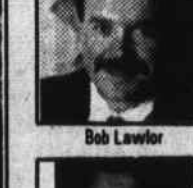
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